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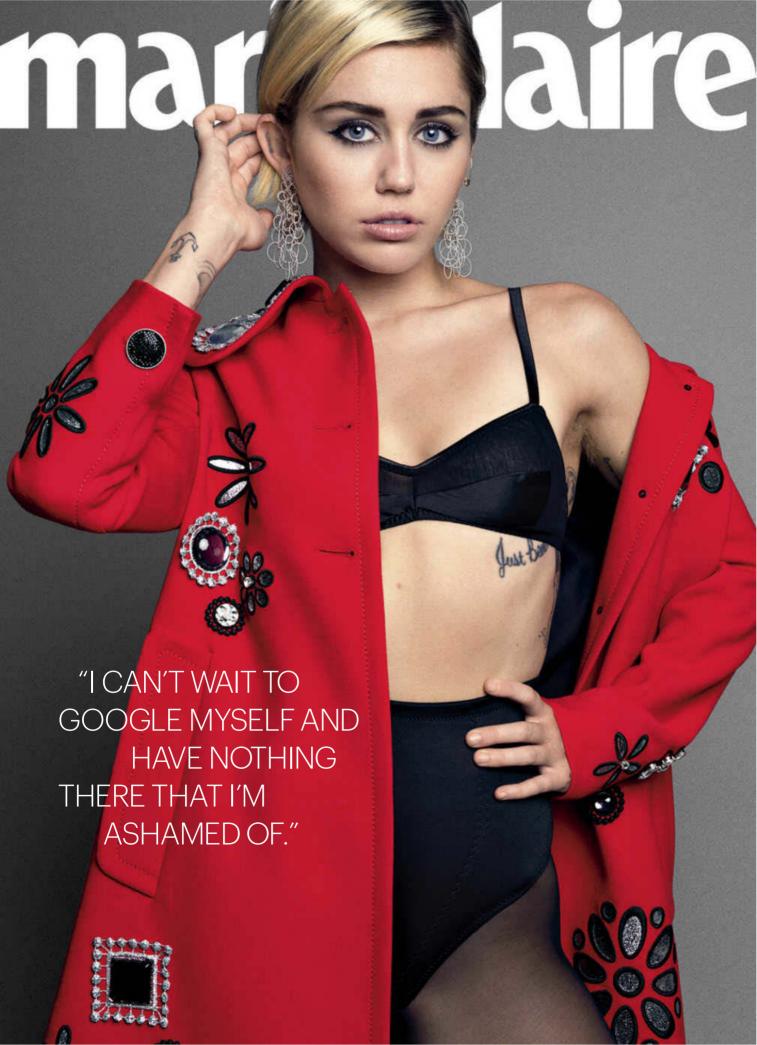




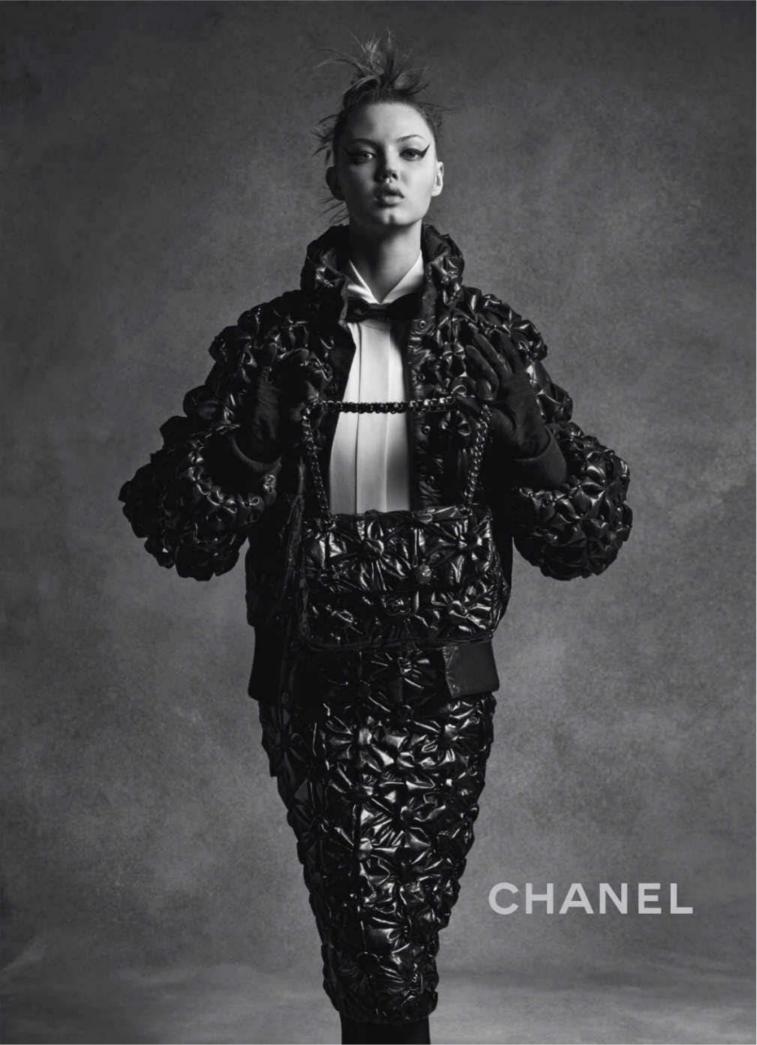
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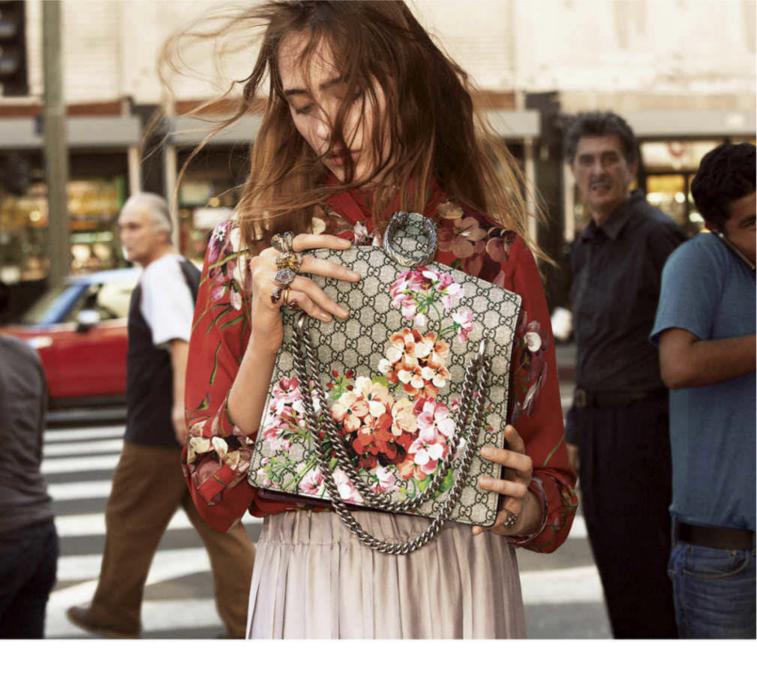






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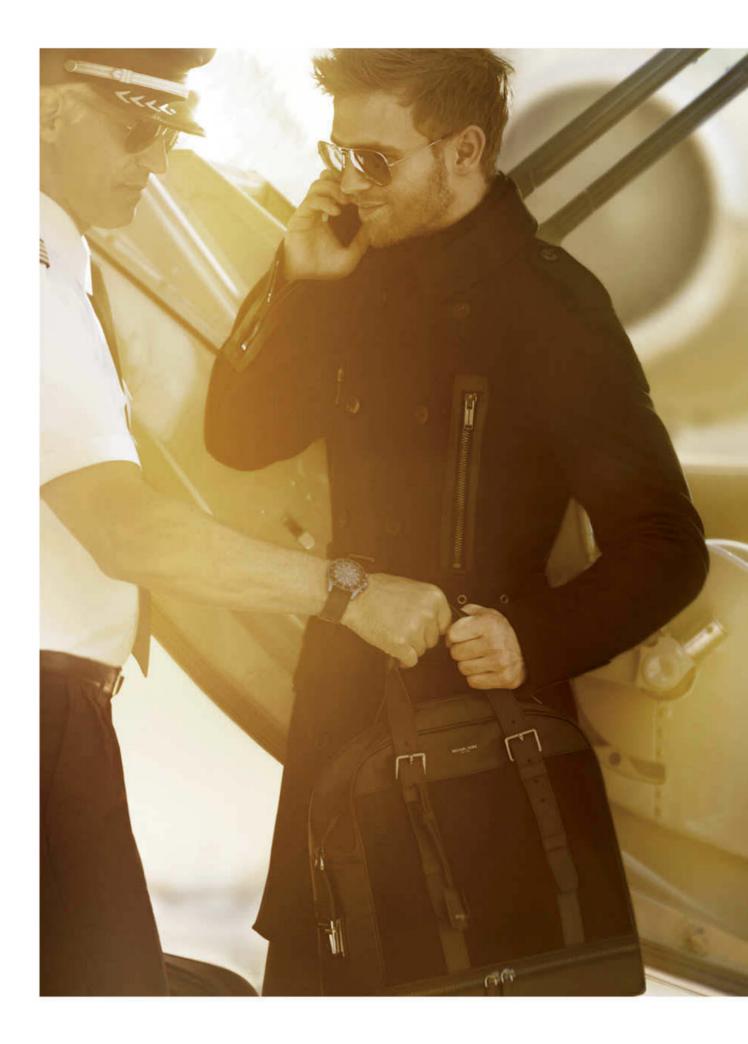
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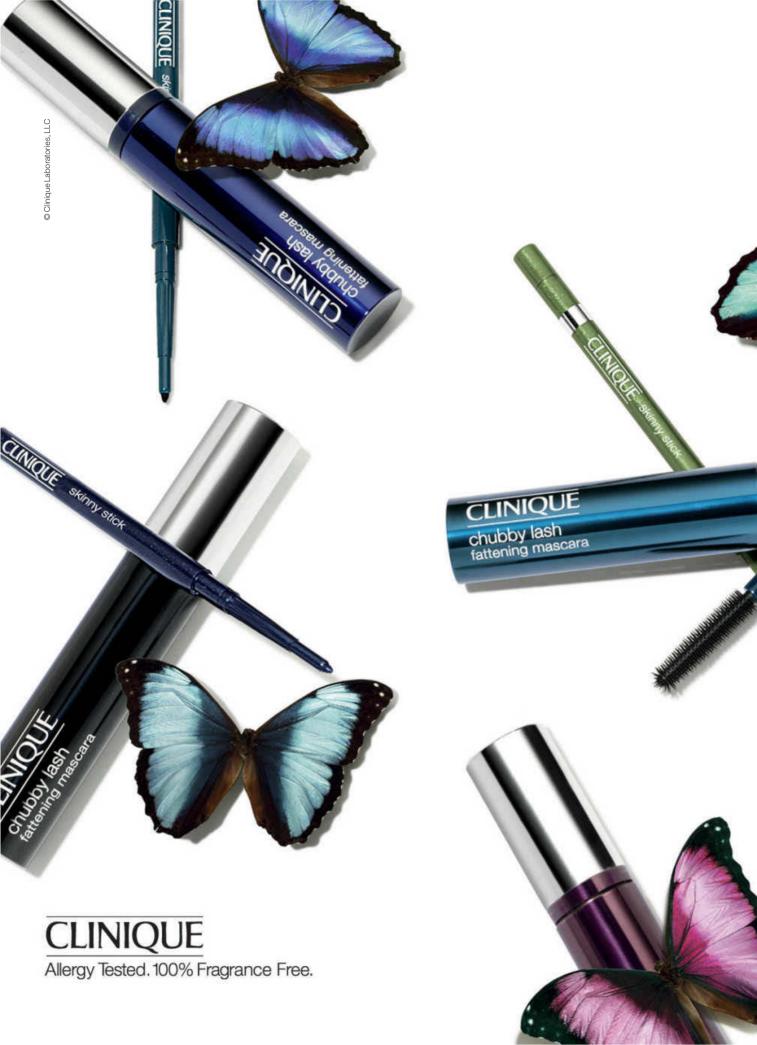


























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ON THE COVER

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Peternie le

VEST \$4,070, SWEATER \$980, SHIRT \$740, PANTS \$1,040, Prada; prada.com. BRACELET Yeprem at Bergdorf Goodman; (212) 753-7300. **SHOES** \$1,750, Roger Vivier; (212) 861-5371.

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PLUSH FABRICS AND UNCONVENTIONAL SILHOUETTES FOR FALL



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Shine Spray, HydroCream Whip, MirrorSmooth High Gloss Primer, and MirrorSmooth Shampoo and Conditioner. **COVER:** Dress, Marc Conditioner. COVER: Dress, Marc Jacobs; drop earnings, House of Lavande Vintage; safety pin earning lleana Makri. INSIDE COVER 1: Sweater & pants, Marc Jacobs; earnings, de Grisogono. INSIDE COVER 2: Coat, Marc Jacobs; brac, Araks; briefs & tights, Wolford; safety pin earning, lleana Makri; drop earnings, Buccellati.



CLASH COURSE

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electric-blue mixed prints make an

eye-popping

pair.

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5. SHOES

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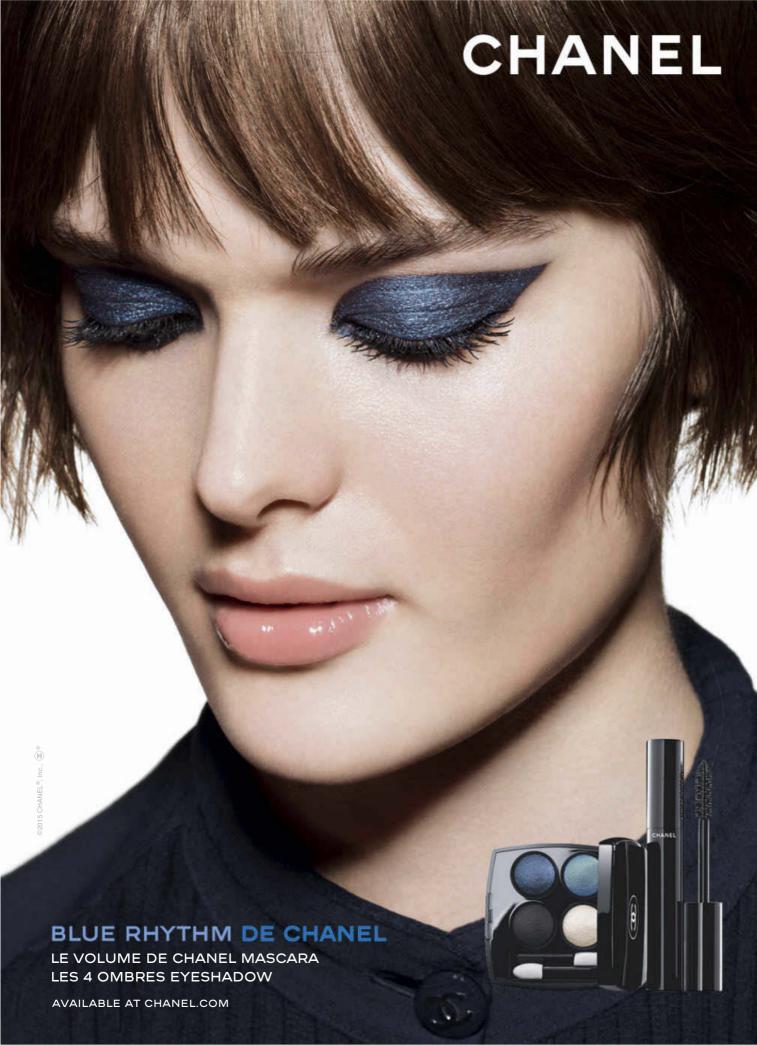
(800) 550-0005 2. WATCH













September 2015 MARIECLAIRE.COM 59



NINE



NINE WEST



2 SUGAR AND SPICE

C is for-Cookie. (Also: crazy-funny.) And she's back: Cookie Lyon (the flawless Taraji P. Henson, pictured) returns September 23, along with the rest of her infamous family, for the second season of Empire on Fox.

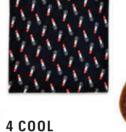


GALLERY GIRL

stare—unless it's at a cool piece of art. Nab some from over 1,000 artists at the always-anticipated Affordable Art Fair in NYC (September 10 to 13).

PUCKER UF

Q: What's black, white, and red-lipsticked all over? A: This stylishly pouty Saint Laurent T-shirt inspired by one of the house's fall runway looks. (\$450, Saint Laurent by Hedi Slimane; ysl.com)



WHAT WE LOVE ABOUT

What you need to do, see, hear, and talk about this month

SHADES Fact: Glittery nails

go with everything. This month, Alice + Olivia is launching, with Nails Inc., a four-color collection of nail polish that complements its autumn/winter line. (\$25: nailsinc.com)



Coach's "Wanted" Script Surrey Satchel, available this month, is the ultimate statement-making bag. We'll let you decide exactly what-or who-is being desired. (\$495; coach.com)



8 FRIENDS WITH BENEFITS

Indie rom-com Sleeping With Other People (in theaters September 11) is the classic boy (Jason Sudeikis) meets girl (Alison Brie, right) story—if that story includes bumping into each other in a sex-addiction therapy group.



6 STAGE ACT

"Pop star" just isn't enough to describe singer Tove Lo (left)badass and insanely talented are a good start. Headliner, too: She kicks off her Queen of the Clouds tour on September 28.

ANY QUESTIONS?

Actress/favorite-fantasyfriend Mindy Kaling has some answers, actually, in her new book of essays, Why Not Me? (September 15, Crown Archetype)—everything from "How to Look Spectacular" to surviving all kinds of relationships to making it in Hollywood, Mindy-style.

TREAT YO SELF Chocolate milkshakes

are an essential part of a balanced diet. Well, our balanced diet, anyway. Get your sweet-tooth fix on September 12, aka National Chocolate Milkshake Day. Bottoms up!

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First



EDITOR'S NOTE THE

onsider this September issue your style passport-you're in for quite a ride. We started planning the itinerary during the fall runway shows in February. As excited as we get watching the collections, the fun really starts when we begin translating the themes to our pages.

First stop: Los Angeles, to showcase the season's tweed ("Boss Tweed," p. 344), which throws off its polite professor'sblazer rep for some punk attitude. Next we go to Berlin for

"Now and Again" (p. 374), where the '60s-era architecture of a hidden neighborhood captures the throwback feel of clothes inspired by every decade but the one we're in now. On the opposite side of the globe, lush Bora-Bora would not seem the natural backdrop for the Victoriana trend—all strict, covered-up black, lace, and embellishment-but it was here that François Nars shot model Daria Strokous like a 19th-century heroine in "Idyll Wild" (p. 364). Our final foreign destination: Cuba, where fashion both romantic and sensual was set against the frozen-in-time splendor of Havana (p. 332). (And where our crew finished each day at Hemingway haunt El Floridita, where, as legend has it, the Daiguiri was invented.)



FROM LEFT: A Victorian look on model Daria Strokous from Thom Browne; Tweed, like a Haider Ackermann jacket, toughens up for fall; Salvatore Ferragamo's slipdress heats up Havana





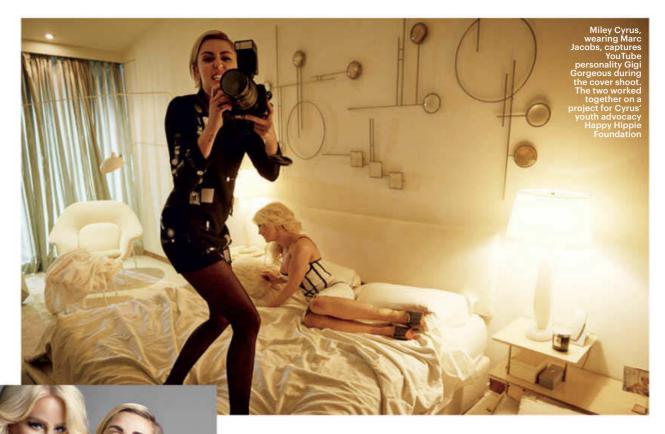




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We ended where we began-L.A.-for the cover shoot of Miley Cyrus ("The Miley Show," p. 324), singer, provocateur, and activist. She's packed a lot into her 22 years, and having spent half her life in the entertainment business, she has zeroed in on the two things that mean the most to her: her music and her mission, which is raising awareness for homeless and LGBTQ youth through her Happy Hippie Foundation. At the shoot, she romped with her pal Gigi Gorgeous and got behind the camera herself to snap the YouTube personality, who recently took part in Cyrus' #InstaPride campaign, featuring portraits of transgender and gender-nonconforming individuals.

So, as much as this issue is about destinations, it's also about journeys and all they entail: getting lost, discovering, reframing your worldview, finding comfort in the familiar, and exhilarating in the unknown, never returning unchanged. Enjoy the trip.

EDITOR-IN-CHIEF

annefulenwider@marieclaire.com

Cyrus' photo of Gigi Gorgeous



Tell me what you love, don't love so much, or want to see more of in Marie Claire. I want to hear it all! Bear with me if I don't respond immediately.



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Stunning new coupe or powerful SUV? Yes.

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Mercedes-Benz

The best or nothing.



CLOCKWISE FROM TOP: CLARE FERGUSON, COURTESY OF THE PHOTOGRAPHERS (3), DAN SAELINGER ON CYRUS: SKIRT, \$1,200, MARC JACOBS; MARCJACOBS.COM

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SHE'S BEEN IN THE SPOTLIGHT SINCE GROWING UP BEFORE OUR EYES AS HANNAH MONTANA. NOW, AT 22, SHE'S READY TO CHANGE THE WORLD THROUGH HER LATEST ROLE: ACTIVIST. GO BEHIND THE SCENES OF CYRUS' COVER SHOOT, WHERE THE HAPPY HIPPIE FOUNDATION FOUNDER TALKS ABOUT HER MISSION TO HELP HOMELESS AND LGBTQ YOUTH.

MARIECLAIRE.COM/MILEY-CYRUS





LAND THAT JOB

Update your résumé? Check. Plan an impressive outfit? Check. You know the standard advice, but we get the dirt on what science says you should do before an interview. marieclaire.com/interview-tips





INSTA-BEAT OUR PHOTO-HAPPY

EDITORS HASH(TAG) IT OUT

1. Jennifer Goldstein Executive Beauty/Health Editor/@jenn_edit Borrowed 530 horses for the weekend and loved every second of it ... especially the 4 seconds it took to go 0-60! #maserati

2. Lauren Valenti Associate Editor/ @lauren_valenti Greetings from Cuba! @marieclairemag @airbnb

3. Joy Hernon Assistant Beauty Editor/ @joyhernon @lipstickqueenofficial @lpstkqueen's sinful new collection launches in October #7deadlysins #allthatjazz





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NOT YOUR
BASIC CAT EYE
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form of flattery. With that cue,
we take a look at surprising beauty
trends from around the
world to spice up your routine.
marieclaire.com/global-beauty



Step aside, Emma Watson, Lupita Nyong'o, and Jennifer Lawrence—meet the international actresses stealing the scene with their award-worthy looks. Check out who made the cut. marieclaire.com/new-style-stars

STAY IN TOUCH

SLOCKWISE FROM TOP LEFT; HBO/COURTESY OF EVERETT COLLECTION, VICTOR VIRGILE/GAMMA-RAPHO/GETTY IMAGES, GETTY IMAGES (6)

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Simon G.

WHAT YOU SAID

Wherever you're talking about MC—Twitter, Facebook, blogs, snail mail, or e-mail we're listening. Here's how you responded to our July 2015 issue ...

I'm sitting poolside, enjoying your July issue. I liked seeing Rita Ora in Fifty Shades of Grey, and your cover story cements her as a style muse for me. Y'all do a wonderful job, and I look forward to the next issue!

-Suzanne Anderson, Atmore, AL



ON TWITTER

"RITA GETS REAL" @FranDescano:

Just read the new @marieclaire article about @RitaOra. I've always been a ritabot, but this article made me love her even more

"THAT'S HOW WE ROLL" @Quendrith:

@marieclaire has a story on Skateistan-girls skateboarding in Afghanistan-#rayofhope #airlsrule

OPPOSITES @CarGrl1982:

@marieclaire Thank you SO much for featuring my favorite actress, Eva Green, in Opposites! Got my issue today. Day made!!

"THE BEST REVENGE" @psalm82:

@marieclaire I am so grateful to have @KamalaHarris as the AG in my state. As I see it now. I'll support this woman all the way to the WH

"MY DAD WAS A SERIAL KILLER" @ElviraRaygoza:

@marieclaire just read "My Dad Was a Serial Killer" & it left me with chills

😇 ON INSTAGRAM



@zasvas Indoor camping essentials

RISE AND SHINE

Thank you for "Say It Loud!" on iTunes Beats Music head of global consumer marketing Bozoma Saint John. To read about a strong African-American woman who started from nothing to rise to the top in corporate America was a pleasure. She is a great example of taking risks, staying true to your style and personality, and focusing on what you want to make it happen. As a 28-vear-old African-American woman, I have found your magazine knowledgeable, diverse, and classy.

-Tykesha Byndum, Chicago

THE LIFE ICONIC

Imagine, finally seeing Anita Pallenberg in a current magazine! Ali MacGraw is also beautiful. Thank you for your inspirational and original work in 101 Ideas. -Robin Roby, Des Moines, IA

ALL THE RITE MOVES

Thank you for "Smoke Signals" by Amanda Sperber. Reading about the women in Sudan's Nuba Mountains who are able to find a moment of solace in the middle of constant conflict was a breath of fresh air. No matter where in the world, women will persevere, and

we will always make time for us. Sperber's article was very educational and thoughtful.

-Jacquelyn Draughn, Charlotte, NC

TRUE ROMANCE

I really appreciated Dina Nayeri's personal essay "The Naked Truth." The author's telling of her experiences with dating in the 21st century and her struggle toward honest connection was both generous and revelatory. Nayeri challenged the constant pressure on women to be coy, breezy, and sexually alluring.

-Sarah Batbold, New York City

READER OF THE MONTH!

Michelle Davis of Alexandria, Virginia, will win a beauty bag for boosting her selfesteem. "I'm not the most confident girl in the world, but partially because of your 'What I Love About Me' feature, I'm getting there," she writes. "The way it showcases women sharing one thing they love about themselves inspires me. If I keep up the positivity, a day will come when I'll love everything about myself."

Tell us what you really think about this issue. Visit marieclaire.com to join the fray, or send your feedback directly to annefulenwider@marieclaire.com. Letters may be edited for space or clarity. If you're chosen as Reader of the Month, you'll win a free beauty bag!





CONCERN:

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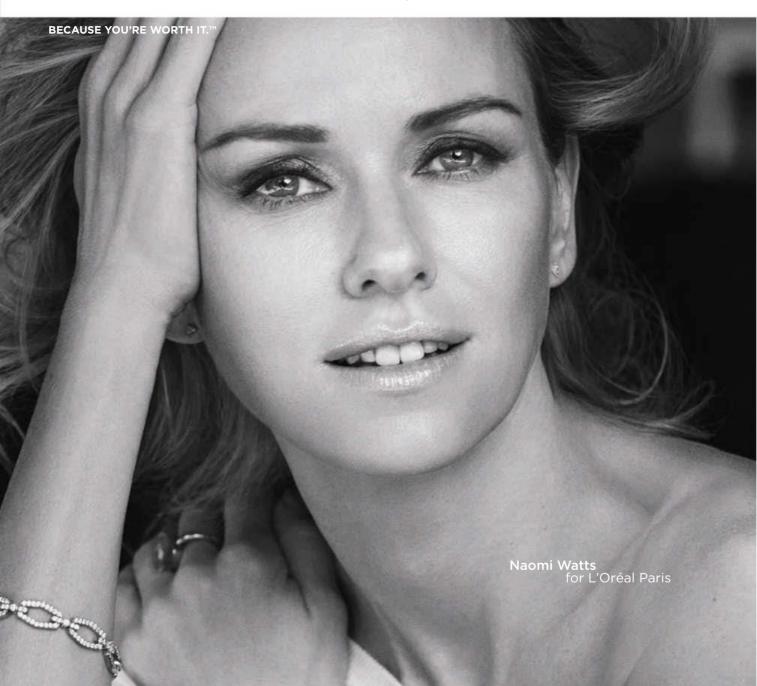
With our highest dose of Hyaluronic, Volume Filler volumizes skin surface layers to smooth wrinkles. Cheeks are fuller, eye-area hollows less noticeable, and wrinkles visibly reduced.

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SEEING CHANGES IN YOUR SKIN? IT COULD BE LOSING VOLUME. NOW RESTORE FULLNESS, SMOOTH WRINKLES.





First

CONTRIBUTORS



PHOTOGRAPHER MARK SELIGER

Photographing cover star Miley Cyrus ("The Miley Show," p. 324) was the first time Seliger had met the singer. "I didn't really know what to expect, but what I found is this passionate and giving person—who is also unguarded and at the same time pretty challenging in a lot of ways," he says. **PERSONAL STYLE IN A WORD:** Hodgepodge.

FAVORITE GADGET: Guitar tuner.



DESIGN DIRECTOR CLARE FERGUSON

MC's new Design Director moved to NYC from London in March, having previously worked at Stylist, Tatler, and The Edit. "Every time I get home to my Williamsburg apartment, seeing the sun set across the Manhattan skyline takes my breath away," she says. STYLE ICON: Kate Moss. FAVORITE VACATION DESTINATION: "I'm a regular Ibiza girl."



FASHION EDITOR-AT-LARGE ALISON EDMOND

@aledmond

"Tweed has become so modern, especially this season," says the L.A.-based stylist, who edited the looks for "Boss Tweed" (p. 344). Edmond, who got her start in menswear, enjoyed the chance to convey a touch of romance styling a male and female model together. FAVORITE SNACK: Olive-oil popcorn. FAVORITE ACTRESS: Anne Bancroft.



FASHION EDITOR PATTI WILSON

Styling "Idyll Wild" (p. 364), Wilson juxtaposed the wilds of the Bora-Bora tropics with the Victorian strictness of the fashion looks. "I wanted it to feel ominous, foreboding, and erotic at the same time—for the reader to come away with a quickened pulse," she says.

FAVORITE ACCESSORY: Céline sneakers

("most comfortable shoes ever"). **FAVORITE MEAL:** Miso salmon.



FASHION EDITOR MARINA GALLO @marinagallo_m (Instagram)

The Paris-based stylist edited "Think Pink!" about fall makeup with a throwback '80s vibe (p. 316). "I always find the color pink inspiring," she says. "It gave the spread a fresh feel." Gallo, whose fine jewelry collection, Ophiuchus Jewels, debuts this month, was particularly taken by the pink

shampoo on set. **FAVORITE ACTOR**: Jack Nicholson. **FAVORITE GADGET**: iPhone 6.



PHOTOGRAPHER TAKAY

 $@takayphoto \, (Instagram)\\$

"I was surprised by every single frame we shot," says Takay, who photographed "Havana Days" in Cuba (p. 332). The sunshine, coupled with frozen margaritas and the lack of Internet, made "Cuba truly a perfect escape." FAVORITE ART PIECE: His son's paintings. FAVORITE VACATION DESTINATION: Thousand Islands in Canada, for fishing.



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First

WRITER **MOLLY RINGWALD**

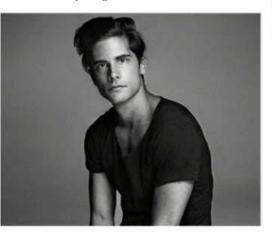
@MollyRingwald

"The best part of writing 'Vanishing Act' was remembering my friends' kindness after a breakup," says Ringwald, who penned an essay on her disappearing beauty mark (p. 296). The actress is busy with the October release of the film Jem and the Holograms, starting a TV comedy, and working on a book. MOST-WORN **ITEM:** Her Burberry raincoat ("It goes with everything, whether it's raining or not"). SECRETLY OBSESSED WITH: Fonts.



PHOTOGRAPHER ÁLVARO BEAMUD **CORTÉS**

The Valencia, Spain-born photographer is always on the move. Shooting "Think Pink!" (p. 316) in his current city of Paris, Cortés was influenced by "a mix of the musical film Funny Face and advertisements from the '90s featuring Brooke Shields." READING: Glamorama by Bret Easton Ellis. FAVORITE MEAL: Anything made with truffles.



PHOTOGRAPHER FRANÇOIS NARS

"I was inspired by the Victorian era to convey the darker elements of Bora-Bora against the delicate clothing," says the NYC-based photographer, who shot "Idyll Wild" (p. 364). Nars, whose photos have appeared in W and V, is working on a celebrity portrait book to follow up his first volume of photography, X-Ray. MOST-WORN ITEM: Calvin Klein alligator jacket. STYLE ICON: Yves Saint Laurent.



FASHION EDITOR-AT-LARGE ENRIQUE CAMPOS

On the way to shoot "Havana Days" (p. 332) in Cuba's capital, the Madridbased stylist got an unexpected tour. "The model and I got lost because our cycling taxi couldn't find our next location. The only tip we had was that the location was close to a church. After passing almost all the churches in Old Havana, we finally found the rest of the team!" FAVORITE SNACK: Ice cream. **LISTENING TO:** Benjamin Clementine.



"The idea was to portray a very cosmopolitan girl coming back to her small hometown and looking a bit out of place," says Thiry, who styled "Now and Again" in Berlin (p. 374). The fashion editor discovered Hansaviertel hidden in the heart of Tiergarten, "an area with beautiful '60s houses." Fitting for a story on clothes with a retro feel. **LISTENING TO: Jamie xx. FAVORITE ACCESSORY:** Nike Air Huarache.



FASHION EDITOR-AT-LARGE **CATHERINE** NEWELL-HANSON

"Miley was a dream to dress," says Newell-Hanson, who styled this month's cover star ("The Miley Show," p. 324). "I played off the '60s elements of the clothes by taking inspiration from Edie Sedgwick. Like Miley, she was an artistic free spirit and a fashion renegade." READING: The Wallcreeper by Nell Zink. STYLE ICON: Françoise Hardy.













LINE UP A bag inspired by the NYC skyline adds structure to any outfit.

The singer/songwriter/actress channeled the iconic Edie Sedgwick for her L.A. cover shoot

AGE: 22. HOMETOWN: Franklin, Tennessee, CURRENT **RESIDENCE:** Los Angeles. **PATTERN PLAY:** Cyrus arrived at the shoot in a black-and-white-striped T-shirt, ripped-denim boy shorts, black-andwhite polka-dot platform sneakers, and whiterimmed sunglasses. HEY, MS. DJ: The cover star took over the music selection by plugging her iPhone into the stereo. Which album did she play in full? Sadnecessary, from electro-folk duo Milky Chance, who previously made headlines for covering Cyrus' "Wrecking Ball." SCREEN **TIME:** Her current television obsessions involve Jill Soloway. Cyrus loves Transparent, Soloway's most recent hit creation, while she's just catching up on the Soloway-executive-produced *United* States of Tara. NOT SO INTO: Scary TV shows. "It makes you have terrible nightmares and feel crazy. I don't want that before I go to sleep!" **FOLLOW:** @MileyCyrus. —Kelly Tunney



81%

demonstrated a measured improvement in wrinkle length

68%

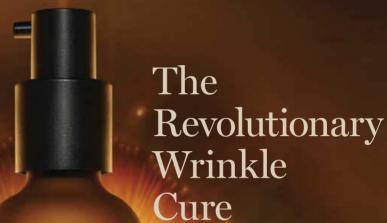
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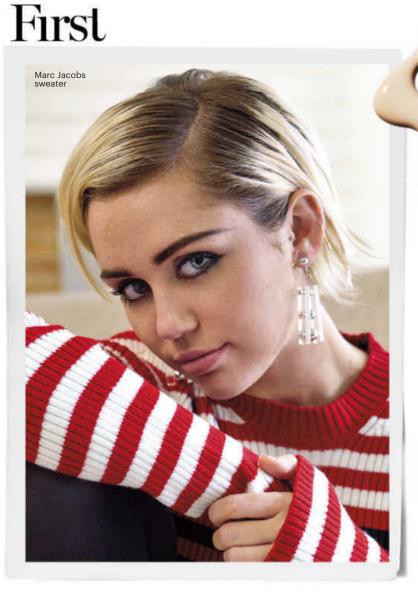
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CRÈME DE LA CRÈME Natural-hued polish added a crisp, clean effect.

"MILEY'S SHORT CUTAND UNKEMPT COLOR HAVE A REAL'60s REBEL FEEL." -HAIRSTYLIST ANDY LECOMPTE

Sedgwick, circa 1965





The pop star swings into the season with a sleek mod look

HAIR: Stylist Andy Lecompte blew out Cyrus' hair with a round brush, then used a flatiron to bend the ends slightly. "The deep side part with hair tucked behind her ears gives it a vintage feel," he says. Lecompte finished the style by misting a dry shampoo throughout her hair for a matte texture. MAKEUP: To keep the focus on Cyrus' eyes, makeup artist Sabrina Bedrani applied a jet-black pencil to the top and bottom lashlines, then coated her inner rims with a nude pencil to open up the shape. "I wanted to give her those big '60s doe eyes with a modern approach," Bedrani says. A nude lip completed the look. NAILS: Manicurist Brittni Rae buffed nails into an oval shape and brushed on one coat of nude polish. "Less is more," says Rae. - Joy Hernon



channeled

a retro vibe

on the set of the cover shoot.



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THAT'S WHAT SHE SAID











WHO WE LOVE MAKE VROOM For Valentino's charity efforts, it's

full speed ahead

If you happened to be driving around Europe in May, you may have passed—or been passed by—a cherry-red, logoemblazoned Aston Martin, Bentley, Porsche, or Ferrari with some very stylish drivers behind the wheels. Valentino co-creative director Maria Grazia Chiuri, shoe entrepreneur and Topshop scion Chloe Jade Green, models Arizona Muse and Selita Ebanks—these were among the 70 women making up 35 teams on this year's Cash & Rocket Tour, a five-day drive (more fun, less Formula One) that raises money for three charities: Shine On Sierra Leone, which promotes educational opportunities; OAfrica, a Ghanaian nonprofit tackling poverty, disease, and social injustice; and Sumbandila, a South Africa-based group focused on helping underprivileged children.

Julie Brangstrup founded Cash & Rocket in 2011 to create partnerships with luxury brands and raise funds and awareness for global issues. "Thirty-five red cars driving in a convoy is a very powerful statement," she says. Valentino, which has sponsored three of the four races, agrees. "I believe it is essential to support less-fortunate women and children." says Chiuri. This year, she and her co-creative director at Valentino, Pierpaolo Piccioli, created a special capsule collection of "uniforms" worn by participants-including camo jumpsuits and sneakers, studded driving gloves, and a utility jacket—inspired in part by the 1971 Steve McQueen movie Le Mans. "Each piece has a great balance of elegance and edge," says Leila Yavari, fashion director of Stylebop.com, which is selling the line and donating 20 percent of proceeds to Cash & Rocket's charities. At press time, the initiatives had raised \$1.7 million. Now that is some headway. —Florence Kane



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SCIENCE FARE BERNARDAUD'S IMAGINATIVE NEW PLATES (BY BRAZILIAN ARTIST VIK MUNIZ) WERE INSPIRED BY BACTERIA VIEWED THROUGH A



HIGH VOLUME

HERMÈS ENLISTED ARGENTINE ARTIST JULIO LE PARC TO CREATE A SERIES OF 60 SCARF DESIGNS BASED ON HIS OP ART PAINTINGS, COLLECTED IN THIS FUN FOLDOUT BOOK. «\$38; usa.hermes.com



EMERALD CITY John Galliano's VISIONARY MAISON Margiela couture CREATIONS LEFT ME SPEECHLESS-ESPECIALLY THIS LAMÉ TWEED COAT. «Maison Margiela Artisanal by John

Galliano Fall 2015

FRENCH PINK

THE RIDGES ON Repossi's Antifer RING ECHO THE CLIFFS OF THE SAME NAME IN NORMANDY, France. «Price upon request; net-a-porter.com>



CALIFORNIA ARTIST BILLY AL BENGSTON'S WORKS (LIKE HONOLULU WATERCOLOR, 1991, HERE) SERVED AS INSPIRATION FOR SEVERAL LOOKS IN SAINT LAURENT'S RECEN' MENSWEAR COLLECTION.



RAF SIMONS MAKES THE BEST GRAPHIC TEES, WITH EVERY-THING FROM SCREEN PRINTS TO ARTSY GEOMETRIC CUTOUTS. «\$338; rafsimons.com»

Fall fashion is shaping up to be quite a trip with MC Creative Director Nina Garcia's colorful list of quirky favorites

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PLAYFUL STARS MAKE THIS BLACK-PATENT ROGER VIVIER SHOULDER BAG POP. «\$2,650; 212-861-5371»













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BAUHAUS BOUNTY GORGEOUS FRAGRANCES PAIR WELL WITH DECOR-WORTHY BOTTLES «La Parfumerie Moderne Cuir X (left) and No Sport Eau de Parfum, \$220 each; barneys.com>

AT ERIN

BRITISH RAILWAYS

Move over, Ikea nation: MC Beauty Director **Erin Flaherty** is appreciating the sturdy form and function of mid-century modern design

> **GREAT DANE** THIS DANISH-INSPIRED CHAIR COMES WITH CUSTOMIZABLE UPHOLSTERY OPTIONS. «Joybird oto Chair, \$899; joybird.com





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AMBIENT NATURE KEEP A SMOKY, LEATHER-SCENTED CANDLE ON HAND FOR

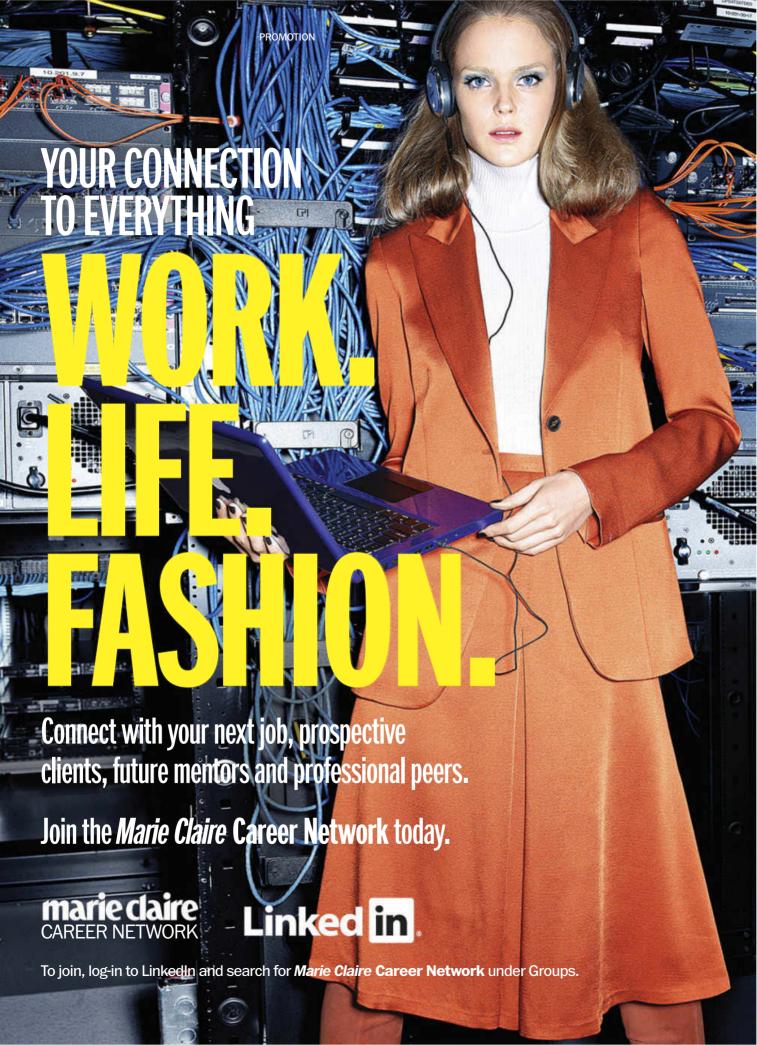
A QUIET NIGHT IN. «L'Objet The Russe No. 75 Candle, \$95; l-objet.com»



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GIVE CLASSIC COCKTAILS A MODERN TWIST WITH TRENDY INFUSIONS LIKE JUNIPER AND STRAWBERRY RHUBARB. «Norseman Distillery Strawberry Rhubarb Gin, \$30; norsemandistillery.com for stores»















marie claire

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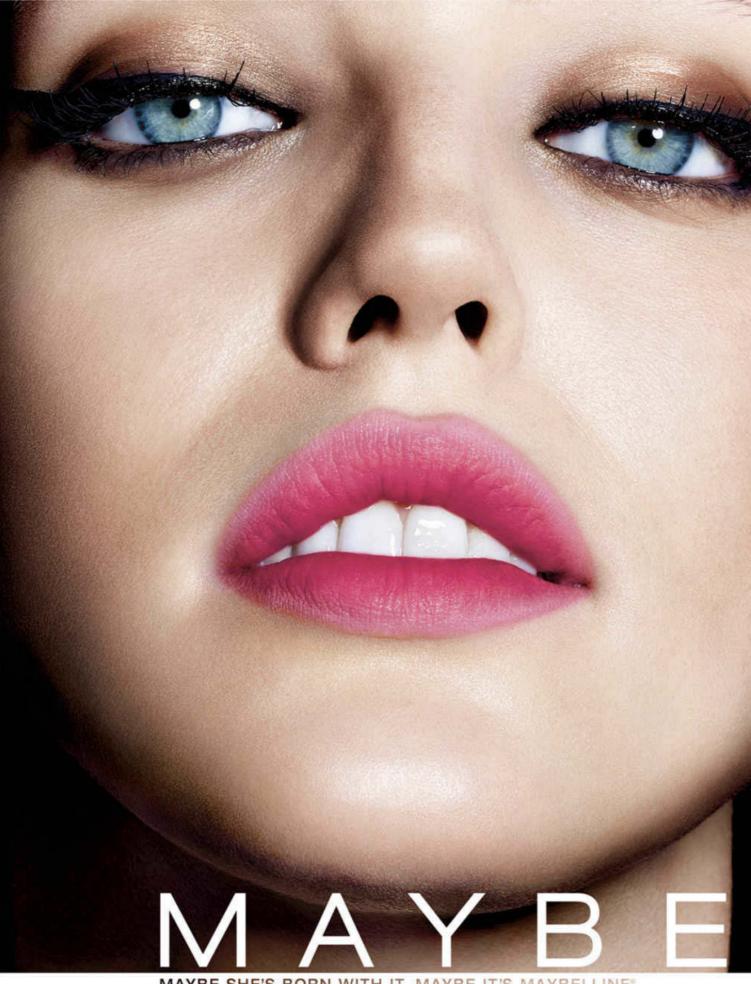
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Emily is wearing New Lip Studio™ Color Blur™ Matte Pencil in Fast and Fuchsia. ©2015 Maybelline LLC.

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SUPPER CLUB The house hosted an intimate dinner on the last night at Copley's restaurant, formerly Cary Grant's guesthouse in the 1940s.

PALM SPRINGS

HIGH ABOVE COACHELLA VALLEY, LOUIS VUITTON FUSED CALIFORNIA-GIRL EASE WITH TECH EDGE AT THE BOB AND DOLORES HOPE ESTATE

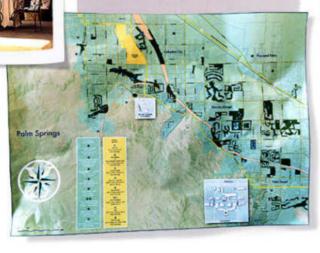
Guests sat on wood and plexiglass crates that snaked around the sprawling pool area BEST ADDRESSED
The invitation itself was
exquisite, down to the
accompanying leather case.



CONCRETE
JUNGLE
Modernist
architect
John Lautner
modeled
the home
(designed in
1973) after
a volcano.











FLOW
MOTION
Nicolas
Ghesquière's
sleek A-line
silhouettes
gave way to
floaty maxi
skirts. My
favorite was
this fairytale-feeling
one-shoulder
dress.

SEOUL

CHANEL'S KARL LAGERFELD KICKED THINGS OFF WITH FLYING COLORS AT ZAHA HADID'S FUTURISTIC DONGDAEMUN DESIGN PLAZA





FULL SPECTRUM I couldn't resist the vibrant kimonos at Namdaemun Market, South Korea's largest traditional market, in the heart of the capital.



The plaza's curvaceous facade is made of holepunched aluminum panels, which are backlit at night





We watched from candycolored stools as catwalkers strutted on the rainbow-dotted floor

I caught up with our August cover girl Kristen Stewart (below) in the front row.



STAR STRUCK Chatting with the supercool singer/rapper CL from K-pop group 2NE1 before the show.



SHOES \$1,525, Chanel; (800) 550-0005.



NEXT STOP? THE FRENCH RIVIERA, WHERE DIOR'S PLAYFUL SILHOUETTES WERE ON FULL DISPLAY AT THE SPACE-AGE LE PALAIS BULLES

> BAG \$4,800. Dior; (800) 929-DIOR

SERVICE APPEAL Waiters served cocktailsat Saint-Paul de Vence, a 14th-century medieval village.





SAVOIR FARE

The day of the show, Dior hosted a lunch of fresh fish and asparagus in the garden at the Fondation Maeght modern art museum.

FIT FACTOR An intimate moment as creative director Raf Simons oversees a final fitting.



BREAKA LEG Showtime! Models strutted at dusk in nip-waisted frocks and buttoned-up boots.



Designer Pierre Cardin lent his Flintstones-like terra-cotta residence—with 26 interconnected pods inspired by Inuit homes—for the occasion

GOT GAME We played a friendly round of pétanquea traditional French game that involves tossing metal balls.





BAG \$3,700, Dior; (800) 929-DIOR.

SPOT ON I love how this bag's circles mimic the bubble-like $structures\ of\ Le$ Palais Bulles (or "Bubble Palace").

BON APPÉTIT Our beachside welcome dinner at Tetou.







GUCCI ENDED THINGS WITH A BANG, ORCHESTRATING A SPLASHY

RETRO PARADE ON THE STREETS OF THE BIG APPLE



FINE PRINTS Pleats and florals were everywhereon skirts, dresses, and bags in supersaturated hues.



A foliage motif hinted at the botanical prints to come



BAGGING RIGHTS The house's new squared leather tote reminded me of vintage shopping bags from

> LANE EVENT Gucci blocked off the street as models crossed into the garage-like show space, strewn with antique Persian rugs.



Look 39



DETAIL AlessandroMichele is a designer after my own heart-I love a good '70s-inspired, wide-leg pant!









MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE: ©2015 Maybelline LLC.





VIONNET

ideas Ideas

CLUTCH \$2,800, Marc Jacobs; marcjacobs.com for stores.

RINERPONIS



PHOTOGRAPH BY MITCHELL FEINBERG. FASHION EDI

Creative Director NINA GARCIA

NINA'S NOTES: Summer may pack the heat, but fall? It *always* brings on the haute. This season in particular there's plenty to be excited about. Feeling nostalgic, designers resurrected what seemed like every decade on the runways in refreshing ways—from tailored '70s glam to '80s punk rock to the '90s street beat. Fearless ornamentation (Feathers! Grommets! Fringe!) and textures (Tweed! Shearling! Lace!) made for a creative, anything-goes mood. But as imaginative as the clothes are, you bring them to life. And therein lies fashion's magic—its ability to make something with personality feel personal. What speaks to you this season? Tell me *@ninagarcia*.









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What the Best Mornings Are Made Of

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XO.RS - For the Love of Shoes and Art

Shoe designer and street artist Renée Snelson of XO,RS is painting through the streets of NYC and into your homes with her signature shoefiti style. Undeniably vibrant and fun, XO,RS captures a sleek yet edgy sensibility to the art and sole of footwear. Giving you a reason to say, "will work for shoe ... art."

Reneesnelson.com



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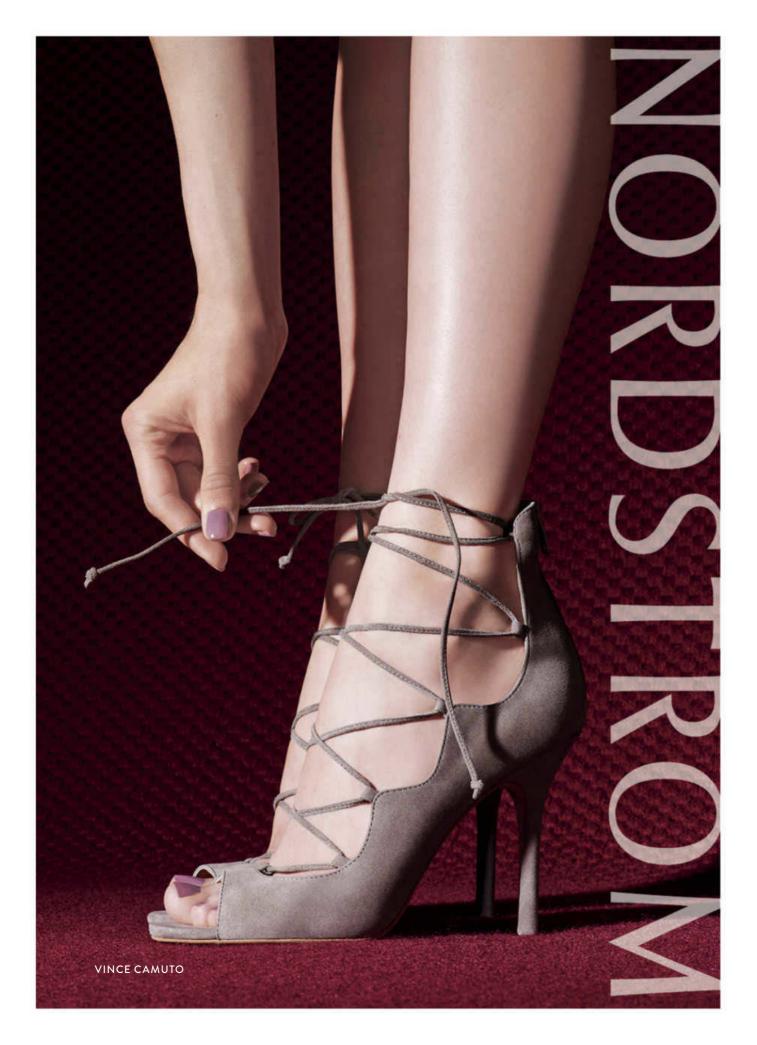




FURLA

NEW YORK BOSTON CORAL GABLES HAWAII FURLA.COM





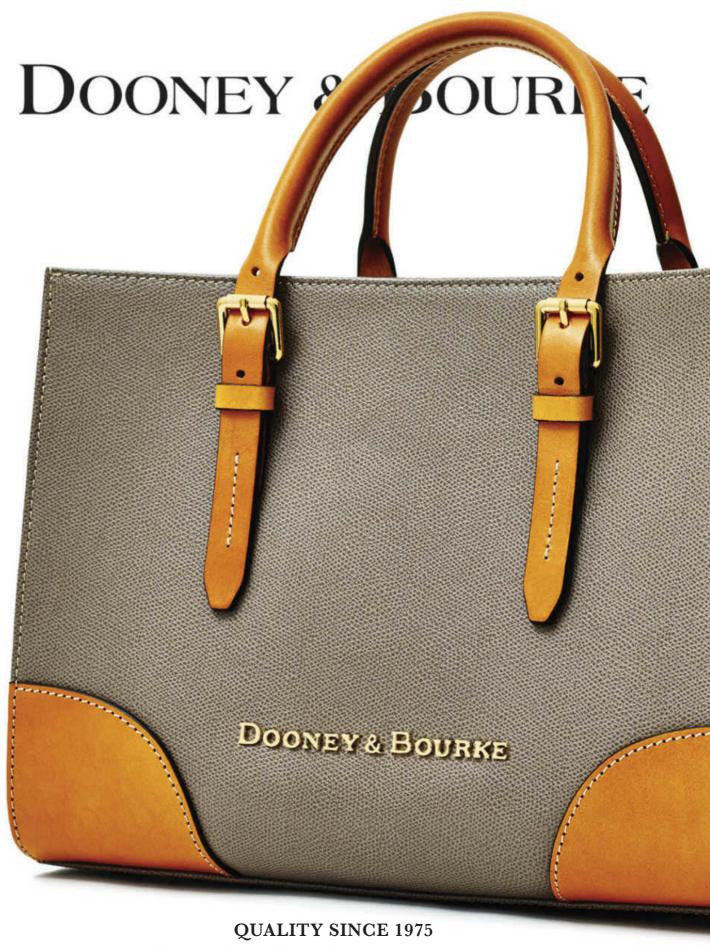




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POWER

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BEST ACCESSORIES

Set your sights on the new neutrals with tactile appeal: rich browns and burgundies embellished with studs, jewels, and metallic accents

Photographs by MITCHELL FEINBERG

Fashion editor: KYLE ANDERSON

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Amazon Fashion

SMART IS BEAUTIFUL







ALEXA * CHUNG FOR AG

FALL 2015









TOWER ABOVE

Metallic-and-croc leather cage sandals have altitude and attitude.

SHOES \$3,900, Salvatore Ferragamo; (866) 337-7242.

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MOMEN'S

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DOUBLE DUTY

 $Wear\, Simon$ G.'s on-trend climber earrings up the ear or turned down to dangle.

BOMB SHELL

Graff's Bombé necklace is modeled after one of the first rings created by the house's founder back in 1960.

LOOPED IN

De Grisogono's Tubetto bangle, marked with 240 tiny white diamonds, can be dressed up or down.

ICE CAPADES

Classic white diamonds put State or on quite the show in creative cuts and surprising shapes

FLIGHT OF FANCY

NEG GLEBERG ENERGY SE A blend of marquise- and pear-cut stones gives Messika's famous wing motif (here on a thin bangle) its ruffled effect.

TIP THE SCALES

Bulgari's latest Serpenti watch switches things up with a headover-tail design.

BEST BUD

Louis Vuitton's floral disk necklace was inspired by the 1972 film Solaris.

Fashion editor: KYLE ANDERSON



NEIGH SAYER

PAST PERFECT Cartier's Galanterie $collection\ reintroduces$

the "garland style" lacework design the jeweler became known for in the early 1900s.

POWER HOUR Harry Winston's hidden watch pendant (covered in over 300 diamonds) can also be worn as a brooch or bracelet.

> We jump at the chance to take Hermès' equestrian-themed pieces, like a double-horse-bit ring, out for a ride.

1. EARRINGS \$2,640, Simon G. Jewelry; simongjewelry.com for stores. 2. NECKLACE price upon request, Harry Winston; (212) 399-1000. 3. NECKLACE \$9,500, Cartier; (800) CARTIER (available in October). 4. BRACELET price upon request, Messika Joaillerie; neimanmarcus.com for stores. 5. RING \$10,100, Hermès; (800) 441-4488. 6. NECKLACE price upon request, Louis Vuitton; (866) VUITTON. 7. WATCH price upon request, Bulgari; (212) 315-9000. 8. BANGLE price upon request, de Grisogono; (212) 439-4220. 9. NECKLACE price upon request, Graff; (212) 355-9292.



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WINNING STREAK

Designer Tommy Hilfiger celebrates 30 years of all-American style

When he founded his namesake company in 1985, Tommy Hilfiger launched with an ad campaign that compared himself, a virtual unknown, with the very well-known Ralph Lauren, Perry Ellis, and Calvin Klein—on a billboard in Times Square, no less. Major move. "It was a clear turning point in my career," says the born-and-bred upstate New Yorker. "The ad made a very bold statement that I had to live up to. It was risky, but running a business is all about taking risks." It paid off. Over the years since, Hilfiger's clothing has made him a household name, and the label has grown to include popular offshoots like

fragrances (one fronted by Beyoncé) and a home furnishings line. This year marks the brand's 30th anniversary, a milestone Hilfiger kicked off with a football-meets-Love Story fall collection that takes his signature themes of sport and American prep to the next level. Showcased on a faux football field, models walked the Astroturf in luxe coaches' jackets and furry athletic jerseys, along with '70s-style tweeds and plaids. At the end, the designer took a victory lap around the "stadium." "I always believe the best is yet to come," he says, "and look forward to seeing what the next 30 years bring." As do we. -Florence Kane





GET THE LOOK Enter the fashion fray in denim cutoffs

topped with a shrunken leather moto jacket









FASHION

Your Fall must-haves that fit and flatter your shape, your personal style, and your lifestyle for every occasion-featuring key pieces from the nicole by Nicole Miller 10-year anniversary limited-edition

collection, sold exclusively at JCPenney.



Jacket. Regular: \$100, **SALE: \$59.99**

> A statement necklace is the perfect day-tonight accessory Necklace, Regular: \$48, SALE: \$28.80

Tank. Regular: \$60, \$34.99

STYLE TIP:

A patterned scarf makes any outfit feel complete and polished.

Scarf. Regular: \$30, **SALE: \$18.**

SERIOUS

is serious businessombré earrings paired with a mixed-print sheath dress are the modern woman's power suit.

Dress, Regular: \$72, SALE: \$39.99.

STYLE TIP:

These stylish notebooks don't need to hide in your desk drawer-and their compact size won't take up much space in your handbag.

Notebooks, Regular: \$18, SALE: \$10.80.

Handbag, Regular: \$85,



Skirt, Regular: \$38, SALE: \$21.99.

LOOK

STUNNING in an embellished tank. tailored bling skirt,

patterned handbag, and

faux leather jacket-

perfect for those crisp

fall evenings











 $1.\ \textbf{BAG}\ \$2,350,\textit{Chlo\'e}\ \text{at Neiman Marcus}; (888)\ 888-4757.2.\ \textbf{TOP}\ \$560,\textit{Philosophy di Lorenzo Serafini}; centro39.com. 3.\ \textbf{EARRINGS}\ \$950\ \text{each},\textit{Pomellato}; pomellato.com. 4.\ \textbf{WATCH}$ price upon request, Rolex; rolex.com for stores. 5.\ \textbf{TOP}\ \\$845,\textit{J.W.Anderson}; net-a-porter.com. 6.\ \textbf{PANTS}\ \\$800,\textit{Sonia Rykiel}; sloanhall.com for stores. 7.\ \textbf{BOOTS}\ \\$1,795,\textit{Brian Atwood}; brianatwood.com. 8.\ \textbf{PENDANT}\ \\$1,950,\ \textbf{CHAIN}\ \\$225,\textit{Tiffany & Co}; tiffany.com. 9.\ \textbf{SHOES}\ \\$695,\textit{Gianvito Rossi}; mytheresa.com. 10.\ \textbf{BRACELET}\ \\$3,500,\textit{Tiffany & Co}; tiffany.com.

STILL LIFES, COURTESY OF THE DESIGNERS, PHOTOGRAPHS, FROM TOP, LICHFIELDIGETTY IMAGES, © PARAMOLINT/COURTESY OF EVERETT COLLECTION, RUINMAY, FROM TOP





1. NECKLACE \$1,470, Bulgari; (800) BVLGARI. 2. BERET \$590, Saint Laurent by Hedi Slimane; ysl.com. 3. BAG price upon request, Louis Vuitton; (866) VUITTON. 4. BLAZER \$990, Philosophy di Lorenzo Serafini; (310) 652-9000. 5. PANTS \$1,460, Marni; marni.com for stores. 6. BOOTS \$555, Stuart Weitzman; (212) 750-2555. 7. WATCH price upon request, Bulgari; (800) BVLGARI. 8. RINGS from \$1,250 each, Pomellato; pomellato.com. 9. BAG \$1,290, Salvatore Ferragamo; (866) 337-7242. 10. SHOES \$1,150, Fendi; (212) 897-2244. 11. SUNGLASSES \$455, Alexander McQueen; alexander mcqueen.com for stores.



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Capture Last Tango in Paris actress Maria Schneider's androgynous sex appeal

1. VEST \$198, Alexa Chung for AG; agjeans.com. 2. TOP \$1,070, Marni; modaoperandi.com. 3. SUNGLASSES \$650, Cutler and Gross; cutlerandgross.com. 4. BAG \$3,490, Lanvin at Bergdorf Goodman; (212) 872-2555. 5. RING price upon request, David Webb; davidwebb.com. 6. JACKET \$2,990, Rodarte at Curve; (310) 360-8008. 7. SHOES \$1,095, Paul Andrew; nordstrom.com. 8. BRACELET price upon request, Cartier; (800) CARTIER. 9. BAG \$1,990, Chloé; chloe.com for stores. 10. BAG \$2,250, Gucci; gucci. com for stores. 11. WATCH price upon request, Cartier; (800) CARTIER.









HEARTS ON FIRE



Growing up, I was a huge tomboy. Now I love fashion and beautiful things. But I like to be comfortable. You won't find me walking around in high heels unless I'm going out.

My green notebook
is hny bible when
I'm working on a
project. I write
notes and questions
about my character
and the story, and
keep a to-do list.
I also take a lot
of Polaroid pictures.
I love the oldfashioned feel.

 $INSTAGRAM: @GAL_GADOT$

TOP: **NECKLACE** price upon request, *H.Stern*; (800) 8-HSTERN. LEFT: **DRESS** \$795, *Max Mara*; (310) 385-9343. **RING** \$340, *Jennifer Fisher*; jenniferfisherjewelry.com. APPLE WATCH & NECKLACE: COURTESY OF THE COMPANIES





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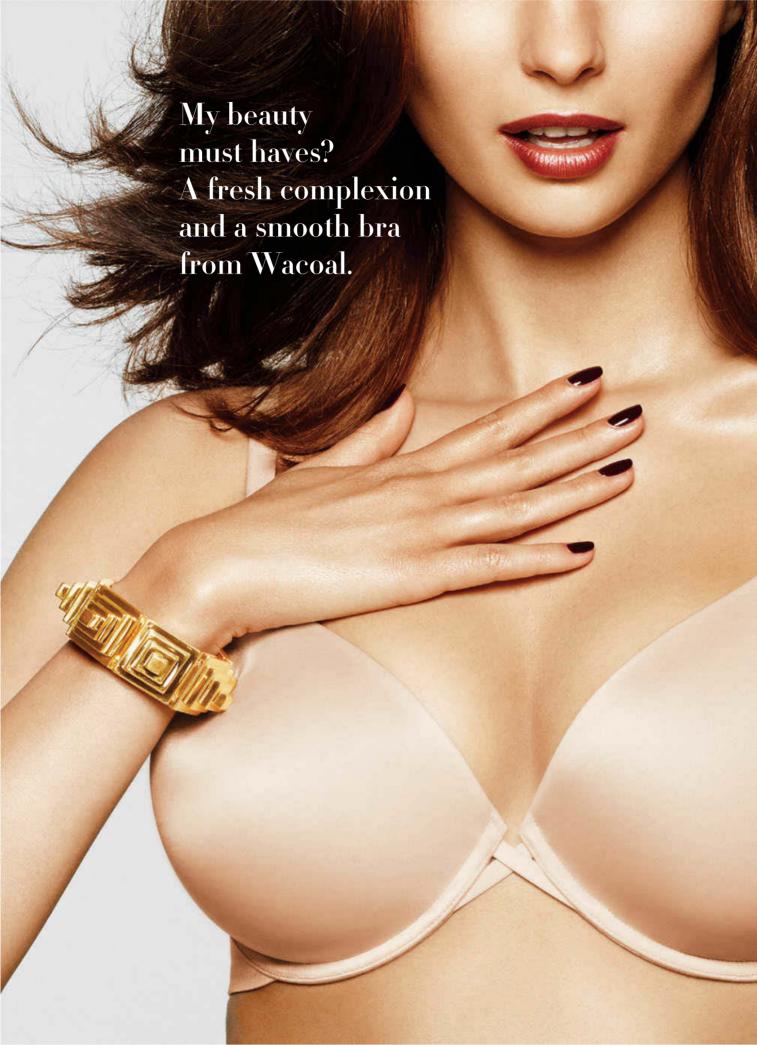
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PROJECT RUNWAY

BEHIND THE SEAMS

Take a closer look at the cast of Project Runway season 14, from homegrown talents to expat designers, all vying to "make it work!"

1. ASHLEY NELL TIPTON

AGE: 24 HOMETOWN: San Diego

NICKNAME:

Pumpkin **FAVORITE** DESIGNER:

Viktor&Rolf **GUILTY PLEASURE:**

Keeping Up With the Kardashians

FAVORITE FOOD:

My mom's cooking HOBBY: Makeup

2. BLAKE PATTERSON

AGF: 24 HOMETOWN: Chardon, Ohio FAVORITE DESIGNER:

Giambattista Valli

FASHION MOTTO: Bigger is better

DREAM COLLABORATOR: H&M

HIDDEN TALENT: I can milk a cow! **BIGGEST**

WEAKNESS: Being a perfectionist

3. AMANDA PERNA

AGE: 29 HOMETOWN: Delray Beach,

Florida CELEBRITY LOOK-ALIKE:

Shakira FIRST GARMENT EVER MADE:

FAVORITE FOOD:

Anything with truffles

HIDDEN TALENT: Singing and tap

dancing WORKROOM HABIT: Changing my

4. EDMOND NEWTON

designs

AGE: 37 HOMETOWN: Union, South

Carolina STYLE ICON:

Lenny Kravitz CELEBRITY LOOK-ALIKE: Common

JUDGE YOU ARE MOST AFRAID OF: God

HOBBIES:

Being outdoorscamping and fishing

5. DAVID GIAMPICCOLO

AGE: 30 HOMETOWN:

Brussels

DREAM COLLABORATOR: Alexander Wang

GUILTY PLEASURE: Ice cream

SIGNATURE LOOK:

Luxury streetwear **PROUDEST** MOMENT:

Moving to America on my own

6. LINDSEY CREEL

AGE: 28 HOMETOWN: STYLE ICON:

Jean Seberg FAVORITE FOOD:

Sushi

HIDDEN TALENT: Awkwardly making people laugh

WORKROOM HABIT:

Überconcentration

FASHION MOTTO:

It works if you work it!

7. KELLY DEMPSEY

AGE: 31 HOMETOWN:

Monson

Massachusetts FIRST GARMENT

EVER MADE: A tinfoil skirt in fourth grade

SOURCE OF INSPIRATION:

90s hip-hop CLOSET MVP:

My fanny pack

HIDDEN TALENT: I'm a pool shark

8. CANDICE CUOCO

AGE: 27 HOMETOWN:

San Francisco

FAVORITE DESIGNER:

Alexander

McQueen CELEBRITY LOOK-ALIKE:

Uma Thurman in Pulp Fiction

SOURCE OF INSPIRATION:

Confident women





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FIRST GARMENT **EVER MADE:**

A dress I created by cutting up my dad's leather jacket

WORKROOM HABIT: Swearing

9. DUNCAN CHAMBERS-WATSON

AGF: 26 HOMETOWN:

Christchurch,

New Zealand GUILTY PLEASURE:

Coffee

FIRST GARMENT **EVER MADE:**

Shirt for the prom (best dressed. what up!)

HIDDEN TALENT: Card tricks

PROUDEST MOMENT:

Teaching a kid how

to tie his shoes at summer camp

10. LAURIE UNDERWOOD

AGE: 30 HOMETOWN: Chicago **FAVORITE**

DESIGNER: Victoria Beckham **FASHION MOTTO:**

Dress for the part you want

GUILTY PLEASURES: Snickers and

reality TV

HOBBY: Arts and crafts with my daughter

11. JAKE WALL **AGF:** 36

HOMETOWN: San Francisco STYLE ICON:

Miss Piggy SIGNATURE LOOK:

Crazy-loud, colorful kicks HIDDEN TALENT:

I can fix just about anything on a 1965 Mustang

PROUDEST MOMENT:

Opening the doors to my San Francisco flagship

12. JOSEPH CHARLES POLI

AGE: 37 HOMETOWN: San Diego

STYLE ICON: Tilda Swinton

SOURCE OF INSPIRATION: 1950s/1960s

HIDDEN TALENT:

My elbows, knees, and hips are double-jointed WORKROOM

HABIT: Loud music

13. SWAPNIL SHINDE

AGE: 33 HOMETOWN:

Mumbai, India CELEBRITY LOOK-ALIKE: Aladdin

STYLE ICON: Rihanna

FAVORITE **DESIGNERS:**

Gianni Versace and Alexander McQueen

BIGGEST STRENGTH: My kindness

JUDGE YOU ARE MOST AFRAID OF:

Nina Garcia

14. GABRIELLE ARRUDA

AGE: 27 HOMETOWN: New York City **FAVORITE DESIGNER:**

Simone Rocha

DREAM COLLABORATOR:

Riccardo Tisci **GUILTY PLEASURE:**

Caffeine HIDDEN TALENT:

I can do gymnastics on horses (vaulting) HOBBY:

Photography

15. MERLINE LABISSIERE

AGE: 32 HOMETOWN:

Savannah, Georgia STYLE ICON:

Solange Knowles GUILTY PLEASURE:

Thai yellow curry FIRST GARMENT **EVER MADE:**

A Haitian flagday outfit

SOURCE OF INSPIRATION: Architecture WORKROOM

HABIT: Singing and dancing

16. HANMIAO YANG

AGE: 26 HOMETOWN: Chengdu, China

NICKNAME:

Mushroom

FASHION MOTTO: Don't overthink it

FAVORITE DESIGNERS:

Givenchy and

Balenciaga DREAM

COLLABORATOR: Someone

homeless HIDDEN TALENT: Cooking







GUNN LAWS

Tim Gunn, Project Runway mentor and fashion guru, solves your style conundrums

LINF DRIVE

Designers seem to be reinventing the Breton stripe formfitting renditions at Isabel Marant, punk versions at Saint Laurent. and glittery ones at Sonia Rykiel. Can a girl ever have too many? (Thope not!) -Lydia, Oakland, CA

This is a staple that will never go out of style. Originally created to help sailors spot one another while out at sea, Breton stripes dark horizontal lines, usually no more than an inch wide, on a base of white, cream, or oatmeal (differentiating them from rugby stripes)—are wonderfully versatile. You can make them dressy or casual, riff masculine or feminine, mix in other patterns, and be playful or serious. So, can you have too many? No!



SKIRT \$98, *Ann* Taylor; anntaylor. Stella McCartney at Saks Fifth Avenue; (212) 753-4000. **SHOES** \$99, Nine West; ninewest.com



TIE ONE ON

Bow-tie blouses are big this season. How can I dress them up and down? —Hannah, Dallas

The style dates back to the 1800s, but Coco Chanel and Yves Saint Laurent famously rocked it in the 20th century. Today, think counterpoint: Your bottom half should balance out the neckline's volume. Wear it with wide-leg trousers or an A-line skirt for work. Or let the neckline peek out over a sweater and add some Mary Jane pumps, and you've got a librarian-chic look. A more casual pairing would be boyfriend jeans, flats, and a trench coat or leather jacket. Perfect for everyday.

BEST FOOT FORWARD

What are the three shoe styles I should invest in for fall? —Shaney, Washington, D.C.

There's a major shift happening in footwear right now. In the past, fashion felt synonymous with sky-high heels. But recently, designers have been all about the flat shoe. The latest crop is modern, fresh. and has an understated cool-almost like, "I'm so sophisticated I don't even need to rely on high heels." I would load up on three styles of flats for fall: a versatile slipon, a lug-soled Chelsea boot, and a sporty loafer. Cheers to more comfortable days ahead!



SLIP-ON



CHELSEA BOOT



LOAFER













BIG GIRL IN A SKINNY WORLD

Get a funky fashion groove on! Style blogger Nicolette Mason rounds up her favorite runwayready, '70s-inspired trends

I've never been one of those boho-and-beads fashion girls. Not my era, not my scene. But the looks that came down the fall runways-cognac suedes, fringed everything, and Hendrix-worthy denim-have me swooning. I'm especially thrilled that so many disco-era influences have been updated in figure-flattering silhouettes for day (swing dresses with tie belts à la Violeta By Mango) and night (Dance Fever body-cons by Rachel Pally White Label). The trick to pulling off an homage to the past? Rein it in with just one piece. Need some more Insta #inspo? Follow me @nicolettemason!



1. NECKLACE \$3,595, Celine Daoust; celine daoust.com. 2. BAG \$298, Vince Camuto: vincecamuto.com. 3. JACKET (up to size 4X), \$268, MYNT 1792; mynt1792.com. 4. DRESS (up to size 3X), \$308, Rachel Pally White Label; rachelpally.com. 5. **JEANS** (up to size 20), \$90, Violeta by Mango; mango.com. 6. SUNGLASSES \$10, H&M: hm.com. 7. BELTED DRESS (up to size 2X), \$140. Violeta bu Mango; mango.com. 8. BOOTS \$160, Aldo: aldoshoes com 9. BAG \$850, Tory Burch; toryburch.com.



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DENIM DEBUT

Riccardo Tisci held out for over a decade, but his women's resort lineup for Givenchy finally features denim. Though it's limited (jeans, boots, and a buttondown shirt, to be exact), it's expertly tailored, darkwashed to perfection, and paired with an electricgreen, leopard-print coat. Colorful, candy-like snaps added extra kick-and left us hungry for more. (Shirt, \$1,090, jeans, \$865, boots, \$1,395; givenchy. com for stores)

GOLD RUSH

Three years after debuting in silver, Hermès' showstopping Chaîne d'Ancre Enchaînée necklace is now available in yellow gold and includes a single strand covered in more than 2,000 diamonds. How's that for a gilty pleasure?

FASHION ALERT!

Style news you need to know now By CAROLINA O'NEILL



CLUTCH price upon request, Chanel; (800) 550-

> LEFT: Coco Chanel, with dancer Serge Lifar in 1933, frequented Paris' cafés, which inspired the house's fall show

FASHION PLATE

Leave it to Karl Lagerfeld to make fashion as deliciously satisfying as the meal on your table. The designer served up Chanel's fall collection French-brasserie-style, with models strolling through the Grand Palais (transformed to look like a charming Parisian corner café) in thick tweed, wool, and puckered-leather creations fit for the most glamorous of ladies who lunch. Capturing the mood in one fell swoop: a whimsical double-plate clutch. Who says you can't play with your food?





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Big Shots ON CAMPUS

HOW HARVARD BUSINESS SCHOOL
BECAME THE LAUNCHPAD FOR A NEW
WAVE OF FASHION AND BEAUTY MOGULS



WHO'S THE BOSS?
FROM LEFT: Nicole Sanchez, Vixxenn; Olga Vidisheva, Shoptiques; Amy Jain, BaubleBar; Liz Whitman, Manicube; Katina Mountanos, Manicube; Daniella Yacobovsky, BaubleBar; Katrina Lake, Stitch Fix

information, see Shopping Directory.

Conquering the WORLD 101

The secret's out: For the smartest, most ambitious women entrepreneurs in the world eyeing fashion and beauty moguldom, Harvard Business School is the only place to be

By LAUREN SHERMAN

Photographs by JOHN HUBA



t was a chilly Monday in December 2008, and Jennifer Hyman and Jennifer Fleiss, classmates at Harvard Business School, were meeting for one of their frequent lunch-hour brainstorming sessions to bounce business ideas off each other while they dug into their salads. Hyman had recently returned to Cambridge, Massachusetts, from Thanksgiving break in New York City, to visit her sister Becky, who had just shelled out \$2,000 for a beaded gown for a friend's wedding. "It put her into credit-card debt and was way more expensive than her rent," Hyman recalls. The sisters joked about renting out the dresses in Becky's

closet so that she could pay off her bills. Hyman thought it was interesting enough to share with Fleiss. "We thought, What if we had our own dream closet where we could access all of this amazing designer clothing that we'd both grown up loving and being obsessed with, and what if that was available for rent?" Hyman recalls. "It was a very loose idea. We never thought anything would actually come of it."

On a whim, the two classmates cold-e-mailed Diane von Furstenberg for advice. (The pair guessed her e-mail address.) To their surprise, she responded—in hot-pink, 28-point bubble font—inviting them to meet the following day. So on Tuesday, the pair climbed into Hyman's Ford Explorer and drove the



"These successful women before me, building new and novel businesses, helped me feel more confident."

KATRINA LAKE HBS '11, FOUNDER AND CEO OF STITCH FIX

four hours or so from Boston to New York, pit-stopping at a salon for blowouts. "We walked into DVF, and I introduced myself as the cofounder of Rent the Runway," Hyman says.

Nearly seven years and \$126 million in funding later, Rent the Runway (RTR) remains one of the fashion world's most renowned startups, with an estimated value of roughly \$600 million. For Harvard Business School (HBS), though, RTR represents much more than just another success story. Hyman and Fleiss and their iconic startup have become a billboard for a school that is fast becoming the epicenter of an entrepreneurial revolution in fashion and beauty. In addition to RTR, HBS (ranked second only to Stanford Graduate School of Business by *U.S. News & World Report* in 2015) has churned out some of those industries' biggest disrupters: Alexis Maybank and Alexandra Wilkis Wilson (both '04), founders

of the fashion flash-sale pioneer Gilt Groupe; Hayley Barna and Katia Beauchamp (both '10), the duo whose monthly beauty-goody subscription service, Birchbox, launched an army of copycats; and Katrina Lake ('11), founder of Stitch Fix, an online personal-styling and shopping service that's been dubbed the "Pandora of fashion." "I was inspired by all of them," says Olga Vidisheva ('11), founder of Shoptiques, an online marketplace for small boutiques. "I thought, *They can do that, so I can definitely do this, too.*"

"These successful women before me, building new and novel businesses, helped me feel more confident," adds Lake.

Vidisheva is among a number of ambitious HBS graduates hell-bent on becoming the next big thing, à la RTR. In the past eight years, HBS has spawned at least 18 fashion and beauty startups, nearly all led by women and targeting women, and which have raised an estimated \$600 million in aggregate. They include Vixxenn, a distributor of hair extensions; Tinker Tailor, a design-it-yourself clothing company; Glamsquad, for at-home makeup, hair, and manicure services; and Mink, a 3-D printer for makeup that promises to "irrevocably alter the way women shop for cosmetics."

HBS didn't always enjoy a reputation as a bastion for female fashion entrepreneurs. In 2013, *The New York Times* ran a controversial piece by Jodi Kantor exposing long-held frustrations by female students who'd felt overlooked and undervalued at the school. The feature also detailed efforts by Harvard University president Drew Gilpin Faust—the first woman to hold the title—and Nitin Nohria, the HBS dean she appointed, to redress the institutionalized gender rifts that saw women easily compete with men for prized admission to

HBS STARTUPS TO WATCH

TINKER TAILOR

The latest venture from Moda Operandi cofounder Áslaug Magnúsdóttir ('00, pictured at right) lets users customize designer looks, from adding sleeves to hitching up a hemline.

TATCHA

The geisha-inspired Japanese beauty brand founded by Victoria Tsai ('06) is sold in Sephora and Barneys New York. "Not a week goes by when I'm not tapping the HBS network." Tsai says.

MATERIAL WRLD

Former HBS '10 classmates Jie Zheng and Rie Yano launched their luxury consignment site with funding from Great Oaks Venture Capital (Warby Parker, Bonobos) and designer Steven Alan.





the school but flounder once they got there. Their correctives included hiring more female faculty; enlisting coaches to work with women reluctant to raise their hands in class; providing professors daily reports about whom they called on (to spotlight subtle gender biases); decreasing the emphasis on "case method," a teaching approach that graded students on individual class participation; and ramping up "field method," which factors in real-life problem solving in groups. In other words, you no longer had to be the loudest, most aggressive voice in the room to necessarily succeed at HBS. "I think it's a friendlier place," says Marcela Sapone ('14), who along with classmate Jess Beck cofounded Alfred, the on-demand "butler service" that last year won the ultra-prestigious TechCrunch Disrupt startup competition in San Francisco. "Every day, professors get reports on their gender balance, if they've called on this many men versus this many women. [HBS] made a really big push for it."

Ask around campus and second-year HBS candidates will likely point you to a handful of professors who provide lowkey but formative mentorship to female moguls-in-the-making. Among them: Anita Elberse, who specializes in media and entertainment marketing and is one of the youngest female professors to be tenured at HBS; Youngme Moon, head of the MBA program, who won plaudits for sending over 1,800 HBS students a candid five-page response to the Times article ("Is it possible for a place to be both magical and deeply imperfect. at the same time?"); and Frances Frei, a leadership expert who coauthored the customer service bible Uncommon Service: How to Win by Putting Customers at the Core of Your Business. "Women come to me disproportionately," Frei confesses. "I really encourage them to go with their passion, where they see a nagging pain point."

HBS also boasts a small, influential group of patrons who've helped launch the startups of several graduates, including Hollywood power agent Ari Emanuel, who also owns IMG, the agency that runs New York Fashion Week. Emanuel is now an investor in Shoptiques. "He started from modest beginnings and he's had the guts, talent,



HBS STARTUPS TO WATCH

KEATON ROW

Cheryl Han ('11) and Elenor Mak ('07) launched this site. which pairs fashion stylists with busy working women in need of wardrobe guidance. In December 2014, Keaton Row raised nearly \$9 million in funding

MINK

Imagine printing your own eyeshadow at home. That's the groundbreaking premise behind Mink, a \$300 desktop 3-D printer for custom cosmetics founded by Grace Choi ('13)

BIKYNI

The former chief operating officer of fashion label Reformation, Jude Al-Khalil ('10) launched this online mix-and-match swimsuit site dubbed "the Warby Parker for bikinis.

PEACH AND LILY

According to Fast Company, a quarter of all customers of this Koreansourced beauty product site founded by former consultant Alicia Yoon ('10) repeat purchases within 90 days-an industry record.

and acumen to build a huge business from nothing," Vidisheva says of Emanuel. "I love that he wants Shoptiques to be a multibillion-dollar company."

Chris Burch, Tory Burch's ex and cofounder, led a \$10 million investment in BaubleBar, while Ben Lerer, cofounder of Thrillist Media Group and a managing partner at Lerer Hippeau Ventures, has invested in Birchbox, BaubleBar, and Glamsquad. "Fashion and beauty are spaces that are ripe for disruption," says Lerer.

HBS' proximity to New York City—the heart of the beauty and fashion industries-has been a boon for its female entrepreneurs, who say it's easier to launch a business in New York, build a critical mass, and then fly out to Silicon Valley for funding than it is to initially launch a company out West. "If you're a female founder, you go to Harvard Business School," declares Sapone, the Alfred cofounder. "Then you move to New York because women can't get funded in Silicon Valley for beauty and style."

Women run only 10 percent of all venture-capital-backed startups, but of those founded by recent HBS graduates, 25 percent are female-led, according to HBS professor Tom Eisenmann of the Rock Center for Entrepreneurship. Still, it's a slog. That's because venture capitalists (VCs) have historically overlooked startups targeting women customers. "Fantasy sports is easier to fund than fashion, because it represents something that a lot of the guys on Sand Hill Road [the stretch where the valley's top VCs are headquartered] grew up with," says Ed Zimmerman, a lawyer who also runs FirstGrowthVC, a Manhattan-based accelerator program that provides mentoring and funding contacts for "high-potential" startups. FirstGrowthVC has incubated several HBS-led startups, like Birchbox, BaubleBar, and Keaton Row (see sidebar at left).

Sexism runs so deep in Silicon Valley that RTR's Hyman says when she pitched VCs as recently as last year, seeking a fourth round of funding, a partner from a top-tier firm stopped her midway through her presentation to ask for the definition of the word accessory. "I didn't even know how to respond," Hyman said. "If this guy doesn't even know what an accessory is, how is he going to understand what my business





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is even about, and why it matters?"

Not surprisingly, HBS' female entrepreneurs have themselves become a tight-knit network, their own ad hoc incubator. "With a lot of these HBS grads, when they were getting started, Gilt was already a big company, and I helped them," says Wilkis Wilson, who left Gilt last summer to run Glamsquad, the at-home makeup and blowout service she cofounded. "Now, Glamsquad is at a much earlier stage, so I've reached out to them for partnerships, ideas, and suggestions. I really do believe what

"We still seek advice and mentorship from these badass women."

ELIZABETH R. WHITMAN

HBS '09, COFOUNDER OF MANICUBE



goes around comes around, and we're creating this very cohesive ecosystem of entrepreneurship coming out of a school that historically was not recognized for entrepreneurship."

In 2012, when Manicube, the manicure-at-work service founded by HBS graduates Elizabeth R. Whitman ('09) and Katina Mountanos ('08), was looking to grow its business among corporate clients, Gilt was the first to say yes. And when Amy Jain and Daniella Yacobovsky (both '10) quit their corporate jobs and moved to New York to start BaubleBar in 2011, they met regularly with RTR's founders and bummed space from Alexa von Tobel, an HBS dropout who founded LearnVest, a personal-finance site for Millennials. (In March, LearnVest sold to Northwestern Mutual for \$250 million.) "They were willing to sit down with us if we had questions about anything," Jain says. "It was comforting."

Not that all the support is informal. Last year, Barna, Beauchamp, Lake, and Maybank all joined the Female Founders Fund, whose mission is to help fund female-led startups. One of their first investments? Manicube. Says Whitman, "Three years into our business, we still seek advice and mentorship from these amazing, badass women." mc

"We never thought anything would actually come of it."

JENNIFER HYMAN HBS '09, COFOUNDER OF RENT THE RUNWAY







#GIRLBOSS RULES

IN THE WAKE OF A CHALLENGING YEAR, NASTY GAL FOUNDER **SOPHIA AMORUSO REFLECTS ON** ALL THAT SHE'S LEARNED

lot has changed since I wrote #GIRLBOSS two years ago. We made record-breaking revenues. Nasty Gal grew so fast it became the Tower of Babel. We went through layoffs for the first time. I turned 30. Then I turned 31. We opened two brick-and-mortar (#brickandmurder) stores in Los Angeles. My hair is long! I'm an adult with braces! Most important, I got married.

About those layoffs ... we started to feel the hard times only after my book went to press. One hundred million in revenue is a lot of money-but companies much larger have gone extinct.

The concept of success is really weird. Is success building a beloved brand and business? Or is it how you handle yourself when it gets hard? Is success being in the right place at the right time—with the right voice, skill set, team, and drive to cobble it all together? Or is success figuring out how to tame the behemoth once it sprouts legs and sharp teeth?

They say that when you have a kid, it feels like your heart is outside of your body-you can't imagine sending her off to school with the threat that she might get hit by a car or bullied by some asshole. But you have to, because that's what growing up is all about. That's how I feel about Nasty Gal. My whole future is in this brand—but at the end of the day, I can only give it a kiss on the head and a PB&J while standing at the front door. It's still not fully baked. Its success depends on the resilience, fortitude, and ingenuity of the team more than any one skill that I possess.

The older I get, the less confident I become. There's simply more to lose. It's really weird to be in your 20s and have a company that's valued at hundreds of millions of dollars, implying to the outside world that I'm "worth" a lot of money. But nearly everything I've earned is locked up in this beautiful, inspiring, evolving business I gave birth to nearly 10 years ago.

At some point along the way, I realized that the people who were there at the beginning may have busted their asses and been super-loyal, but for some, that loyalty was to a version of Nasty Gal as it was then; not necessarily what it promises to be in the future. Sometimes people want to drag you into the past, are unwilling to change, and stand in judgment of the decisions you make when they have even less information than you do.

I inherited the CEO title by nature of having founded the company. But I've realized that I am best at leading the Nasty Gal customer. My strength has always been in talking to her. In January, I appointed a new CEO (Sheree Waterson, formerly of Lululemon), a really amazing woman who wakes up every day to lead and inspire our team. Success is about playing to your strengths.

So what have I learned? What's in the future? Consider me halfbaked. Just peeling back another layer of the onion every day. As I wrote in my book: You shouldn't idolize anyone. And I'm telling you again, don't idolize me. I don't know shit. Neither do your parents. But if I can pull this off, so can you. Take that and run with it.

Excerpted from the paperback edition of #GIRLBOSS by Sophia Amoruso (on sale September 29, 2015) in agreement with Portfolio, an imprint of Penguin Publishing Group, a division of Penguin Random House LLC. Copyright © Sophia Amoruso, 2015.

Need some work advice?

Ask the GirlBoss on Twitter @marieclaire (#GIRLBOSS), or e-mail girlboss@marieclaire.com.



BERGDORF GOODMAN

NEIMAN MARCUS

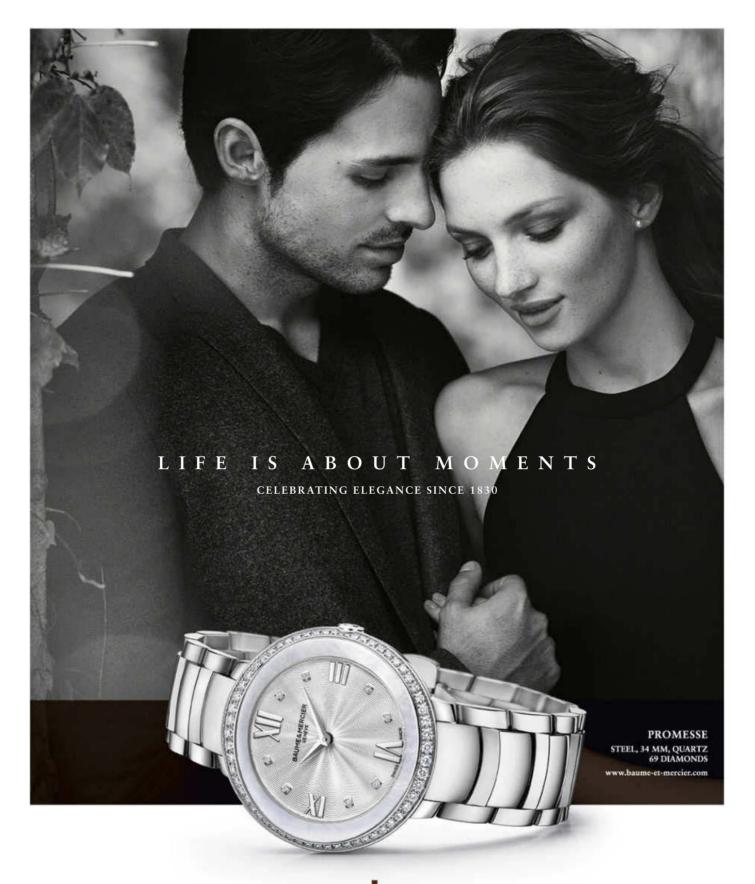
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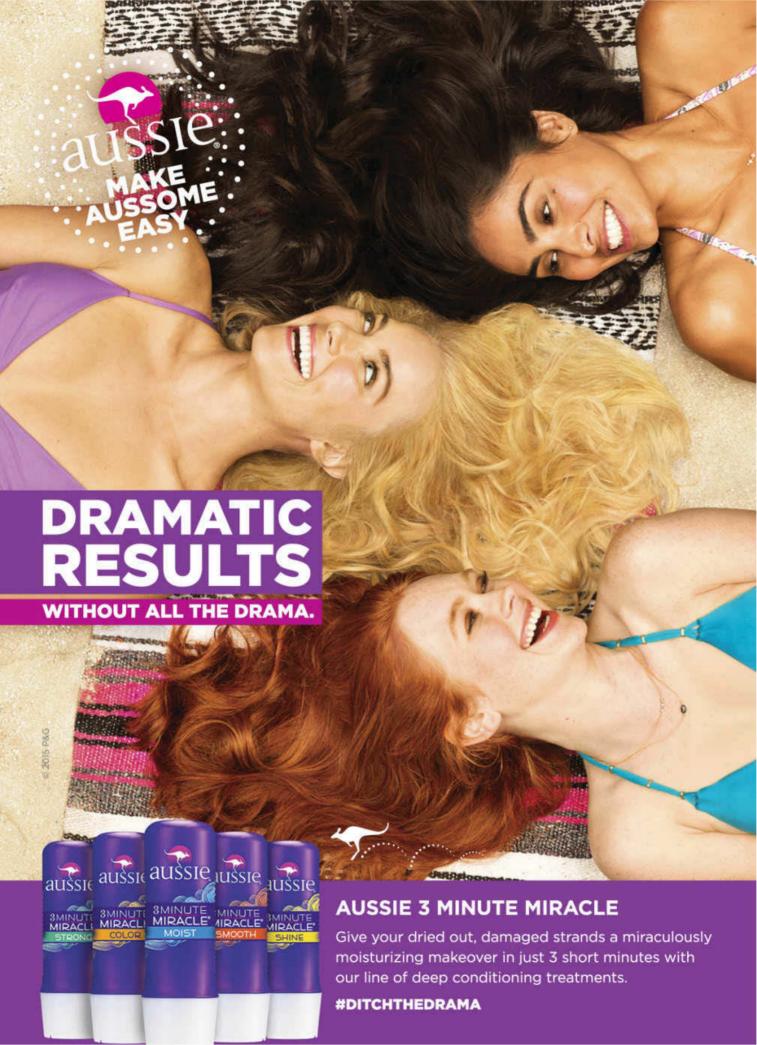




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THIS ULTIMATE CHARGING DOCK DOUBLES AS A TOUCH LAMP. $MiTagg\,NuDock\,Power\,Station$ Lamp, \$249; mitagg.com.

BIG **PICTURE**

OWN THE ROOM THANKS TO THE PORTABLE TOUCH-SCREEN PROJECTOR AND WI-FI HOT SPOT. ZTE Spro 2 Smart Projector, \$360; att.com.

ROCK



Gear up for greatness with game-changing gadgets that help you rule all your domains. Here's to #winning this season by JENNA BLAHA

GO FROM WORK TO WEEKEND WITH A WATER-RESISTANT SPEAKER DESIGNED TO ACCOMPANY YOU ANYWHERE. ${\it Ultimate \, Ears \, UE \, Roll \, wireless \, Blue to oth}$ speaker, \$100; ultimateears.com.

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DIAL IT UP, ALWAYS, WITH THE WIRELESS SPEAKER AUDIOPHILES SAY DELIVERS THE BEST SOUND IN THE WORLD. PERIOD. Devialet Phantom wireless speakers, \$1,990; devialet.com.

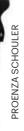


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MOGUL NTENANCE

Meet three highfliers who rack up serious miles for work—and find out how they get out the door ready to conquer the world By GINA WAY

the H₂O ENTREPRENEUR

MY MORNING ROUTINE







NECESSARY INDULGENCES

LASH EXTENSIONS

This is my big time-saving secret. I have my lashes redone every few weeks, and they look completely natural. No mascara necessary.

NYC TRAVEL SECRET

I've been going to aesthetician Karina Freedman, in Manhattan, for over seven years. She's my guilty pleasure, and I always find a reason to see her when I'm in New York, whether it's for an amazing facial or my lash extensions

FAVORITE FRAGRANCE

Byredo Parfums Mojave Ghost is to die for. It's a sandalwood, amber-v floral that reminds me of the Arizona desert where I grew up.

RED-EYERX

I travel for business a lot, and when I get off the plane, I head straight to an early-morning Barry's Bootcamp or SoulCycle class. This kicks me into gear and energizes me even when I'm exhausted.

5:15 AM WAKE-U

FIRST I DRINK a strong latte, and then I head out with my two Labradors to run the trails in Marin Headlands right behind my house.

7:15AM

After I drop off my oldest daughter at the bus, I come back to get ready. I jump in the shower and use Jo Malone London Vitamin E Body Treatment Scrub. Because I get regular blowouts at Blo, a blowdry bar near my office, I don't deal with my hair at all.

7:20am

I wash my face with Biologique Recherche Lait VIP O2, followed by the brand's Lotion P50 exfoliator, morning and night. I swear by this line to balance my skin and keep it clear. I'm a fair-skinned redhead and ultra-conscious about protecting my skin, so I apply EltaMD UV Aero Broad-Spectrum SPF 45 spray to my face and body every day.

KARA GOLDIN

The founder and CEO of Hint Water started the flavored-water company 10 years ago when she wanted to kick her soda habit. Now she and her husband are running the multimillion-dollar beverage business in San Francisco.

7:40am

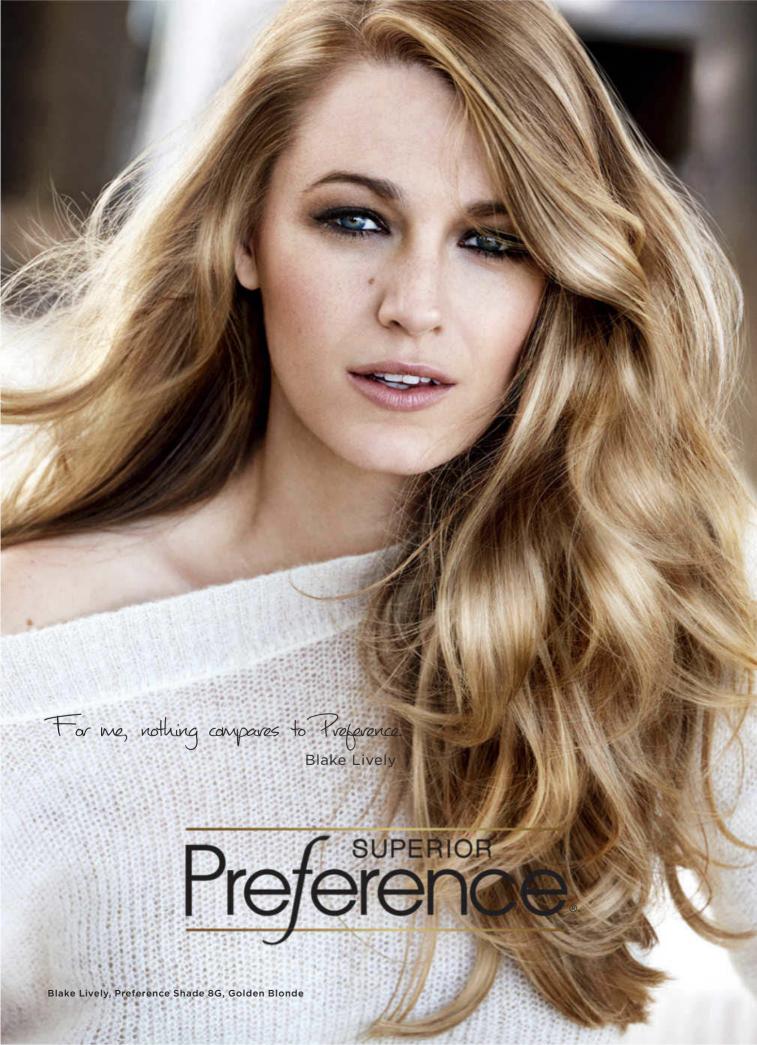
Using just one makeup line makes my life easier. It's always Clé de Peau Beauté Radiant Fluid Foundation SPF 24, with the brand's natural Eye Color Quad and blush. On my lips, I sometimes wear Hint Watermelon Lip Balm or Chanel Rouge Double Intensité Ultra Wear Lip Colour in Intense Beige.

8_{AM}

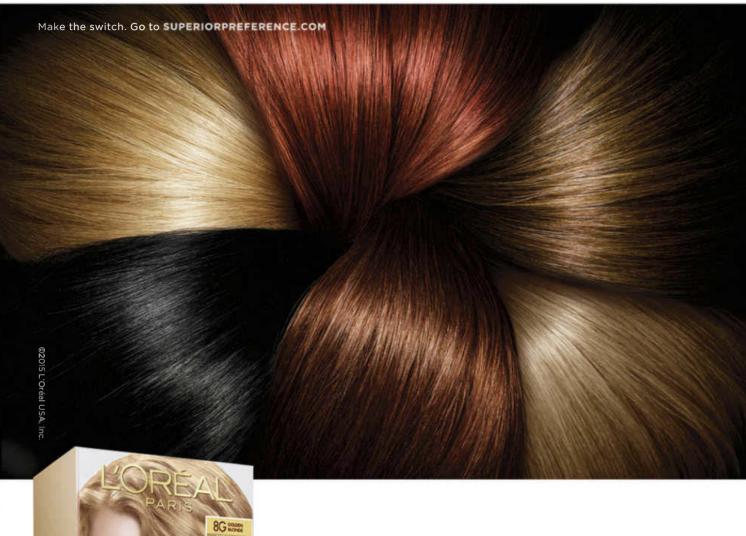
Breakfast is often a smoothie that I make to-go, with fresh kale, banana, and apple. Then the family piles in the car, and my husband and I drop the other kids off at school before we drive to work.



1. BIOLOGIQUE RECHERCHE Lait VIP O2, \$61. 2. CLÉ DE PEAU BEAUTÉ Eye Color Quad in 211 Peach Brown, \$80. 3. JO MALONE LONDON Vitamin E Body Treatment Scrub, \$90. 4. BYREDO PARFUMS Mojave Ghost Eau de Parfum, \$220. 5. CHANEL Rouge Double Intensité in Intense Beige, \$36. 6. ELTAMD UV Aero SPF 45, \$31



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the GLOBAL FASHIONISTA

MY MORNING ROUTINE



The London-based president of Net-a-Porter is responsible for the strategic direction of the retail business. She also oversees content on The Edit, Net-a-Porter's digital magazine, as well as the company's social shopping app, Net Set.



THE IDEA OF getting up at 6 is a bit grim. For me, 6:05 is more bearable, and I don't believe in snooze buttons. I check e-mails and the Women's Wear Daily and The New York Times headlines, and then I exercise. I either go to a class at Ten Pilates, run along the Thames, or work out at home.

6:45AM

Coffee goes on, and I jump in the shower. I wash my face with Skinesis Rapid Radiance Cleanse by Sarah Chapman, a London facialist, and use Aesop A Rose By Any Other Name Body Cleanser. Post-shower, I put on Kiehl's Creme de Corps.

7:30am

I have family breakfast with my husband and two kids. I don't love breakfast, but I know it's important, so I'll either have eggs and toast or pink grapefruit.

7:45am

I wash my hair every other day with Rahua Shampoo and Conditioner, and I can blow it out in less than

12 minutes. Afterward, I might use a little Original & Mineral Frizzy Logic Shine Serum on the ends, or Oribe Dry Texturizing Spray to give it some oomph.

8_{AM}

I apply Sarah Chapman's Skinesis Age-Repair Serum and Dynamic Defense SPF 15, and then put on makeup. I don't wear a ton, but I need eyeliner. I love Charlotte Tilbury The Feline Flick eyeliner pen along the top lashlines, and her Rock 'N' Kohl pencil on the bottom. I put Nars The Multiple in Portofino on my cheeks, which makes me look like I'm on holiday. I'm not a huge lipcolor girl: It's either lip balm or Bobbi Brown Lip Gloss in Buff. I highlight my cheekbones and eyelids with Hourglass Cosmetics Ambient Lighting Palette.

8:15am

I walk the kids to school, come home, check my schedule and e-mails, and change into heels. Then I hop in the car and go to work.





NECESSARY INDULGENCES

BATHTIME

3

I love a relaxing bath in the evening or on the weekend, and use Aromatherapy Associates Deep Relax Bath & Shower Oil or Bamford Rose Bath Oil.

NIGHTLY SKINCARE

After washing my face Lexfoliate with Zelens PHA+ BioPeel Resurfacing Facial Pads and moisturize with Alexandra Soveral Midnight Oil, an amazing product by another London facialist.

TRAVEL ESSENTIALS

I use an SK-II Facial Treatment Mask the night before I fly, then again when I land, to keep my skin hydrated, I bring This Works In Transit Spray-On Moisture on the plane, as well as This Works In Transit No Traces cleansing pads, to freshen up in-flight.

SIGNATURE FRAGRANCE

I've worn Frédéric Malle Carnal Flower for years. It's a green floral with eucalyptus and tuberose, but it's not overly sweet. It's just me-I love it.

1. EDITIONS DE PARFUMS FRÉDÉRIC MALLE Carnal Flower, \$365. 2. AESOP A Rose By Any Other Name Body Cleanser, \$25

3. RAHUA Shampoo, \$32. 4. AROMATHERAPY ASSOCIATES Deep Relax Bath & Shower Oil, \$65. 5. BOBBI BROWN Lip Gloss in Buff, \$25. 6. CHARLOTTE TILBURY The Feline Flick Pen in Panther, \$30. 7. CHARLOTTE TILBURY Rock 'N' Kohl Eye Pencil in Bedroom Black, \$27.





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the VENTURE CAPITALIST

MY MORNING ROUTINE





JALAK JOBANPUTRA

The founder and managing partner of FuturePerfect Ventures, which invests in tech startups, is based in NYC. There, she sits on the board of Center for an Urban Future and advises the city's mayor on innovation.

I MEDITATE for five to 10 minutes after I get up. It centers me and clears my head before my day begins.

7:45am

I scan the news on Twitter and drink a cup of hot water with fresh lemon and ginger. It's soothing and helps hydrate and detoxify the body.

8:10am

After a quick shower, when my skin is still slightly damp, I put on Pratima Love Oil, a blend of rose, lavender, and sweet almond oil. It keeps my skin hydrated better than lotion does.

8:15AM

I check e-mails and have a latte with almond syrup while I make breakfast: Greek yogurt with fresh blueberries and wildflower honey.

8:25AM

To cleanse my face, I dampen a cotton pad with Roberts Rose Water and wipe that over my skin; then I moisturize with a few drops of By Terry Huile de

Rose Nutri-Regenerating Firming-Lift Oil. Next, I apply TiZO2 Facial Mineral Sunscreen SPF 40, which is so lightweight that I never break out.

8:30am

I've got my makeup routine down to five minutes: Guerlain Terracotta Joli Teint Foundation and then YSL Volume Effet Faux Cils Mascara in Fascinating Violet, a purple that makes my dark eyes pop. I then sweep Kevyn Aucoin The Eye Pigment Primatif in Titian on my lids to add a little sparkle around my eyes. My lipcolor is usually Chantecaille Brilliant Gloss in Mirth, a natural peach. For more drama, I'll do Nars Velvet Matte Lip Pencil in Cruella.

8:50 AM

NECESSARY INDŪLGENCES

WEEKLY

BLOWOUTS This cuts my showering and hairstyling time way down in the morning. I'll either schedule an at-home appointment with Glamsquad or hit a convenient Drybar.

NIGHTTIME SKIN FIX

I use Boots Superfacialist by Úna Brennan Rose Hydrate Miracle Makeover Facial Oil to remove makeup and cleanse my face. Then I swipe a Cane+Austin Retexture Pad over my skin to keep it clear, and put on Medik8 Hydr8 B5 Skin Rehydration Serum to moisturize.

DIY FACIALS

To brighten my complexion, I exfoliate every other day with pure sandalwood powder from India that I mix with a little water.

TRANSPORTING SCENTS

Mv davtime fragrance is Heeley Ophélia, a floral with an edge that I found in Paris. At night, I wear Serge Lutens A La Nuit, a rich jasmine with honey, clove, and musk.



TERRACOTTA

I get dressed and leave for my office in Soho, a 10-minute walk from my apartment. I try to walk as much as I can for exercise. That's the advantage of living in NYC.

1. BY TERRY Huile de Rose, \$106. 2. YVES SAINT LAURENT Volume Effet Faux Cils Mascara in Fascinating Violet, \$32. 3. PRATIMA Love Oil, \$28. 4. ROBERTS Florentine Rose Water, \$10. 5. NARS Velvet Matte Lip Pencil in Cruella, \$26. 6. GUERLAIN Terracotta Joli Teint Foundation in Natural, \$53. For information on where to buy, see Shopping Directory.



Marie Claire's monthly concoction of all things you will be trying, sharing, shopping, and talking about



Skullcandy Women's Knockout Headphone

Wearing guys' headphones is like wearing guys' jeans. Doable but the fit might be off. The Knockout is a great sounding headphone with a specifically designed headband, Pureclean™ ear pads, and custom-tuned acoustics for her. Foldable design and detachable cable fit perfectly in the lux travel wristlet for unmatched portable style.

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skullcandy.com/shop/knockout-floral



Flights of Fancy

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Estore-US.Pandora.net.





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janeiredale.com



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#CAREERHACKS

We hit up the experts for answers to your thorniest real-life work questions. Here's what they won't teach you in business school

By LANE FLORSHEIM

LOOK MEETING-READY AFTER A WORKOUT

ERIKA SZABO, Louis Licari master colorist

Avoid the questions from coworkers about your damp locks by prepping hair beforehand, says Szabo. Skip the ponytail in favor of a loose bun, which will give you easy, postexercise waves. And afterward, apply a dry shampoo to soak up excess moisture in lieu of washing hair. "Sweaty hair isn't dirty hair!" says Szabo.

GET YOUR NAME ON AN "UNDER 30" LIST

GLYNNIS MACNICOL, TheLi.st cofounder

It's not as hard as you think, admits MacNicol, cofounder of the women's networking group, who helped compile this year's Forbes 30 Under 30 media rankings. You must be visible, she says, so volunteer for panels and write pieces for sites like Medium and HuffPo. "You are your own PR person," MacNicol adds. Get a website (with a great headshot), and when nominations open, hit up contacts to submit you. Or do what guys do without a second thought: Nominate yourself.

IMPRESS ANYONE IN FIVE MINUTES OR LESS

LINDSAY SHOOKUS. Saturday Night Live producer

Start with a smile. "Warmth is magnetic," says Shookus. Listen and try to incorporate what you're hearing back into the conversation. "If I say my daughter's name and you repeat it back to me, there's something thoughtful about that."

PULL AN ALL-NIGHTER: ROCK IT THE NEXT DAY STACEY SAMUEL,

news producer

First, make detailed to-do lists, says the veteran news producer, who pulled five back-to-back allnighters at the Democratic National Convention in 2012. Be sure to eat cleanly (no junk food!) and apply makeup more liberally than normal. "It's my war paint," Samuel says. "The less sleep I've gotten, the better I look."



GET AWAY WITH BEING A BIG PERSONALITY **AT WORK**

SALLYANN SALSANO, reality-TV show producer

The truth, says Salsano, best known for producing MTV's Jersey Shore, is that it's OK for people to think what they want about you at work-so long as you kick ass. Rock stars are given latitude when it comes to crazy demands because they deliver the goods. "My personality matches how much I put in," Salsano says.

KEEP IT TOGETHER WHEN SHIT HITS THE FAN

GIANNA TOBONI, Vice producer and correspondent

It often does for Toboni, who's reported about everything from illegal surrogacy in Delhi to rape on American college campuses. Nobody makes a smart decision in a panic, she says, so the trick is to take a moment to stay calm, do nothing, and think. "Reacting loudly gets you nowhere."

GET RETWEETED 1.000 TIMES

TRACY CLAYTON, Buzzfeed staff writer

The most reliable method for generating Twitter love: wit. "The point of Twitter is to be short. defined, and sharp," says Clayton (@brokeymcpoverty), who has over 34.000 Twitter followers and often posts funny cat and Kardashianthemed GIFs. Your kooky hashtags also have potential to go big, like the time Clayton went viral by imploring her followers to "#LiveTweetYourPeriod." (Really!)

LAUNCH A COMEBACK

PAYAL KADAKIA, ClassPass CEO and cofounder

In just two years, Kadakia resuscitated her fitness-class network into buzzy startup ClassPass. She did it by embracing criticism. "We tweaked the product a lot," she says, noting gripes that customers weren't getting enough bang for their buck. (She responded by offering an unlimited monthly pass.) 'Challenges are opportunities."

FIND A VOLUNTEER GIG THAT ALSO BOOSTS YOUR RÉSUMÉ

SUSAN MCPHERSON,

Leverage your skills, says McPherson, who advises companies like Intel on social good. Why hand out flyers when you're a killer Web developer? Don't be shy about asking your favorite group if it needs help. "A nonprofit isn't going to miss out on someone who has the time, passion, energy, and network.

ACHIEVE INBOX ZERO RANDI ZUCKERBERG

Zuckerberg Media CEO

If you've got thousands of e-mails languishing in your inbox, it's time to take control. Zuckerberg, who authored Dot Complicated: Untangling Our Wired Lives, commits at least an hour every day-in one sitting-to ruthlessly deleting e-mail. "Snacking-what I call being on your e-mail at all times—never really accomplishes anything," she says.





MOVE OVER, LATE-NIGHT DUDE-FEST. AND MAKE ROOM FOR THE QUEEN BEE! WE CAUGHT UP WITH FORMER DAILY SHOW RIOT GIRL **SAMANTHA BEE**—WHO'S GEARING UP FOR HER NEW LATE-NIGHT SHOW FOR TBS, SET TO AIR NEXT YEAR—TO GET HER TIPS ON OWNING YOUR AMBITION, **BEING THE BOSS, AND KNOWING** WHEN IT'S TIME TO JUST GO FOR IT

BREAKOUT MOMENT "I was about two steps away from giving up on comedy and acting completely when I got hired by The Daily Show in 2003. I enjoyed my audition. I was like, This is the ultimate audition. I've done the best job that I'm physically capable of doing, and if I don't get the job, then I'm not made for this business. And then everything changed."

WHAT I LEARNED FROM THE DAILY SHOW "If you provide a hot lunch for your staff, they'll be yours forever. Also, you should know what people's aspirations are and try to help them achieve their goals. For example, if you're hiring someone to be a researcher, and what they really want to be is totally different, they'll work so much better if they know they have a chance of achieving their goal. It's really important to harvest people's creativity."

> WHAT I'M MOST PSYCHED FOR "I loved working on The Daily Show, but it's really exciting to follow my own vision. I always loved Jon Stewart's vision of things, but I think I can broaden it a bit. I'm just excited to be the boss."

HOW I EARNED MY FIRST DOLLAR "As a child, I earned money from my mother for not watching television. She promised me a dime for every half hour I didn't watch television during the day."

FIRST "REAL" JOB "I worked as a part-time bank teller when I was 14. I don't even know how it was legal for them to hire me. They shouldn't have; I was terrible! I spent all my money on cheesecake for lunch."

BEST CAREER ADVICE "Act like you know what you're doing. It completely says everything to me. You can't be too self-effacing in front of other people."

> ALPHA BREAKFAST "I always eat the same thing: eggs scrambled with broccoli and onions. Every day. I mean it, every day. My husband (fellow Daily Show alum Jason Jones) is like, 'I can't.' But it's my favorite."

EARLY IN MY CAREER, I WISH SOMEONE HAD TOLD ME ... "That it is OK to be ambitious. It took me a really long time to learn how to be ambitious."

> WHAT I'M READING NOW "Jon Krakauer's Missoula. It reads really well for a book about college rape, which is so horrible. I am definitely going to pay it forward and pass it along."

ON A DAY OFF, I ... "I never really have a day off, actually. Even though I kind of make my own hours, I've been working harder than I ever have in my life. When we have time, my husband and I go to upstate New York. We sit and stare into space."

AFTERNOON PICK-ME-UP "I really want to say an orange, but that's not true. I love chocolate-covered almonds."

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TRENDS, NEWSMAKERS, CONVERSATION STARTERS WHAT INFORMED, SAVVY WOMEN NEED TO KNOW NOW



UNITED STATES LIFE OF THE PAR

In a viral video clip filmed in the wake of this summer's historic gay-marriage ruling, Republican political commentator **S.E. Cupp** issued a stiff challenge to members of the GOP: Reform or become relics

By KAYLA WEBLEY

ON JUNE 26, as the nation was reacting to the Supreme Court ruling that effectively legalized same-sex marriages, conservative political commentator S.E. Cupp, 36, was at CNN's Washington, D.C., headquarters preparing to go on-air. When the camera cut to her, she was noticeably overcome with emotion from watching gay-marriage supporters celebrate the decision in front of the court. "These people are not pariahs," she said, with tears in her eyes. "They're patriots." She continued, daring members of her party, who she said would become relics if they don't shift their thinking on the issue, to "look at their faces ... and ask yourselves if they deserve the same dignity that the rest of us get to enjoy." Here, Cupp discusses her viral moment.

MARIE CLAIRE: Why did you react that way?

S.E. CUPP: I was just a human being in that moment. I like to think I'm a pretty professional person, but it's hard to look at the faces of those families and not see the joy in their eyes and feel happy for them that they get to enjoy the life that many of us tend to take for granted.

BY THE

IT'S BEEN 20 YEARS THIS MONTH SINCE HILLARY CLINTON MADE HER FAMOUS GENDER-EQUALITY SPEECH IN BEIJING. NUMBERS: HERE'S WHAT'S CHANGED FOR WOMEN IN THE YEARS SINCE: FEMALE CEOS OF FORTUNE 500 COMPANIES

THEN: 0 NOW: 24



MC: Have your differences with the party ever made you question your loyalty?

SEC: No, I am very secure in my beliefs. I'm pro-life, progun, for limited government and lower taxes. But I've always thought supporting gay marriage was, in fact, a deeply conservative thing to do. If we support marriage as economically stabling and socially empowering, why wouldn't we want more people to enter it?

MC: Does it concern you that many of the **GOP** candidates for president in 2016 issued statements opposing the ruling?

SEC: I'm not surprised—I don't expect hearts and minds to change overnight. ... Many Republicans have come out in the past couple of years in support of gay rights. Maybe it will take awhile to get to the presidential level—like it did in the Democratic Party-but I'm very encouraged.

MC: Has the party's position on marriage hurt its standing with young people?

SEC: Absolutely. I hear all the time from young people who say, "I would be conservative if it wasn't for gay marriage." They say, "I know too many gay people to be part of a party that thinks there's something wrong with them." ... I don't want my party to become obsolete, especially when we have so much to offer to young people.

MC: Do you worry about opposing your party in such vocal ways?

SEC: I enjoy challenging my party to think differently about things. There's always a little backlash, but I recover just fine. They haven't asked for my conservative card back yet!

LOVE SHACKS

Romance meets real estate in Tokvo

COULD YOUR LIVING

space be the key to finding love? In a Tokyo suburb, a block of custom-built apartments aimed at helping singles seduce potential spouses is a huge hit.

The one-bedroom, 355square-foot "marriage-hunting mansions" for women include a bathtub in the living room and a stripper pole so the owner can showcase her "strength. flexibility, and sexy moves," according to Property Design Office, the Japanese firm that built the apartments. Rooms for single men boast an exercise bar suspended from the ceiling so they can impress their dates by playing Tarzan. In contrast to the notoriously cramped living spaces for most city dwellers in Japan, the units also have big kitchens for

shared cooking, and airy, open-plan designs "to promote intimacy and togetherness."

The scheme is one of many marriage-hunting, or konkatsu, businesses to spring up as rates of marriage have declined amid Japan's two-decade economic slump. To help couples get hitched, there are services such as konkatsu bars, konkatsu vacations, and konkatsu art classes. One company even designed a konkatsu bra with an engagement ring in the cleavage. The apartments, which cost about \$80.900 and are almost all sold, are popular because they enable couples "to imagine a future together in a healthy home." To that end, the stripper pole is removable once the heady days of new romance are over. —Abigail Haworth





MEDIA

6AM

I think I'm one of the only people left who still gets a hard delivered to my house. I read everything Gail Collins writes.

7AM

I travel a lot and always try to tune in to the LOCAL NPR STATION wherever am to get

8_{AM}

a fan of DEMOCRACY with Amy Goodman She does insightful interviews can't get

12PM

CECILE RICHARDS, PRESIDENT OF PLANNED PARENTHOOD FEDERATION OF AMERICA

I check MADDOW'S BLOG. She and her staff cover talking

2PM

TRIBLINE track of what's happening back at

7PM

I'm obsessed recipes and tips on COOKS.COM It's where I go when I'm making something new. Lately, I'm making homemade

Weekend

I watch MELISSA she always has the most thought-provoking analysis and a wide array of guests. I also read AFAR, which is full of experiential and educational travel ideas. It's where I look at all the cool stuff I'll probably never get to do.

BY THE CONTINUED **HERE'S WHAT'S CHANGED FOR WOMEN SINCE 1995:**

WOMEN'S LIFE EXPECTANCY IN THE U.S. THEN: 69YRS NOW: 81.2YRS

PORTION OF U.S. CONGRESS THAT IS FEMALE THEN: 11% NOW: 19.4%



NewsFeed



EYE ON THE WORLD

STREET STYLE

An all-female mural crew is giving one L.A. neighborhood a makeover

IN 2013, KRISTY SANDOVAL was planning to paint a mural of Assata Shakur, a female African-American activist, on the wall of a barbershop in her Los Angeles neighborhood, Pacoima. She knew she would need some extra hands, so she called some friends to pitch in. But in keeping with the spirit of Shakur's work, Sandoval decided to invite only women. The day they painted, their presence attracted a large crowd of onlookers. Some wanted to help—Sandoval turned all men away, even one who offered to wear a dress—and others asked if they were an all-female graffiti crew. Maybe we should be, Sandoval thought.

That was the day HOODsisters, L.A.'s only all-woman mural troupe, was born (HOOD stands for Honoring our Origins, Ourselves, and our Dreams). Led by Sandoval, now 32, the band of a dozen Chicana women, including nurses, teachers, and community organizers, has since painted a mural of Toypurina—a Native American medicine woman—in the neighborhood, helping to redefine a community often characterized by gang violence and drug busts. As Sandoval says, "Now, Pacoima has a reputation of 'Oh, that's the place with all of the murals,' instead of 'That's the place with all the shootings.""—Liana Aghajanian

GENIUS!

ONE WOMAN,
ONE BRILLIANT IDEA



SARAH COLLINS A new kind of global warming

HER INSPIRATION

When Sarah Collins learned that 4 million people die every year from illnesses caused by cooking indoors over a fire—as some 3 billion women worldwide do—she thought of her grandma who would bundle pots in blankets after removing them from heat to keep the contents simmering.

HER BIG IDEA

In 2008,
Collins launched
Wonderbag, the first
portable, nonelectric
slow cooker. Women
who used to
spend hours
over a fire
can now
place boiling
pots inside
the insulated sack to
slow-cook for eight
hours. "It gives
women freedom and

choice," Collins says. RESULTS

Collins, 45, has sold or donated 900,000 Wonderbags worldwide (for every bag sold in North America, one is donated). A Syrian refugee who received a donated bag said that in giving her the ability to cook again, Collins had "given us back our dignity." Sounds like Collins' world-changing mission is in the bag. -Heather Furlow

BY THE NUMBERS CONTINUED

HERE'S WHAT'S CHANGED FOR WOMEN SINCE 1995: PERCENTAGE OF MEN'S WAGES THAT U.S. WOMEN EARN THEN: 71.4% NOW: 78%

PORTION OF U.S. MILITARY THAT IS FEMALE THEN: 13% NOW: 15.3%



MORE

women are running businesses, earning degrees, and controlling wealth than ever before.

Right now, women have the

POWER

to change the financial landscape, and it's time we worked together to make it happen. How can we do it? Education that empowers.

Connections that inspire. Steps you can take right now

TO

take command of your financial future. Because you've worked hard for your money. It's about time it started working just as hard for

YOU.

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Nia WORDLAW, 39 **PILOT**

"My mom came home one day with an article from 1922 about Bessie Coleman, [That] was mu first mentor: an article about [the first] black female pilot," says Wordlaw, a pilot for United Airlines—one of very few female African-Americans to fly for a major carrier. "It makes a difference to see someone who looks like you doing something that you want to do."

LOOK AT WOMEN as a majority who are often treated as a minority—and that's just appalling to me," says Timothy Greenfield-Sanders. That's why the acclaimed photographer/filmmaker has dedicated his newest project-the next in his list series, which also includes The Black List and The Latino List-to women.

The Women's List, Greenfield-Sanders' most recent documentary, airing on PBS' American Masters on September 25, tells the story of the American woman through the experiences of 15 history makers, including the six trailblazers here. Many of Greenfield-Sanders' films have been well-timed ("Maybe I see the future," he jokes): The Black List debuted in 2008, shortly before President Barack Obama was elected, and 2013's The Out List, about LGBTQ people, premiered the day after two major Supreme Court rulings on gay rights. Now, with women running for the Republican and Democratic nominations for president, and consciousness about gender equality at an all-time high, The Women's List is similarly on point. As Greenfield-Sanders says, "This is very much a moment for women." -Kayla Webley



Edie FALCO, 52 **ACTRESS**

"I don't feel like I've gotten anything in my life because of the way I look," says Falco, who is best known for her roles on The Sopranos and Nurse Jackie. "I got a call to audition for a thing called The Sopranos—I thought it was about singers. I read the part [of Carmela] and thought, This is really good, I know exactly who this person is—but they'll never cast me because I don't look like an Italian wife.'



THE WOMEN'S LIST

Margaret CHO, 46 COMEDIAN

"Throughout the process of coming up as a comedian, there is so much camaraderie and friendship that women are not privy to," says Cho, who mines her identity as a woman of color into hilarious, unfiltered stand-up routines. "Women are really looked at as outsiders, so oftentimes the women who are successful are women who do not care what men think."



Elizabeth HOLMES, 31 CEO OF THERANOS

"I consider myself an incredible believer in the unlimited power of women," says Holmes, who left Stanford University at 19 to start her blood-test company and now has a reported net worth of about \$4.7 billion. "One of the most important things I can now do with my life is to try to serve as a proof point, especially for young girls, of what you can do if you decide you want to obsess [about] science and math."









Get Schooled

Thought class ended when you graduated? Wrong! There's way more to learn—sign up for one of these crazy-fun courses by Lane Florsheim

UP YOUR DJ GAME

YOUR TEACHER: Scratch DJ Academy in Atlanta. The 101 clinic teaches the ins and outs of scratching. "TAs walk around and listen," says national engagement manager Morgan Howard. "You won't know you're doing it right unless someone hears you and tells you."

DRIVE LIKE DANICA PATRICK

YOUR TEACHER: Rusty Wallace Racing Experience in Miami. Start with a 45-minute classroom instruction, then hit the track. "You get to do something that you've watched on TV," says Bill Coady, the track's manager "Racing is one of the few sports where you can actually re-create the entire experience."

MAKE **ARRANGEMENTS**

YOUR TEACHER: Stems floral shop in Brooklyn. At Stems (which is inside a bar!), \$75 gets you a flowerarranging workshop and two drinks. "It's all freestyle," says owner Suzanna Cameron. "I demonstrate, then you pick your own at the flower bar."

SKATE LIKE A BADASS

YOUR TEACHER: The Derby Dolls in L.A. The all-female roller derby league has a variety of classes for newcomers. "We get people who haven't put on skates since a thirdgrade birthday party," says Robin Legat (who goes by Suzy Snakeyes). Some even graduate to Doll status!

TRY SOMETHING NEW

YOUR TEACHER: Dabbler, dabbles.in. This e-newsletter is an everything guide to a new skill. See: tarot, winemaking, photography. Consider it "your friend who's tried a thousand hobbies giving you the scoop," says organizer Jonathan Soma.

MUSIC

GET A MUSIC EDUCATION

Remember your favorite class and find some fresh new tracks to add to your playlist By ANDREW RICHDALE



THE CLASS: PHYSICS THE ALBUM: All Around Us (8/21) by Briana Marela THE SOUND: It's almost as if Marela's trippy debut was recorded in zero gravity.

THE CLASS: CHEMISTRY THE ALBUM: For Life (9/18) by Phases. THE SOUND: Bubbly indie album made for spontaneous dance parties



THE CLASS: GYM THE ALBUM: Pagans in Vegas (9/18) by Metric. THE SOUND: These synth-heavy tracks will keep you moving. Like Depeche Mode with antidepressants.

THE CLASS: HISTORY THE ALBUM: Self-titled debut (later this fall) by Kaya Stewart. THE SOUND: Salty with serious pipes, Stewart is a likely heir to the Lorde throne.



THE CLASS: **PSYCHOLOGY** THE ALBUM: E · MO · TION (8/21) by Carly Rae Jepsen. THE SOUND: Warm, fuzzy, and sticky-sweet, in a good way. It's impossible to listen

to it without feeling good.

POSITIVELY UPLIFTING energy



With a revitalizing blend of sparkling fruit juices, b vitamins, and ginseng, Starbucks Refreshers® beverages have all the goodness you need to get the most out of today.

SIP IN GOOD. GIVE OUT GREAT.

Refreshers' revitalizing energy

TELEVISION

FIND YOUR NEW TV FAVE

Navigate fall's packed TV schedule with our super-scientific, 100 percent accurate chart based on shows we know you already love By June thomas

START FIF YOU BINGE-WATCH ...

GREY'S ANATOMY



SO YOU DON'T MIND A TRIP TO THE DOCTOR?

I JUST LIKE THE SCRUBS.

I CAN SOME

HANDI F BLOOD

THE BACHELORETTE



THEN YOU BELIEVE IN TRUE LOVE, RIGHT?

WAIT-IS THERE A CASH

ALL MY TV-LOVING

WITH

HOMELAND



ARE CONSPIRACY **THEORIES YOUR** THING?

TRUST NO ONE.

THE FUTURE GONNA FREAKY. YOU'VE GOT A **FLAIR FOR**

EMPIRE

THE DRAMATICS, HUH?

WHAT DID YOU JUST SAY

LOOK WHO'S TALKING.

CAN'T I JUST TAKE A PILL?



LIMITLESS (CBS): Jake McDorman takes a super drug to access 100 percent of his brain. Yes, like Bradley Cooper did.



ROSEWOOD (Fox): Morris Chestnut plays "the Beethoven of private pathologists." Wait, wasn't Beethoven deaf?



CODE BLACK (CBS): Marcia Gay Harden is an FR specialist with a secret schooling rookie residents in-where else-an ER

I'M STILL LOOKING FOR MR. RIGHT.



THE DAILY SHOW Comedy Central) The best way to get over a breakup? Get a new BF, er, host. Meet Trevor Noah



BLOOD & OIL

(ABC): Couple moves to North Dakota for workplans fall through, so they go looking for

CRAZY EX-GIRLFRIEND

(The CW): Rachel Bloom uproots her life to reignite/stalk an old flame. Trigger warning: It's a musical.

WHY? WHO'S ASKING?!



QUANTICO (ABC): Which would-be FBI agent turns out to be a secret terrorist? Spoiler: We have no idea.



BLINDSPOT

(NBC): An amnesiac wakes up in a duffel bag in Times Square covered in new tattoos. Whodunnit?!

MINORITY REPORT (Fox): In

the year 2065, Meagan Good helps a spooky savant find his missing twin while solving crimes.



RUNS IN THE FAMILY.



GRANDFATHERED

(Fox): John Stamos, as a playboy restaurateur, discovers he's a family man. Granddad bod!



ANGEL FROM HELL

(CBS): Maggie Lawson wonders if Jane Lynch is her guardian angel or a crazy lady in a cargo yest.

THE MUPPETS

(ABC): Pick up some fresh zingers from Miss Piggy. Watch out,



GET TURNED ON

Boost Volume Add Shine As You Dry







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MOVIES

earn a Lesson

These films, in theaters now, leave us a little wiser about coming to terms with the milestones of ladyhood by Juliann Garey

1. GRANDMA

The milestone: That moment vou realize it's time to grow up. The movie: Road trip starring Lily Tomlin (below, right), Julia Garner (below), and Laverne Cox about a tough grandma helping her granddaughter procure money for an abortion. On friends: You find friendship in the most unexpected people. On boys: No one wants to relive high school sex.

2. MISTRESS AMERICA

The milestone: The quarter-life crisis. The movie: Comedy starring Greta Gerwig (below. right) and Lola Kirke (below) as lonely, delusional, soon-to-be stepsisters. On boys: The nerdy, sensitive ones have the most to offer—unless they have a jealous girlfriend. On growing the hell up: You can't always get what you want. But if you're lucky, you'll get what you need.



3. DIGGING FOR FIRE

The milestone: Fullblown adulthood. The movie: Indie dramedy with Rosemarie DeWitt and Jake Johnson (below) as a (sort-of) happily married couple. On friends: They don't have the best intentions for your relationship if they encourage cheating. On arowing the hell up: The grass may look greener on the other side, but start digging and you may not like what you find.



ICONS

ENTER NANCY MEYERSLAND

In writer/director Nancy Meyers' The Intern, a retired Robert De Niro takes a gig as Anne Hathaway's—you guessed it—intern. Let's break down the Meyers canon by Lindsey weber



Rule No. 1: THE PERFECT KITCHEN IS KEY

No Mevers film is complete without an envy-inducing kitchen. Example Something's Gotta Give (2003).



Rule No. 2: **OLD PEOPLE** GET IT ON, TOO

Because they like to get down just like we do—only Meyers has the balls to tell it like it is. Watch: It's Complicated (2009)

The Intern, with Robert De Niro and Anne Hathaway

(right), opens September 25



Rule No.3: **OPPOSITES** ATTRACT

See: The Holiday (2006). (Kate Winslet ends up with Jack



Rule No. 4: **TECH ISSUES** ABOUND

In The Intern. De Niro needs help-turning





REAL TALK AGREE TO DISAGREE

The couple that binge-watches together, stays together By STELIOS PHILI

I leave the toilet seat up 82 percent of the time; I saw Furious 7 with my best bros; I stick the Brita water pitcher back in the fridge without refilling it—I do all the things that most 20-something males do except, perhaps, one: I watch Jane the Virgin. Correction: I love Jane the Virgin. And I owe this joy to the unwritten agreement that all couples now subconsciously sign upon dating: You gotta watch the same shows.

TV-watching is no longer a passive activity-it's a sport. A team sport, if you're part of a couple. It's what you do together. How many times have you passed on a fancy dinner out to order takeout and binge-watch a new series? And so, after I insisted we watch all 29 episodes of Eastbound & Down, the Danny McBride comedy about a washed-up baseball player who likes to say "tits," it was my teammate's turn to bat. She picked Jane, and here we are.

Now, the art of the TV compromise is about trust. (Trust she won't ask me to watch all 19 seasons of The Bachelor.) You know that bonding exercise where you fall backward and expect the other person to catch you? That's the best way to approach coupled TV-watching. Trust your significant other to pick a show you'll probably like, too (ahem, she loved Eastbound & Down). That's why I'm glad I was forced to override my manstincts to experience a game changer like Jane the Virgin. Next up: Pretty Little Liars.



ROOKS

What We're Reading

BIG MAGIC by Elizabeth Gilbert (Riverhead Books) The latest from Gilbert is all about you-that's 288 pages of practical advice for tapping into your own creativity (à la Eat Pray Love, or, you know, getting a hobby). Consider her your own personal life coach.

BREAM GIVES ME HICCUPS & OTHER STORIES by Jesse Eisenberg

(Grove Press) It's no surprise, perhaps, that the actor's short stories read like scenes. What may be a surprise, however, is Eisenberg's deft talent for playfully bringing both familiar and wholly original scenarios to life.

PURITY by Jonathan Franzen (Farrar, Straus and Giroux) This is either a love story or a story of toxic relationships—depends on which character you ask. A story of life-making. or murder: of deception, or transparency. Oh, and it takes place in East Berlin; Bolivia; Oakland, California; and Denver. The characters are all searching for the same thing: purity, of course.

FATES AND FURIES

by Lauren Groff (Riverhead Books) We can't help but be fascinated by the possibility of what goes on behind closed doors-especially if there's a glam, madlyin-love couple on the other side. Meet Mathilde and Lotto. Groff's novel unfolds in a he said/she said gutting drama that you won't be able to resist.

BEYOND FEAR

GIRL WAITS WITH GUN

by Amy Stewart (Houghton Mifflin Harcourt) This historical novel by the bestselling author of The Drunken Botanist stars an unforgettable, not-to-be-messedwith heroine—one of the nation's first female deputy sheriffs. It all begins circa 1910 when an earnest request entangles a family with the town thug. The rest is kickass history. -STEPH OPITZ



These titles will make you an expert in, well, everything—from tacos to dating

GIRL WAITS WITH GUN

AMY STEWART

JESSE EISENBERG



1. Delve into taco traditions in Tacopedia by Déborah Holtz and Juan Carlos Mena (Phaidon). Warning: You'll be hangry. 2. Pick up pro tips from a dating guru in Write Your Own Fairy Tale by Siggy Flicker (New American Library). 3. Jane McGonigal explores how gamer brain helps us tackle real-life problems in SuperBetter (Penguin Press). 4. Consider The Big Bad Book of Bill Murray by Robert Schnakenberg (Quirk Books) your A-to-Z guide to everything you want (or don't want) to know about the actor. -J.O.

COMIC BOOK UPGRADE

Meet the leading ladies of this fall's coolest graphic reads By JEN ORTIZ

- 1. JESSICA ABEL—The award-winning cartoonist and writer takes you inside narrative radio to explore how the stories that captivate your ears are made. Consider the 240 pages a documentary comic and Abel your host. Find her in *Out on the Wire* by Jessica Abel (Broadway Books)
- 2. ANN TENNA—She's a glamorous gossip columnist in New York City whose fall from grace lands her face-toface with her cosmic double in a parallel universe so colorfully imaginative, you won't want to return to reality. Find her in Ann Tenna by Marisa Acocella Marchetto (Knopf).
- 3. JENNIFER HAYDEN—There's a theme that runs through her beautifully intimate graphic memoir that we can all relate to (hint: See title). Hayden recounts the story of her life by telling us the story of her breasts, as a way to explore body image, relationships, and cancer. Find her in *The Story* of My Tits by Jennifer Hayden (Top Shelf Productions).















V°73 - VENICE'S SECRET GARDEN WWW.V73.US

Beauty

Dewy lids and shiraz lips on Karlie Kloss at Carolina Herrera

FINEWINE

FRAGRANCES FOR FASHION INSIDERS; END-OF-DAY SKIN FIXES; PLUS, FALL'S MOST-COVETED HAIR AND MAKEUP LOOKS

Beauty Director ERIN FLAHERTY





LE VERNIS

NAIL COLOUR

18

VAMP

CHANEL

STILL LIFES: JEFFREY WESTBROOK/STUDIO D. PHOTOGRAPHS, FROM LEFT: SIMON BURSTALL/TRUNK ARCHIVE, COURTESY OF THE SUBJECT

BLACKBERRY 2.0

Two decades after Chanel launched its iconic Vamp nail polish shade, blackened reds and berries are still going strong. New ways to darken digits this fall include Sonia Kashuk's Wicked Attraction and Sally Hansen's Wine Stock.

1. SONIA KASHUK Nail Colour in Wicked Attraction, \$5. 2. SALLY HANSEN Miracle Gel in Wine Stock, \$10. CHANEL Le Vernis Nail Colour in Vamp, \$27.



STATUS UPDATE SALLY

HERSHBERGER

We checked in with the legendary stylist, who just expanded her 24K haircare line

Reference points: "I often go back to movies for inspiration: Scarface, Rosemary's Baby, Klute. And I still love the hair [I did] for Meg Ryan in French Kiss; it was the first time you saw a woman in a movie with short hair that was choppy and edgy."

Dream client: "I'd love to cut Jennifer Lawrence's hair. She's so natural and a genius actress. She seems fun."

Fashion must-haves: "Balenciaga's leather jackets are the best. And The Row has such great quality."

Heavy metal: "All the products I created have a gold-infused complex that's good for your hair. And I wear lots of gold jewelry, so it's symbolicit's the best of the best."



60°

The angle of the deeply curved head of the brand's new ProCurl lash curler for round eyes.

TWEEZERMAN ProMaster Lash Curler (top) and ProCurl Lash Curler, \$22 each.

OLAY Active Botanicals Moisturizing Toner, \$15.

For information on where to buy, see Shopping Directory.

nectar from the hydration gods. It

boasts extract of snow mushroom,

an ingredient that holds 500 times its weight in water—and

sounds like it was plucked

Thrones. A perfect addition

to our routine, considering

straight from Game of

that winter is coming ...







Beauty

WHAT I LOVE ABOUT ME

From the Upper East Side to the West Village, these **New Yorkers** prove why so many style originals call the Big Apple home

Interviews by JOY HERNON Photographs by JOEL BARHAMAND

SILVIA PAPADAKI, 28

"I take meticulous care of my youthful skin—serums, eye creams, and SPF 50 are always on rotation."



GUEST EDITOR: STORM RITTER, 22

"I inherited my naturally muscular arms from my grandfather. I love feeling strong."

This Saturday Night Live costume production assistant tells us where all the cool kids hang in

the city that never sleeps. Retail therapy: With four towering floors stocking everything from Dorateymur loafers to Christopher Kane pleated skirts, Opening Ceremony (openingceremony.us) is a fashion mecca. Good eats: The outdoor seating at Bar Pitti is the perfect spot for Chiantifueled people-watching. Night owl: Tropical wallpaper and vintage furniture make for an eclectic backdrop at sceney Paul's Baby Grand in Tribeca (paulscocktaillounge.com). **Must-do:** Models hit the runway for New York Fashion Week (newyorkfashionweeklive.com)

LAUREN
GAUDETTE, 26
"People often notice my thick brows.
They're darker than my blonde hair, so they really pop."

Kalle pleated skilts
Ceremony (opening is a fashion mecca.
The outdoor seating is the perfect spot fueled people-watch owl: Tropical wallp vintage furniture meclectic backdrop a Paul's Baby Grand is (paulscocktailloung Must-do: Models have for New York Fashi (newyorkfashionwe September 10 to 17.



"My striking hazel eyes have flecks of yellow and gray that change like a mood ring."







My advice? Look on the bright side.

And light up your skin with AVEENO® POSITIVELY RADIANT® Skincare. Our Makeup Removing Wipes gently erase dirt, oil and makeup as they brighten skin. Our Skin Brightening Scrub and SPF 15 Moisturizer, when used together, even skin tone and texture in just 4 weeks. The exclusive ACTIVE NATURALS® formulas have soy, one of nature's most effective skin tone correctors. Positively illuminating.



Naturally Beautiful Results



Beauty





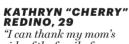
PIERANGELI MÉNDEZ ROSARIO, 25

"Some people may call me short, but I think of myself as fun-size. I can move fast through a crowd!"



"I'm proud of my pearly white teeth—the maintenance has paid off."





side of the family for my defined cheekbones."







THURSDAY, SEPTEMBER 10-SUNDAY, SEPTEMBER 20

The Beauty Event



MEET OUR FALL 2015

Faces of Beauty

Chosen from over 1,100 entries, these six beautiful-from-the-inside-out women were flown to Dallas, where they were fêted with a beautiful dinner in The Zodiac® restaurant and enjoyed a personal fitting for their photo and video shoots.

We were all honored to spend time with these graceful, passionate women who are Making Some Noise about things that matter.

To learn more about these remarkable women, visit NeimanMarcus.com/FacesofBeauty.



Join us during The Beauty Event, make a purchase of \$125, and you'll receive this tote created exclusively for NM. Available in three colors that go with anything and everything, the tote comes with must-have beauty samples for fall.

Plus, many of our brands have additional Gifts with Purchase during The Beauty Event. Don't forget to ask at your favorite NM beauty counters.



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It's midafternoon ... Do you know where your glow is? Jean Godfrey-June discovers the real reason skin looks so lackluster toward the end of the day—and what you can do to keep things fresh

he human race is not generally at its best at 4 p.m. Drinkers start drinking, dieters find themselves helpless before the snack machine, and as any mother will tell you, even the tiniest infants boil over with rage, howling out the injustices of the day. We (the people, at 4 p.m.) can kind of look like hell, too: the pale glare of the computer screen, unfresh remnants of various morning coffees, and a day's worth of poor choices in around-the-office grazing all show up at that time. Office bathroom lighting rarely helps the cause. Wouldn't we all be better off in the flattering faded light of late afternoon? Photographers call that moment the "golden hour," and we, the office shut-ins, suffer without it.

New research from the cosmetics company Kiehl's shows that women feel, on average, 5.4 years older by the end of the day. "My electronic medical records program conks out every day at 4 o'clock," says New York dermatologist Dr. Amy Wechsler, laughing. Fortunately, skin is more easily pulled out of the late-afternoon slump than technology: "Basically, it's a moisture problem," Wechsler explains. "Skin that's dry looks tired." Moisture and stress, adds makeup guru Bobbi Brown. "It happens to everyone!" she says. "That time of day is just rough."

Even Cate Blanchett is not immune. The actress and SK-II ambassador found herself decanting the brand's Facial Treatment Essence into spray bottles to spritz on her skin to keep it fresh through long events. "I'd nip into the bathroom and spray it over the top of my makeup," she says. The result of her tinkering is a new product, SK-II Mid-Day Essence, a chic, fits-in-any-handbag spray bottle packed with the same skin-rejuvenators as the original Essence (like the brand's

antiaging yeast extract, Pitera), as well as new moisture-locking ingredients that rebalance skin as the hours pile up. "You're revived, and the moisture is long-lasting," raves Blanchett, who tested a sample at this year's Academy Awards. "You don't go out feeling powdery or like you've caked makeup on."

Kiehl's has also developed new skincare technology to address the problem head-on. Daily Reviving Concentrate is an oil you pat on in the morning that delivers moisture and antioxidants throughout the day from ingredients like tamanu, sunflower, and ginger-root oils, treating lines and dullness and increasing glow well past the late-afternoon witching hours. "It gives tired-looking skin a boost," says New York City-based Dr. Geoffrey Genesky, head of the company's laboratories.

Moisturizer that lasts all day is key to avoiding the slump, says Wechsler. "I love the Hydra Beauty Micro Sérum from Chanel [\$110]-it's got droplets of oil suspended in an emulsion. We try everything in my office, and that's the one everyone goes crazy for." Along with hydration, Wechsler suggests a snack with protein, a stretch, a walk around the block, or a little caffeine. "I switch from coffee to green tea after lunch," she says. "It's a great antioxidant, and it's a little mellower."

"A walk wouldn't hurt, and definitely drink some water," agrees Brown. But if you really want improvement, "Clean up the eye area-mascara and shadows smudging definitely do not help," she notes.

One hard-to-believe-it's-true bright spot: Eyes do not look puffier after a long day. "During the day, gravity works in your favor, draining fluid," says Wechsler. But puffiness is not most people's problem in the afternoon. Instead, eyes themselves get red and bleary, and no matter what mascara/liner combination you've settled on because it doesn't smudge—it smudges. Some Visine, moisture under the eyes, and cotton swabs to wipe away smudges will, in most cases, avert the need for a complete redo.

When makeup artist Alice Lane is on a set and wants to bring a model's makeup back to life after a long day of shooting, she mists on Evanhealey Lavender Facial Tonic (\$24), or just Evian. "People worry it will run, but it doesn't if you just mist. It only runs if you're wearing way too much makeup in the first place!" Lane says. Then she dabs moisturizer on the face's high points-cheekbones, browbones—before reaching for any color.

Not surprisingly, the last-all-day, 24-hour foundations and lipsticks of the world do nothing for Lane: "Enjoy touching up your makeup—it's fun!" Just don't do it peering into the sad cellphone camera. "It's too creepy and depressing and pixelated," she warns. "It's worth it to use a proper compact and really have a look. I did a shoot with Linda Evangelista recently, and she pulled out a magnifying compact!"

For a less Evangelistian late-afternoon refresh, start with the mist and some moisture. Try a light oil—like the Renewing Oil Serum from Intelligent Nutrients (\$64) or the new Kiehl's, which works great as a touch-up, too-wait a few seconds, and

look back in the mirror: instant improvement. A bit of slip from the oil has the added benefit of making any mascara or liner that's smudged easy to wipe away, redefining the eyes. A dot of lip/cheek stain—like Tata Harper's Volumizing Lip and Cheek Tint—and you're human again.

If you have the time, a heart-rate-quickening, inversionintensive yoga class wakes up skin like nothing else. And if there's a major evening ahead, it's worth it. Sweat-inducing exercise makes a serious difference in your skin for hours afterward. Post-workout, wash your face in cold water and do the mist-moisture-stain routine above, adding Bobbi Brown's new Intensive Skin Serum Concealer (\$40) around the eyes, or Dior's new Fix It Prime & Conceal stick, which celebrity makeup artist Daniel Martin loves for touch-ups. Dot eyeliner into the base of lashes, add a fluttery mascara, and you're done.

That is the long and longer version; the very shortest is lip color. Lane likes Damned, a velvety lip pencil from Nars (\$26) that looks too dark but is actually "perfect for everyone if you smudge a bit on your hand and blot it on lips with a finger," she says. And YSL's hot-pink Volupté Sheer Candy, which is the brightest bright but also the sheerest sheer, works on just about any skin color. Whatever your lip reviver of choice, carry it everywhere—a tube in the desk drawer, your makeup bag, the glove compartment of your car. Always be ready, you know? After all, it's 4 o'clock somewhere. mc























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Beauty

BACKSTAGE



CONFIDENTIAL

We scoured fall fashion shows for the latest trends—and products you'll need to create them. Here, a city-by-city guide to our favorite looks By Jennifer Goldstein

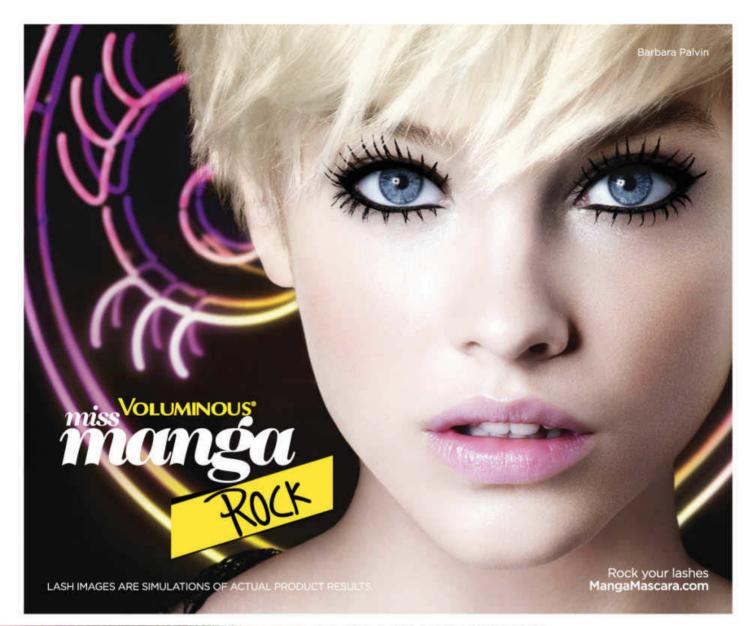


NATURAL EDGE

The New York state of mind was minimalist with a touch of that grit the city is known for. It started with smooth skin—courtesy of translucent foundation and sometimes a dusting of powder—and then got a little dirty with dusty-taupe eyeshadow (seen at Marc Jacobs), beigey-nude lips (Jason Wu), and thick, boyish brows (Hugo Boss). Hair had a lived-in vibe, as seen at Vera Wang and Derek Lam, where stylist Orlando Pita pulled the models' strands into simple ponytails and secured each with a mushroom-colored oval of leather pierced by a black chopstick. The takeaway? This season, the downtown girl was just chillin'.



It may be steeped in history, but with the new royal offspring, London is looking ahead. Matthew Williamson showcased the ultimate mix of old meets new: hippie redux clothes inspired by the zodiac and birthstones, futuristic graphic eyeliner, and center-parted '70s-style hair. At Erdem, stylist Anthony Turner created a modern version of the beehive in ponytail form by teasing hair slightly, then side-parting it and securing the front section with a bobby pin. Unexpected accents on eyes, like the peach shadow at Peter Pilotto and sequin-like glitter at Temperley London, reflected a neoteric touch. Far out.





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Yawn, the Italian sex kitten once again? But wait! This time around, she wasn't quite what you'd expect. At Versace, makeup artist Pat McGrath did glam black eyeliner and let it bleed a little for a morning-after look, while over at Roberto Cavalli, makeup artist Petros Petrohilos smudged the mascara for a disheveled vibe. Even the va-va-voom hair was slightly messy, from the loopy curls at Blugirl to the faux bobs at Max Mara. Think of it as Sophia Loren in #wokeuplikethis mode.





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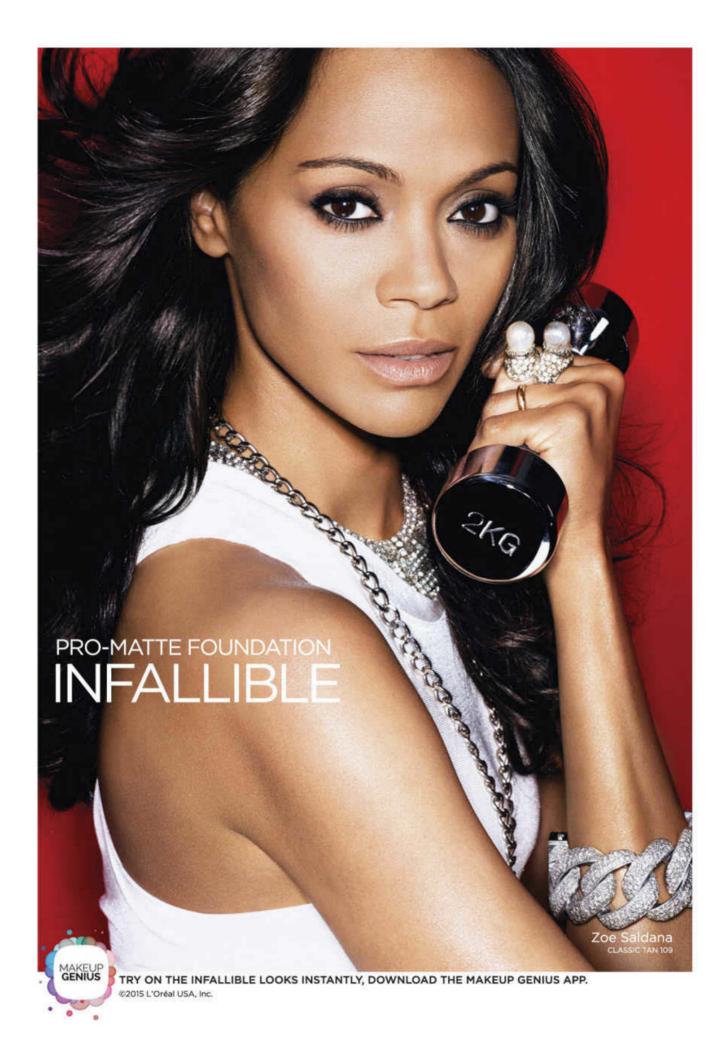
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The City of Light went dark this season, with slick, edgy hair and makeup that said: "Zero fucks given." To copy the look, start by emphasizing your eyes. At Dior, the house's creative director for makeup, Peter Phillips, did amorphous swaths of either eggplant, blue, or khaki shadow on lids, while Rochas and Saint Laurent featured aggressive black liner in graphic paisley shapes and blocky cat eyes. The hair and makeup at Chanel straddled the masculine (shellacked, side-parted hair and bold brows) and feminine (messy French twists and smoky eyes). Rest assured, both were equally fierce.

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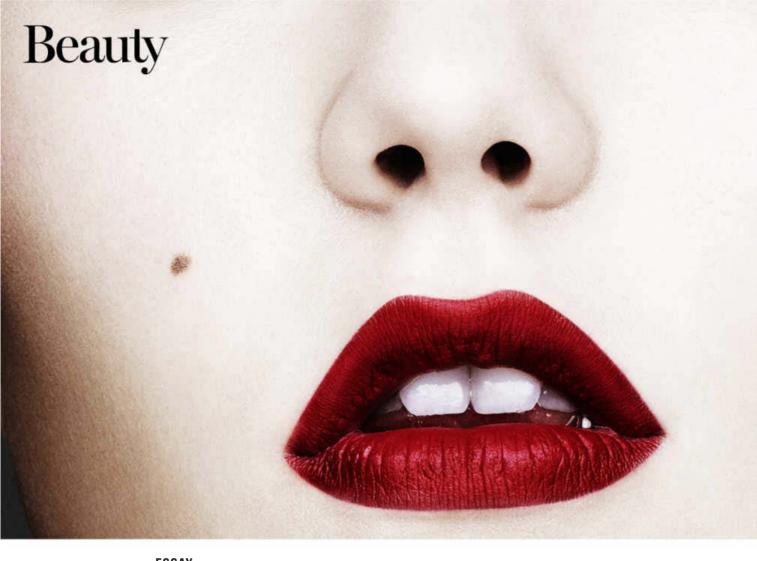
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ESSAY NISHING ACT

Actress and writer Molly Ringwald on "the one that got away" a sexy, mysterious mole that changed her definition of beauty

Dear Beauty Mark,

First you appeared. I don't remember exactly when. You weren't there during my childhood. And then one day while looking in the mirror, I saw you.

Staring at myself was a habit I acquired as a teenager. Though it's commonly attributed to narcissism, in my case it felt far more related to diffidence and worry. There is something about the reflex of looking for one's reflection that feels reassuring. The reflection says, I exist. Here's the proof. And for girls, that need is exponentially compounded by the question of beauty. Physical reassurance was something I craved as a teenager.

As a child, I was plain (my mother used the word cute-the death knell of a young girl's confidence). One summer, there were so many muddy freckles on my face, it looked as if I had a spectacularly uneven tan, like a face hastily colored in by a child whose hand got tired. I hated my freckles and did everything I could to eradicate them from existence. I applied lemon juice, bleaching cream, I even took sandpaper to them—the only technique that actually seemed to work. (This was finally put into practice by dermatologists. It's called dermabrasion and uses an instrument much finer than the 220-grit sandpaper that my mom used when she re-varnished our living room table—the same sandpaper that I sneaked into the bathroom to scrape a patch of freckles off the bridge of my nose until it bled. Fortunately, the only thing I disliked more than freckles was pain.)

Eventually, I gave up on eradicating my freckles and settled on simply preventing myself from getting any more. I did this by applying a lot of sunscreen, wearing heavy-duty foundation, and getting really into hats. In most of the films I made as a teen, I had very pale skin, in large part thanks to a L'Oréal foundation in "porcelain," which is about a half shade darker than Kabuki makeup. It did the trick. No one suspected the freckles underneath.

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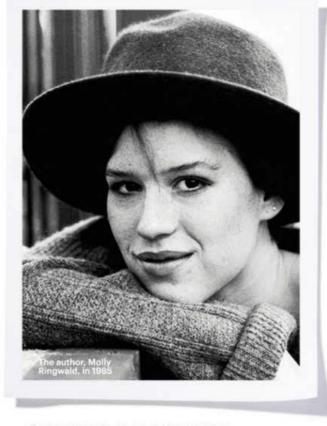
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And then you showed up: not on my face-nothing could get through that armor of makeup—but on my chest. You were a perfectly shaped, darkbrown beauty mark prominently positioned on my right breast, just before the slope into my cleavage. Between the ages of 15 and 18, my body continued to develop. It went from gangly to voluptuous before I was ready. I still felt like a waif-my dresses were all vintage '20s shifts designed for slender flappers. But my body decided to change eras on me. At first, I covered up, wearing more layers, baggier clothes (this was the '80s, and granny fashion was not only accepted, but encouraged). Then along came the designer Azzedine Alaïa, and suddenly all the layers didn't seem as appealing. I started to wear tighter dresses and lower necklines. I was 19. That's when I noticed vou.



"I LIKE TO IMAGINE YOU WERE TEACHING ME A LESSON: HERE IS BEAUTY, BUT DON'T GET TOO ATTACHED."

You were perfect, totally

round, not too big or raised or witchy, and mercifully devoid of any hair. You were sexy and flirtatious and irresistible. You were Marilyn Monroe. As soon as I was sure that you were there to stay-I spared you the sandpaper, but did scrub enough to make sure you weren't an ink stain-I took it as a sign. I had been marked. Knowing that you were there gave me a strange little boost of confidence when it came to seduction. I admit that I enjoyed watching eyes travel down to you and linger there for a moment. More than once would come the challenging (and usually drunken) query, "You draw that thing on?" I adored you the way one adores a kitten.

And why do we so viscerally love kittens and puppies and bunnies more than we love the animals they (or we women, for that matter) grow into? Rare is the person who prefers the beauty found in the layers, the strata that develop over years of persevering through life and all its complications. Why don't we feel the urge to kiss the stretch marks that formed over the bellies that held our babies? The smile lines. Or the scars that tell part of our story: This happened to me. I lived through that.

Who knows if you really were beautiful. Maybe you only were because I found you so. And then one day, you vanished as silently and curiously as you appeared. I may not have known when you first showed up, but when you went away, I was acutely aware. I had just broken up with a boyfriend and wasn't sleeping well at night. My two best friends would take shifts during the day, hanging out with me, attempting to distract me

with projects. They took me to shooting ranges, car races; we even formed a Ulysses reading group. Then one day I was just so tired, I lay down outside in a tank top and shorts and fell asleep under the sun. No sunscreen, no hat. When I woke hours later, my skin was searing and blistered. The tops of my thighs, my forehead, the tips of my ears-anywhere the sun reached my skin, it scorched without pity. I applied aloe leaves and cream compresses to my chest, but the burning went on for days. When I took off the bandages. my skin peeled away in soggy sheets. Brightpink new skin glowed underneath. Perfect, untouched, unfreckled, unmarked skin.

But you were gone. It was as if you had never been there. If I didn't have photographic evidence,

I'd have a hard time believing you were ever there at all.

So why did you come? I'm sure there's a sound scientific theory on why moles appear and disappear, but I've never bothered to investigate. I like to imagine you were teaching me a lesson: Here is beauty, but don't get too attached. And that goes for all of it. One day, the same breasts whose arrival is first heralded with bewilderment, shyness, and excitement will grow and then shrink after babies. They'll become something else. Not bad, just different. Everything that's big will become smaller, and what we want to remain small will grow bigger. Even our ears will grow. Fingers will begin to become crooked from multiple injuries, and the arches in our feet will fall. Everything that we ever found beautiful about ourselves in the mirror, no matter how long we manage to delay it, will eventually go under the category of a "different kind of beauty." Every day I practice being OK with that.

An older woman I know offered me this metaphor. We are trees. When a tree is in its prime, it dazzles everyone with its delicate branches and glossy leaves and blossoms. But what truly matters, what makes the tree survive and interesting, are the strong and gnarled invisible roots underneath that are responsible for holding it up through all kinds of weather.

I know that if I wanted, I could tattoo you in the exact same spot, but really, what would be the point? You were beautiful while you lasted. But then you vanished to make room for something else. mc



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FIELD GUIDE: CUBA

LCOME O HAVANA

Erin Flaherty explores Cuba's colorful beauty scene

It's clear the minute you step off the plane and into Cuba's capital airport that, honey, you're not in Kansas anymore. It's mayhem at baggage claim, with locals returning from Miami hauling huge boxes of goods that, owing to the current political climate, they can't get at home. There's a mix of classic 1950s cars with a few newer ones on the roads, decaying buildings in various states of restoration hint at their glamorous past lives, and the people represent a panoply of ethnic heritages. As Cuban fashion designer Isabel Toledo tells me, "The classic beauty ideal is as diverse as the population itself."

LA FARMACIA

Whenever I visit a new city, I make it a point to stop by a drugstore for insight into the native beauty culture. But in Havana, where products are hard to come by, I find just a few local staples-like a mango-derived face cream and some spirulina caplets infused with noni, a tropical fruit known for its antioxidant benefits. As Liliana Vilaboy, a local film producer and part-time manicurist, tells me, luxury goods are, well, a luxury. "I loovve Olay," she says. "But it's hard to find it and expensive, so I just give up and don't use anything." But I soon learn that Cuban women have figured out other clever and effective ways to beautify.

SCENT OF CUBA

In beautiful Old Havana, I come across a retro, apothecary-style perfumery, where you can choose a scent, like violet, a Cuban staple, and have it decanted into a pretty container. (Apparently supermodel Naomi Campbell went bananas for them on a recent trip.) But from the looks of the clientele. I sense the boutique is for tourists. Down the street, I spot the Cubans at a place that looks similarvintage cosmetics are on museum-like display-with three women sitting behind a desk mixing what I assume are artisanal fragrances. Closer inspection proves the opposite: Test blotters on a glass case are marked with recognizable names such as J'adore, the famous Dior perfume. Select your favorite, and one of the women mixes up a batch meant to smell like the original and bottles it in a vial. I opt for Paloma Picasso, which I haven't smelled since the '80s.

STEEL MAGNOLIAS

Although the majority of businesses in Cuba are state-run, the government stronghold on private business permits is loosening, allowing some women to open beauty parlors in their homes. At Marisol Mendoza's salon, business is good. Hair and nail stations are crammed into a cheerful area next to her kitchen, and she's renovating a larger space next door. Though it can be challenging to get the products and tools she needs for her trade (it's common to ask friends traveling to pick up items in Venezuela, for example), she says, "I love my job." That's because the salon—where a cut can be had for about U.S. \$5—is a space where women come week in and week out to chat, get pampered, and generally hang out, much like the small-town salons and barbershops in the United States. The spirit behind salons like hers is not unlike the optimism of Cuba today. Just like a new hairstyle, change can be good. mc



Sia ZP802

Lidia ZP803

Janel ZP804

Hannah ZP805

Desiree ZP806

Charli ZP807

Estelle ZP808

Giada ZP809

Ember ZP810

Aggie ZP811

Cinnamon ZP812

Tris ZP813

Beauty

HAIR INSPO Get styling ideas (and a few clutch tips) from the women with the

most-recognizable styles on the social scene by Joy Hernon

THE

MICAH GIANNELL 29

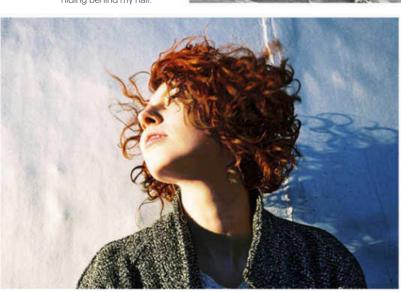
WHO: Australian fashion and lifestyle blogger of micahgianneli.com. (@micahgianneli)

HAIR MANTRA: "My hair has shaped who I am. The short style works with my sharp jawline and gives me confidence. There's something about having short hair that I find really empowering." BEST HAIR DAY: "I like it best right after my stylist, Robert Weir, trims it with scissors. But the craziest hair day was the time I accidentally buzzed it too short with clippers the morning of an event." TOP TIP: "To keep my short cut looking feminine, I always do red lips and black winged liner. I'm also more bold with my fashion choices because I'm not hiding behind my hair."



THE NATURAL

CIPRIANA QUANN, 28 WHO: Cofounder and editor-in-chief of the lifestyle site urbanbushbabes.com. (Instagram: @ciprianaquann) HAIR MANTRA: "It took me years to love my hair. I say it's a visual manifestation of my journey to self-confidence." BEST HAIR DAY: "My hair is longer and thicker when I finger-detangle instead of using a comb. I do it every three weeks, and it's a long process—up to eight hours where I separate and stretch each coil by hand." TOP TIP: "I apply a potion of ¼ cup jojoba oil, 1/2 cup coconut oil, 3 tablespoons olive oil, and 1 teaspoon Jamaican black castor oil once a week.



THE REDHEAD CLAIRE GEIST, 23

WHO: Founder of deluneblog.com. (Instagram: @clairegeist) HAIR MANTRA: "My hair color is already pretty memorable, so I like to keep things simple with the cut and style. My motto is: Don't over-wash—or overthink." BEST HAIR DAY: "The first time I tried plopping-flipping your head over while hair is wet, 'plopping' it on a T-shirt, and wrapping it up turban-style while it dries—my hair was probably the best it ever looked." TOP TIP: "Red fades so fast, but a spray-in UVA/UVB protector helps keep the color bright.





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SKINCARE REPORT

FRESH START

Retinols are like retirement plans: You know you need one, but there are so many versions and the research is overwhelming. Well, we did the homework for you, so it's time to woman up (your skin will thank you) by GRACE GOLD

Y

ou've been hearing about it for years. Perhaps you even gave retinol a go and then abandoned it because nothing happened or, worse, you had crazy side effects. (I still remember a pal who tried it a few days before going to our friend's wedding and showed up with an angry red complexion and a dandruff-like dusting of flaked skin on the neckline of her gown.) But talk of retinol is buzzing again, with experts singing its praises louder than ever. "Next to

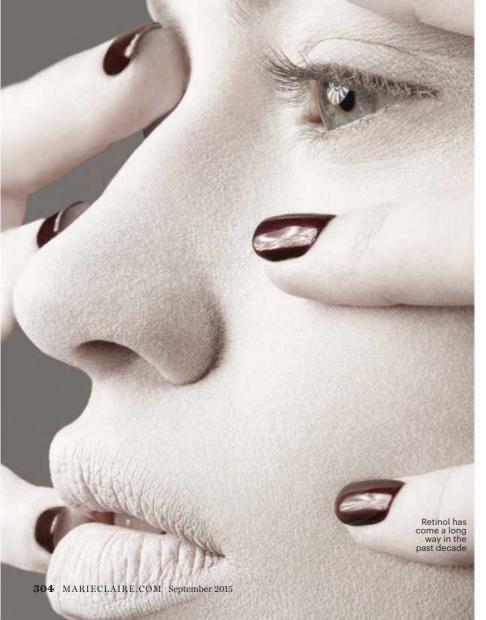
sunscreen, it's the one thing everyone should be using to look younger," proclaims New York City dermatologist Dr. Doris Day.

Not unlike the transformation of bulky flip mobiles into today's sleek smartphones, retinols have advanced dramatically in the past decade. "The initial theory was to make it as strong as possible for the best results, but we realized the irritation was counterproductive," explains Omaha, Nebraska-based dermatologist Dr. Joel Schlessinger. "Now the approach is kinder and gentler but still getting us to the same place."

And that destination is basically complexion heaven, where skin is not only smoother, but also brighter. "Retinols treat more concerns than any other ingredient available," says New York derm Dr. Bruce Katz. With regular use, they improve issues ranging from wrinkles, brown spots, and roughness to acne and pore size.

Here's how it works: When we're young, skin cells rise uniformly through the layers of our complexion to continuously replenish the surface so it appears fresh and plump. As we age, the process becomes disjointed, with certain cells rising out of step with surrounding areas. The result: dullness, wrinkles, and dark spots. Retinol-a term often used generically (and incorrectly) to refer to an entire class of vitamin A forms called retinoidsnormalizes this process by converting to retinoic acid, which binds to specific receptors that tell cells to function the way they did back in the day.

If that's not confusing enough, the stuff comes in many variations. Prescription versions contain retinoic acid in its pure pharmaceutical form (which is called tretinoin, if you want to get technical), which goes to work





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immediately; over-the-counter products contain gentler, not-yet-converted-to-tretinoin forms, such as retinol, or less potent variations like retinyl acetate and retinyl palmitate.

"What's tricky is that the companies that make OTC retinol products don't have to indicate how much of the ingredient is present if it's less than 1 percent, and that can mean there's only a sprinkling," says Dr. Noëlle Sherber, a Washington, D.C., dermatologist, That's why you may have purchased a so-called retinol cream in the past with only a lighter wallet to show for it. "A quality formula will absolutely produce changes in your skin after a few weeks of regular use," explains Sherber, who suggests looking for a percentage that is called out on the box (like 0.05 or 0.1 percent retinol) in order to bank on more meaningful results.

Prescription forms are regulated and labeled clearly (Retin-A Micro gel, for example, contains up to 0.1 percent tretinoin), but that doesn't necessarily mean they're better than department-store and drugstore products. Day points

APPLY WITH CAUTION

"People tend to think if a little bit is good, a lot is better. This is definitely the wrong approach when it comes to retinol," says dermatologist Dr. Joel Schlessinger. Here's the proapproved way to do it:

SKIP MORNINGS

Most forms of retinol are rendered useless by sunlight.

START SLOWLY

Begin by applying every other night. Irritated skin? Try every third night. After two weeks, increase frequency, building up to every night as your skin acclimates

APPLY TO CLEAN, **DRY SKIN**

Damp skin can draw in retinol too quickly, causing irritation. Blend it onto a bare complexion before other products like moisturizers or face oils.

AVOID EYES

Unless yours is specifically formulated for the eye area, avoid lids, browbones, and the sliver of skin just beneath your lower lashlines

USE SPARINGLY

You only need a pea-size blob of a prescription and about twice that for OTC. It may be difficult to spread such a small amount around, so dot it on quadrants of your face, then go back and rub in.

out that once a prescription drug goes through FDA approval, the makers can't change the formulation; they're essentially "stuck" with what they've got and must go through the entire testing and approval process again if they want to tweak or update the formula. Meanwhile, beauty giants like L'Oréal, Estée Lauder, and Procter & Gamble constantly test and change their recipes as they uncover new ways to encapsulate retinol so it's gentler; they'll also add other ingredients that make for more userfriendly lotions. "Honestly, some of these formulations work just as well or even better than prescriptions because they're enjoyable to apply and people use them more consistently, which is key to getting the best results," says Day.

At this point, you may feel like you need a chemistry degree to understand how to make retinol work for you, but experts say it's worth finding one you like. Perhaps retinol's power is best shown through Day's approach with teenage patients who come in to the office with acne complaints: "I put them on a retinoid to clear up the zits and then tell them to just stay on it forever." mc

JUST TELL ME WHAT TO GET

An oversimplified guide to finding the nonprescription retinol that works for you

FOR BEGINNERS

TRY: "Buffered" formulas. These contain (or are applied in conjunction with) hydrators like niacinamide and ceramides that make the retinol less irritating for those with sensitive skin (or for use around the eyes).

1. PETER THOMAS ROTH Retinol Fusion Eye Cream, \$55 (available in October). 2. DERMALOGICA Age Smart Overnight Retinol Repair (shown) and Buffer Cream, \$85. 3. **CERAVE** Skin Renewing Cream Serum, \$18.



FOR INTERMEDIATES

TRY: Time-release retinol formulas. The active ingredients are delivered over several hours, making these great for normal skin, yet safe enough for skin that's easily irritated.

4. AMARTE Overnight Express Therapy, \$79, 5, MURAD Time Release Retinol Concentrate for Deep Wrinkles, \$65. 6. STRIVECTIN Advanced Retinol Intensive Night Moisturizer, \$112.



FOR OILY SKIN

TRY: Retinol serums. Because they don't have the typical creamy base, they're better for skin that tends to get shiny or is breakout-prone.

7. SUKI Radical Results Youth Serum, \$51





FOR NORMAL-TO-DRY SKIN

TRY: Retinol oils. They're easy to spread around on combination-to-dry skin.

8. VERSO SKINCARE Super Facial Oil, \$195 for four vials. For information on where to buy, see Shopping Directory.



Beauty

308 MARIECLAIRE.COM September 2015

FASHION FORWARD

THIS SEASON, MORE DESIGNERS THAN EVER ARE DIPPING THEIR
WELL-PEDICURED TOES INTO THE BEAUTY POND By ERIN FLAHERTY





Beauty

FLOWER POWER:

Prada's beauty arm has been in the spotlight for years thanks to its blockbuster perfume Candy, but this fall, it's the brand's quirkycool little sister's chance to shine. Sure, the namesake perfume smells awesome—credit notes like lily of the valley (a nod to runway prints) and pepperv akigalawood—but it's the pale-blue bottle with a white "collar" that's the real attention-getter. Inspired by the house's signature matelassé-textured accessories, the packaging is as playful and precious as one of its whimsical handbags.







1. **AZZEDINE ALAÏA** Laser-Cut Leather Belt, \$1,625. 2. ALAÏA PARIS

Eau de Parfum Spray, \$150.



The Tunisian couturier took two years to develop his first scent alongside a creative committee of trusted co-collaborators like Italian gallerist Carla Sozzani, creator of 10 Corso Como. The result of a brief he gave perfumer Marie Salamagne—"the smell of cold water falling on hot chalk"-makes for a surprising fragrance made up of indistinct notes like pepper and musk. The bottle mirrors his signature laser-cut patterns, and it's topped with a golden cap that resembles a spool of thread, an homage to sartorial craftsmanship. Worth waiting for? Fashionably late is always in style.





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"The idea behind the fragrances is more about individual preferences—your mood, your taste, your plans for day or night. I think women will treat [them] the same way they treat their jewelry."

-MICHAEL KORS

GOLDEN EYE:

MICHAEL KORS

Diamonds may be forever, but even old gold always keeps its luster. That's the line of thinking behind Kors' new jewelry collection, which also happens to coincide with the launch of three fragrances: White Luminous Gold (pear, jasmine, and amber); 24K Brilliant Gold (mandarin, florals, and woods); and Rose Radiant Gold (fruits, florals, and musks). It's never been easier to mix your metals.



OPPOSITES ATTRACT:

NARCISO RODRIGHEZ

Contrasting hues have long been staples of Rodriguez's palette, so it's no wonder the concept comes out to play in his fragrance world. This month, the recently launched Narciso eau de parfum will be joined by Narciso eau de toilette, a peony and Bulgarian rose blend, bottled as white swan/black swan companion pieces.



"The two fragrances convey the sense of duality so profound in femininity, which is at the core of all my work, whether fragrance or fashion."

Radiant Gold Eau de Parfum, \$100 each. 3. MICHAEL KORS Gold-Tone Double Ring with Chain, \$125. 4. MICHAEL KORS Wide Rose-Gold Tone Barrel Ring with Pavé, \$115.

-NARCISO RODRIGUEZ



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September 2015

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IN HER OWN WORDS

ALICIA KEYS

The singer and face of Givenchy Dahlia Divin explains her emotional connection to scent

wear perfume almost every day because it creates a mood immediately. It gives me a feeling-sort of like music. With a song, you can't explain exactly what happens, or when it's going to happen, or what it's going to do to you or somebody else. But somehow, it's this beautiful conduit that connects everybody in a way nothing else can.

Fragrance evokes emotion in the same way. For example, the scent of cinnamon is my comfort zone; whenever there's something baking with cinnamon, it reminds me of my childhood. When I'm in a funky mood, lavender makes me feel good because it's calming and relaxing. Or if I'm away from my husband and I miss him, I'll wear his cologne—but I won't tell anyone what it is; I don't want everyone to get it, because then it would lose its specialness.

Rose is something I've recently discovered. When you think about giving roses to a person you like, there's a reason behind that tradition: It's that the scent really does open your heart [chakra, according to Ayurvedic healers]. And it works! So I love to burn rose candles or apply rose oil, especially when I'm writing. Jasmine is another scent I love, probably because it was my grandmother's favorite flower.

Givenchy's new Dahlia Divin Eau de Toilette has a jasmine note. The fragrance has this luminescence; it's sensual but also fresh. There's a lightness, from peach, and there's vanilla, so it's earthy, and sandalwood, which is another one of my favorites. It just has all these layers, like a woman. If it were a song, it would be a good mid- to up-tempo track that has a soaring melody but then a really strong beat. -As told to Jennifer Goldstein

TOP NOTES Memorable scents from Alicia's repertoire

"White Musk was the first fragrance I ever bought, when I was 11 or 12. It's a good one." THE BODY SHOP White Musk Sumptuous Silk Shower Gel. \$15.



"This special bottle supports Keep a Child Alive, which helps children with HIV and AIDS. In Durban, South Africa, our nonprofit created a clinic that also has tutors and a kitchen where everybody can cook together—it offers a sense of community. GIVENCHY Dahlia Divin Black Ball Limited Edition EDP (available in October at Saks Fifth Avenue), \$110.

DAHLIA DIVIN

GIVENCHY

"I love rose candles, especially when I'm writing. LADURÉE PARIS Caprice Rose Candle \$68



"We burned sandalwood incense in the studio when I was making my first record." NIPPON KODO

Kayuragi Sandalwood Incense

For information on where to buy, see Shopping Directory.









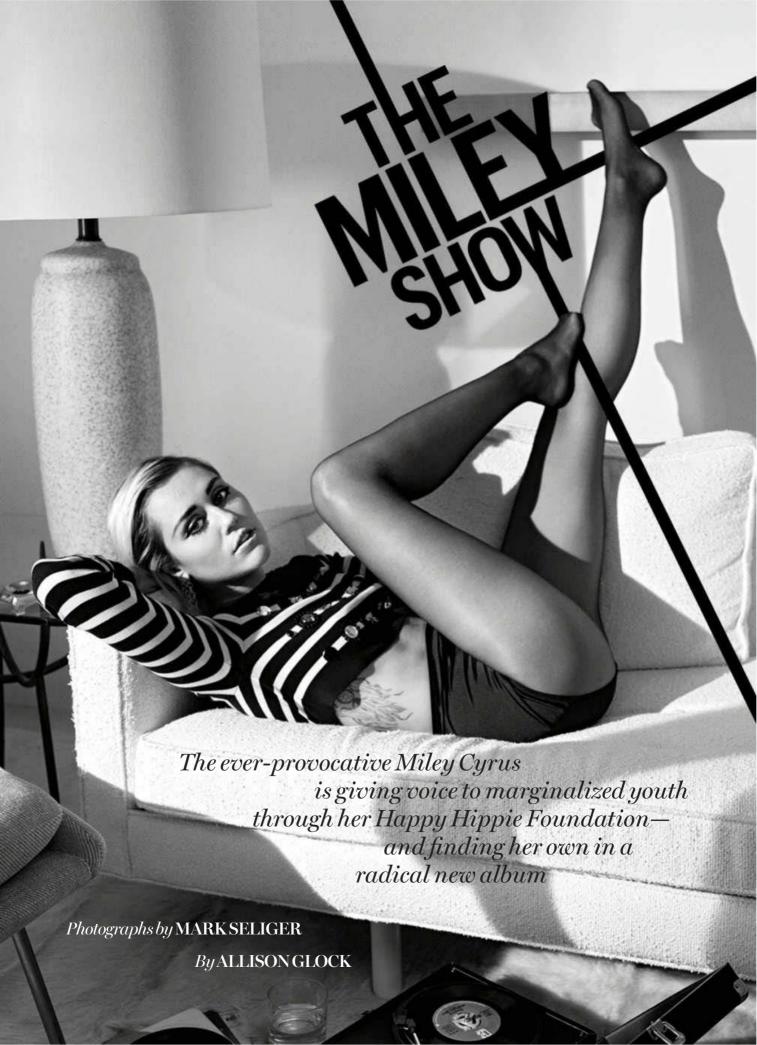
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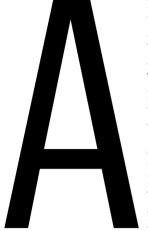


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handmade GOOD VIBES ONLY banner provides a cheery welcome when entering Miley Cyrus' recording studio, a cozy space adjacent to her home in L.A.'s San Fernando Valley, furnished with an inviting couch, cluttered work desk, and hanging light fixtures that resemble clouds. The coffee table boasts photo books, an ashtray, doodle pads, a bottle of Cîroc, stickers, Polaroids, a sculpture of a brain. Her microphone is wrapped in rainbow tape. A blow-up plastic alien doll leans in the corner.

Cyrus, 22, is proud of her unpretentious, low-tech studio. A country girl at heart, she is not a big believer in conspicuous consumption or unnecessary excess—at least not outside the emotional or theatrical realm. "These big fucking studios other people put in?" she says of some of her colleagues. "You don't need that stuff. All you need is a microphone and a computer."

She feels the same pull toward simplicity in the house she is remodeling a short drive away, where she'll have acreage for the rescue horses she plans to add to her menagerie, which includes four dogs, a pair of cats, and her pig, Pig. "My contractors keep trying to sell me all this shit, and I'm like, I'm not going to build a fucking house that's got an outdoor shower," Cyrus says, as she walks from her studio to her main house. "I don't need fancy floors my dogs will ruin."

Cyrus, who says her taste runs toward the "janky," is pointedly not about the Benjamins. "People in this industry think, *I just gotta keep getting more money*, and I'm like, *What are you getting more money for? You probably couldn't even spend it all in this lifetime*. People get more famous, so that they can make their brand more famous, so that they can sell more shit, so that they can make more money. It's a never-ending cycle. Getting more money, having more hits, being the lead in the movie—those things might *stimulate* you, but they don't make you *happy*. I've experienced it all already, and I'm telling you firsthand, it doesn't."

As she opens her front door, Cyrus' dogs circle around her ankles, barking excitedly. Like her studio, her home is hospitable and unaffected—there is nothing to suggest global superstar celebrity. There is, however, a 5-foot-tall embellished bong and a dildo covered in pink and red puffballs, art projects of Cyrus, though, she emphasizes, "The bong works."

Wearing a white, ribbed tank and denim short bibs, with her hair in a tight topknot, Cyrus plops onto her living room couch, her Chihuahua-dachshund, Bean, jumping on her lap. As Bean begins idly licking her fingertips, Cyrus expounds upon her developing world view, one not so far removed from the values she was taught as a child in Franklin, Tennessee, as the daughter of country singer Billy Ray Cyrus and mother Tish. While they and their combined five children were all, as Billy Ray has said, "born entertainers," the kids were also schooled to be grateful and gracious in the face of success and fame.

She sweeps an arm wide and acknowledges that given her modest needs and earnings from childhood, she never need work again. "It's more than I deserve," she says, with humility. "The question is, What am I going to do with it? I don't want to just sit and hoard it. Or chase more." She laughs at the notion of aiming to be a product spokeswoman, the de facto route of the comely pop star.

"I'm probably never going to be the face of a traditional beauty company unless they want a weed-smoking, liberal-ass freak. But my dream was never to sell lip gloss. My dream is to save the world."

"IFEEL LIKE A 15-YEAR-OLD BOY TRAPPED IN THE BODY OF A 22-YEAR-OLD G|RL."

After years of shedding her parents' more hard-set, Southern Christian points of view ("My parents took the Bible very literally"), Cyrus' nascent social activism tipped into overdrive while attending yet another awards ceremony and watching oblivious multimillionaires drive their limos past parking lots filled with homeless youth. Then, in December 2014, transgender teen Leelah Alcorn committed suicide and Cyrus said, *Enough*. In response, she launched the Happy Hippie Foundation this May, an organization charged with creating awareness around at-risk and LGBTQ teens and homeless youth.

Cyrus says she feels a kinship with kids who have been marginalized by difference, who have been cast aside for not conforming. And she believes had the vagaries of her life been a bit different, it could be her sleeping alone and unseen under a bridge: "A lot of us are born into some shit, you know what I mean?

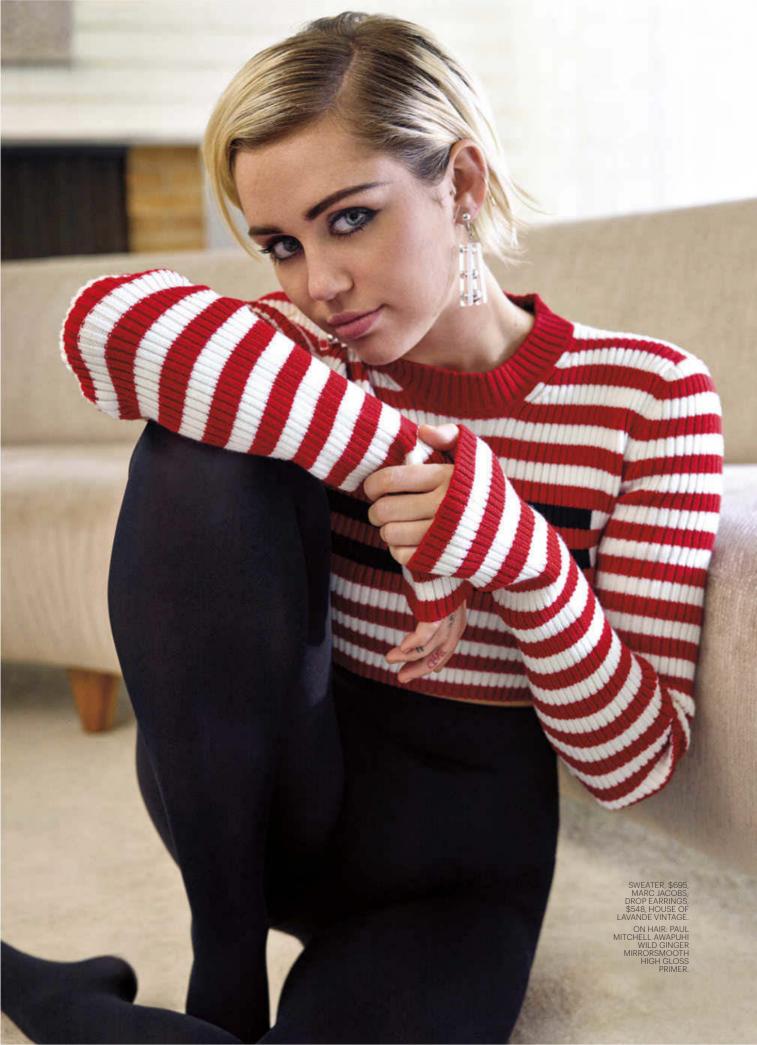
"Lately, I've been talking a lot about my being gender-fluid and gender-neutral. And some people snarl at that. They want to judge me," she says plainly. "People need more conventional role models, I guess. But I just don't care to be that person."

Intuitive and very much exposed, Cyrus is not oblivious to the public criticism. But she won't allow the jabs and takedowns to stick. She's not interested in being shoved into a cage, gilded or not. She believes women should come in every shape, size, color, age, identity, and appetite, not just the "standard that makes girls feel really horrible."

"When you look at retouched, perfect photos, you feel like shit," she argues. "They lighten black girls' skin. They smooth out wrinkles. Even I get stuck on Instagram wondering, *Why don't I look like that?* It's a total bummer." Cyrus exhales forcefully. "It's crazy what people have decided we're all supposed to be."

Which is why, whenever she can, Cyrus deliberately upends the status quo, growing out her armpit hair, taking selfies looking rough and real, calling out photographers who retouch her into someone she doesn't recognize. Cyrus knows she is a work in progress, which, to her, is the joy of life. And by intimately sharing the bumps and battles of her journey, she gives permission to other girls to embrace whomever they decide to become, and to find happiness there, not in the reflection of a manufactured





culture that looks nothing like them.

"Look at who I was five years ago," Cyrus says, her deep voice rising a notch. "Fuck, two months ago. I'm different even from then. If I ever have kids, I don't want to feel behind. Politically and spiritually, we have to always be learning and evolving. I don't think people do that enough. They just get so comfortable."

And if Cyrus' latest incarnation as activist makes large swaths of the population uncomfortable, so be it. "It's easier to stay in a box, put on whatever clothes someone told us we should wear. We're programmed. We worry about labels. I guarantee you that even people who have got a stick up their ass know deep down it would feel so good to run around naked and to genuinely not care about what people think."

Here, too, is something other megastars of the landscape sorely lack-the inon-the-joke perspective a sense of humor brings, especially when it comes to oneself. Taylor Swift's "Bad Blood" video is mentioned. "I don't get the violencerevenge thing," Cyrus shrugs. "That's supposed to be a good example? And I'm a bad role model because I'm running around with my titties out? I'm not sure how titties are worse than guns."

At a young age, Cyrus seems to have figured out a truth that eludes not only her peers, but most humans: that the life we've been granted is amusing. So, you know, maybe enjoy it already. "On my tour with the tongue slide and all that, I was just poking fun at myself," she explains of last year's Bangerz show and cartoon-sexualized MTV Video Music Awards (VMAs) performance that launched a thousand shaming editorials. "I'm just saying, 'I'm not going to conform to your shit." She smiles. "It's really no deeper than that."

Miley Cyrus was playing a pop star long before she was Miley Cyrus playing a pop star. Her nearly five-year run as Hannah Montana on Disney's titular billion-dollar franchise had her done up in day drag prior to her adult teeth growing in. "From the time I was 11, it was, 'You're a pop star! That means you have to be blonde, and you have to have long hair, and you have to put on some glittery tight thing.' Meanwhile, I'm this fragile little girl playing a 16-year-old in a wig and a ton of makeup. It was like Toddlers & Tiaras. I had fucking flippers."

The meta-ness of her life is not lost on Cyrus: "I was told for so long what a girl is

IDON'T REALLY STRESS TOO **MUCH ABOUT BEIN**

supposed to be from being on that show. I was made to look like someone that I wasn't, which probably caused some body dysmorphia because I had been made pretty every day for so long, and then when I wasn't on that show, it was like, Who the fuck am I?"

Cyrus worked 12-hour stints for her entire teen life. She was schooled on set. She left so infrequently, her mother suggested bringing in therapy lights for seasonal affective disorder. "Every morning, I was getting coffee jammed down my throat to wake me up. I just had to keep going, be tough, be strong. Everything happened to me on that set." (Including getting her period at age 15, while wearing white jeans. "It was so embarrassing, but I couldn't leave. And I was crying, begging my mom, 'You're going to have to put the tampon in. I have to be on set.")

Her childhood not only instilled an incomparable work ethic, but it also taught her that complaining has no place in a charmed life. These days, she may wear discoball nipple pasties, or sit in a pizza box wearing a pink onesie, or get baked and spout a bunch of trippy philosophy, but one thing Cyrus will never do is bitch. ("How could I ever complain? My pet peeve is laziness.") Even so, there were consequences after becoming one of the wealthiest and most recognized child stars of all time.

"I would have anxiety attacks," Cyrus confides. "I'd get hot flashes, feel like I was about to pass out or throw up." She recalls one meeting where she felt so overcome, she faked a family emergency so she could exit the building before losing consciousness. "As soon as I got in my car, I passed out."

Cyrus had a similar attack in Haiti, where she blacked out in a crowd. "It would happen a lot before shows, and I'd have to cancel. Then the anxiety started coming from anxiety. I would be with my friends, thinking, I should be having so much fun. You get in this hole that seems like you're never going to be able to get out of."

A few years back, Cyrus found a therapist. Now when anxiety hits, she can diffuse it. When she is with her friends, she feels genuine joy, never more so than when she is making music or art, free of any commercial concerns. "Now I make it because I like it, and then I put it out to the public because there are some people out there who like it, too," she says of her newly streamlined life.

Such are the plans for her latest, yet-untitled album, a clever, radical, pointedly uncommercial departure from her previous efforts that Cyrus, who hosts the VMAs this month, intends to release free of charge soon. (If RCA Records wasn't down with the gratis plan, she was prepared to buy herself out of her label.)

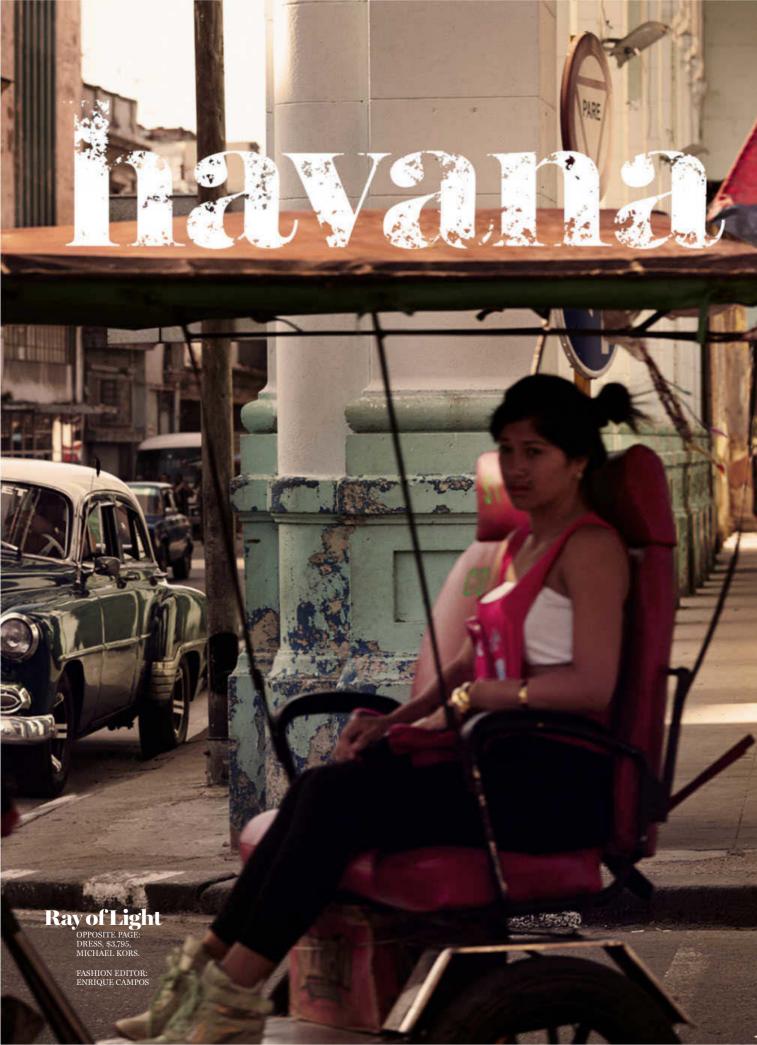
"Miley's not driven by dollars," explains her manager, Adam Leber, an industry veteran who also reps Britney Spears and Avril Lavigne. "She makes her own path. Once upon a time, that's what most artists did. Now people like Miley are few and far between." Leber acknowledges that there is an erroneous public perception of Cyrus but says that once people understand she's coming from a well of empathy and curiosity, that perception inevitably changes. "Miley could have made a really easy record with a bunch of super-producers. And she didn't. She made something authentic."

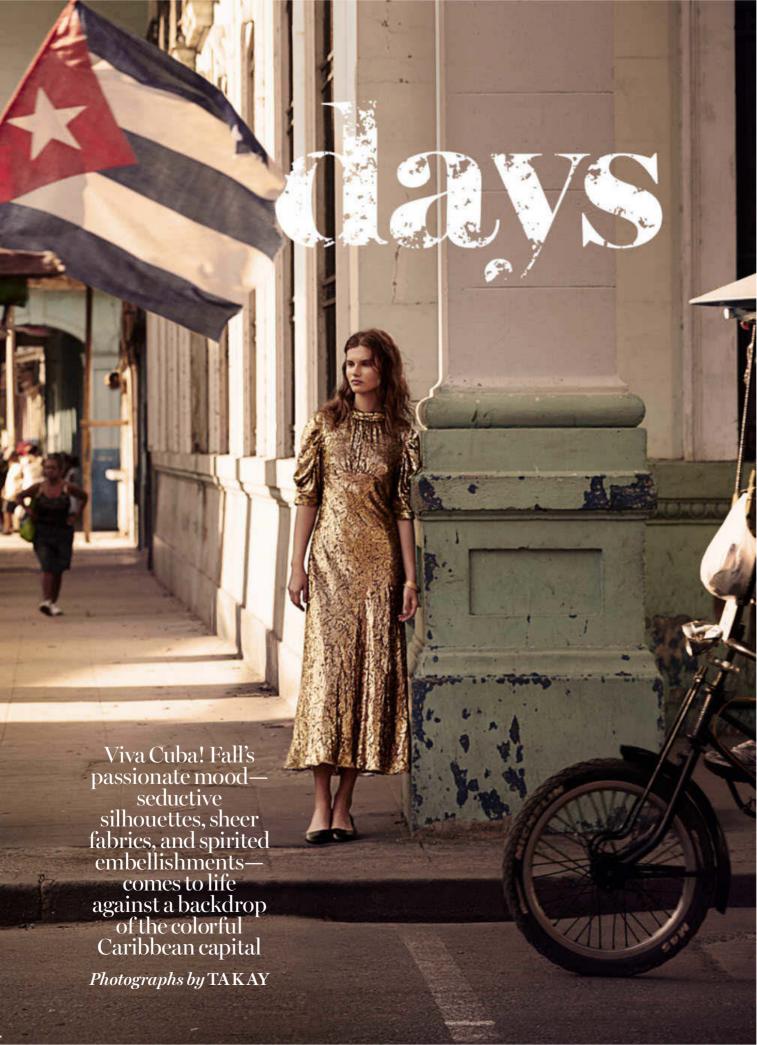
During dinner at Soho House, Cyrus says she's getting an avocado tattoo tomorrow, to celebrate her new love affair with the fruit. She acquires tattoos (she's lost count) the way most women color their hair: when the spirit moves her. And that's the way Cyrus lives her current life, in an amiable state of id, shameless but sweet, her heart resolutely in the rightest of places.

She mentions Caitlyn Jenner, who is a friend. "We've talked a lot about how you can never make every single person happy," Cyrus says. "We always laugh about people saying she transitioned to be famous. Which is crazy. [CONTINUED ON P. 406]























Island in the Sun

From the faded glory of its colonial architecture to its vibrant art scene (see: the recent Havana Biennial), there's more to Cuba than its "forbidden fruit" allure. (Just ask Beyoncé and Jay Z, who've been.) Decades-old restrictions are easing, cracking open the door to American travelers clamoring to journey back in time. Curious about the long-mysterious Caribbean island that's become the next hot destination? Hole up at the legendary Hotel Nacional de Cuba, beloved by Frank Sinatra and Ava Gardner, or check in to casas particulares, private houses available through services like Airbnb. For home-cooked meals, paladares are restaurants run by Cubans out of their own residences. Whether it's a daytime drink or a nightcap on the agenda, the hot-pink El Floridita, Ernest Hemingway's go-to when he lived in Havana from 1939 until 1960, is where to get your Cristal beer or Mojito fix (Papa's drink of choice was a Daiquiri). Hop in a bicycle taxi or hail a colorful vintage car to Old Havana, a UNESCO World Heritage site founded in the 16th century and a showcase for the city's most breathtaking Baroque and neoclassic buildings. With modernization on a slow simmer, visitors can discover the tropical throwback in their own sweet time. —Carolina O'Neill

































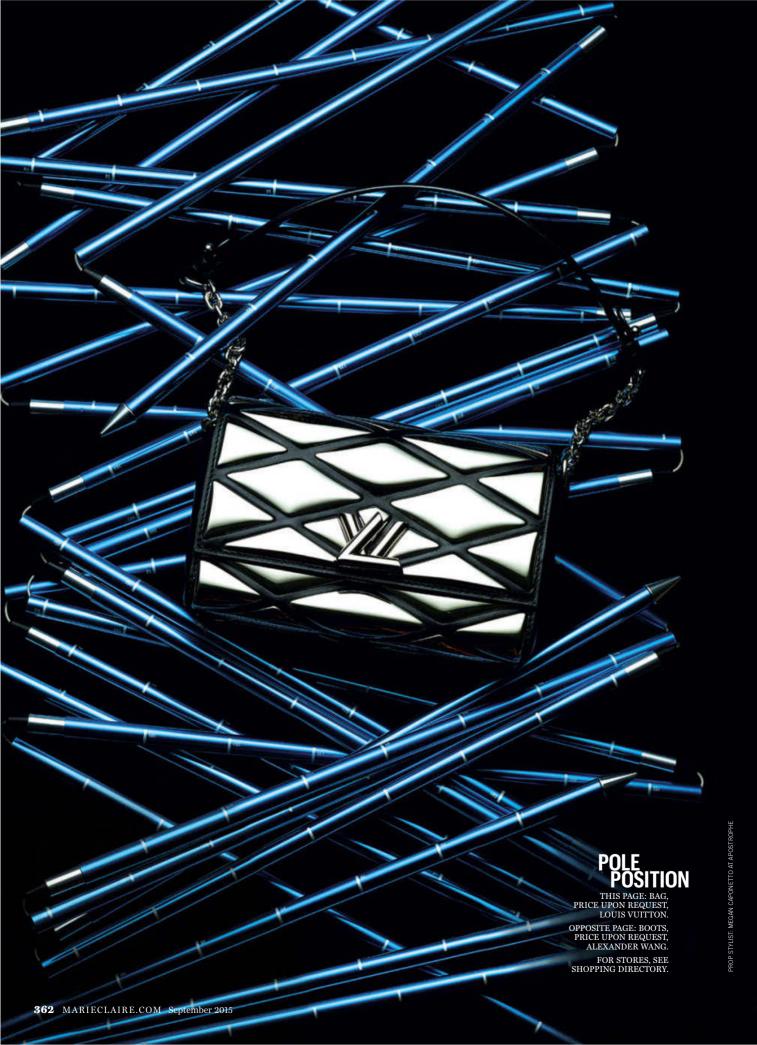






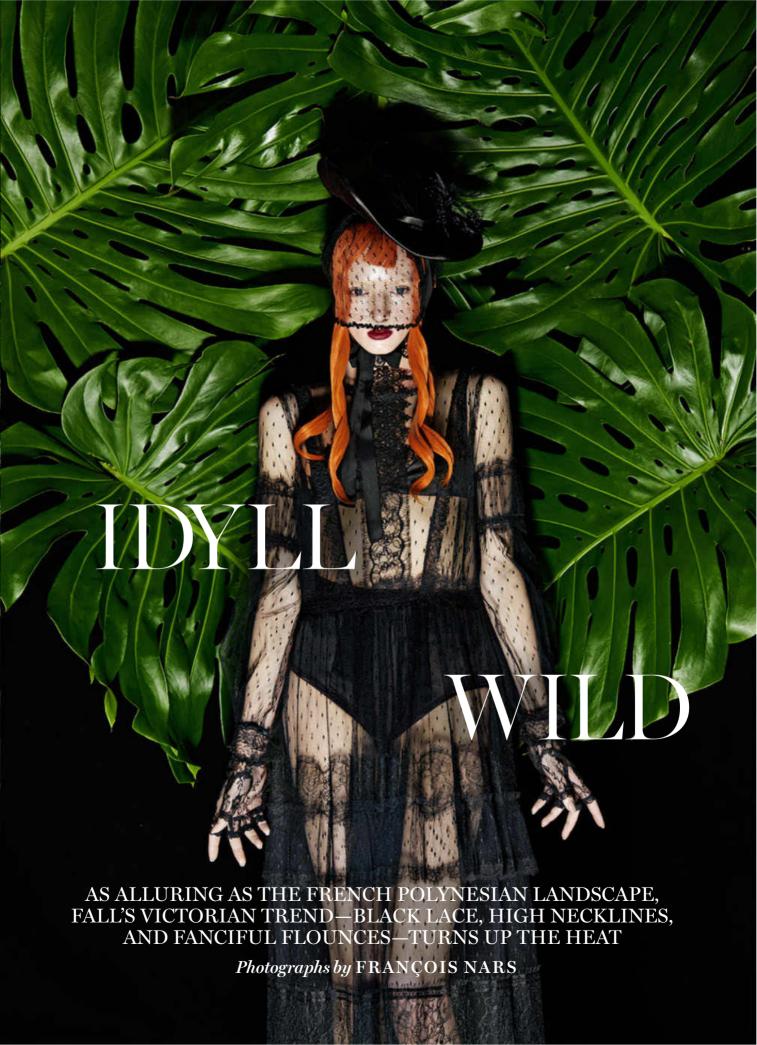




















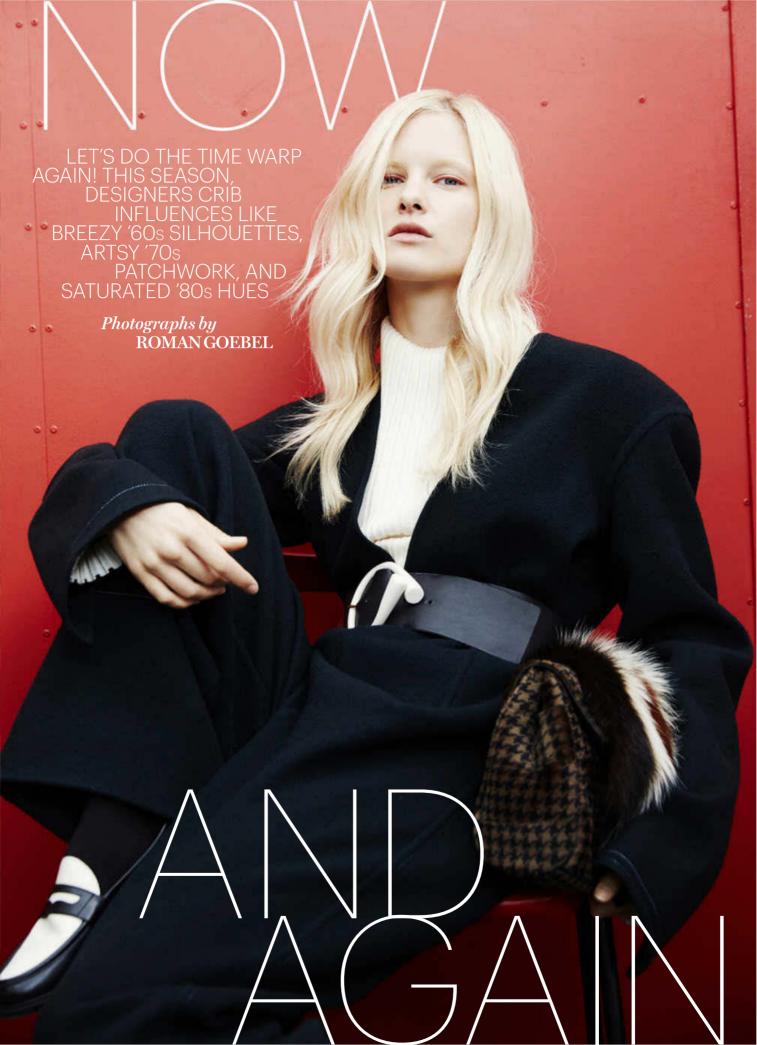
















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ON THE grand occasion of their 30TH ANNIVERSARY YEAR, **Domenico Dolce and Stefano Gabbana**ARE CELEBRATING WITH A FALL COLLECTION devoted to all things FAMILY

Photograph by ÁLVARO BEAMUD CORTÉS

"Fashion, when properly done, is like poetry: It speaks to your heart, evokes powerful memories," says Stefano Gabbana. Dedicated to all mothers, the fall collection that he created with his design partner of 30 years, Domenico Dolce, did both. Based on two powerful ingredients, love and memory, the collection showed prints of children's drawings (done by Dolce's eight nieces and nephews), classic Sicilian black, and roses strewn everywhere, because, Dolce explains, "It's the flower you give to the person you love."

It was a collection of "pure" (as Dolce puts it) colors like white, baby blue, powder pink—the palette of a nursery. A show where models walked the runway with their children, including Bianca Balti, who showed off her baby bump (she has since given birth to a girl, Mia). It was also the collection presented around the same time Dolce shared his controversial opinions on in vitro fertilization with an Italian magazine, sparking a brief, but harsh, confrontation on social media. He later clarified that there was no intention to offend anyone's choices.

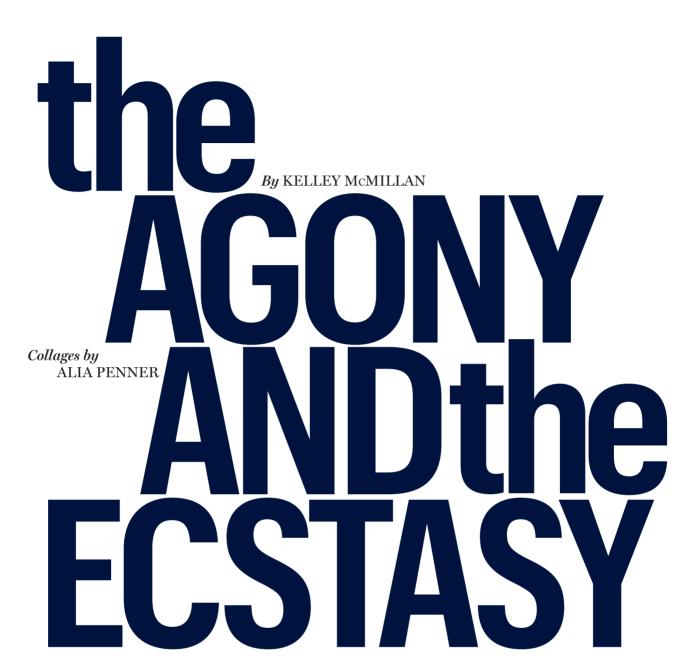
Dolce, 56, and Gabbana, 52, have known each other for 36 years, after meeting as assistants for designer Giorgio Correggiari and then launching their own house in 1985. In addition to the ready-to-wear and Alta Moda haute couture collections, their brand includes beauty and

skincare lines and Alta Sartoria, a bespoke line for men.

They separated as a couple long ago, but they still live together on two floors of an elegant-yet-subdued early-1900s building in Milan that goes against every expectation that their lifestyle is as glamorous as the brand. "In fact, I seldom go out," says Gabbana, who grew up in the city. "I wake up very early to work out before going to our studio. When I'm done working, I might go food shopping. I go out with friends for dinner sometimes. But I go to bed early." If Gabbana shops, it's Dolce, who grew up on the outskirts of Palermo, who cooks. His Sicilian potato croquettes are famous among friends, as is his eggplant Parmesan (his secret: The eggplant is baked, not fried). But his idea of a perfect evening is watching a movie at home, and the duo have long considered native daughters like Anna Magnani, Sophia Loren, and Isabella Rossellini to reflect the classic Dolce & Gabbana woman.

Recently, the directors of Milan's Festival of Letters asked Gabbana to write a love letter to Dolce, which was then published in *Corriere della Sera*, Italy's leading daily. "Stefano wrote that our love has simply evolved—it hasn't changed and never will," Dolce says. "It made me very happy to think that we built all this together, and we're still here, and it's still full of wonderful surprises, every day we spend together." Sounds like family. —*Matteo Persivale*





Could MDMA—better known as the club drug Molly or **Ecstasy—be the key** to treating the deep psychic wounds of women suffering from post-traumatic stress disorder?

On a bright, sunny morning in June 2012, 36-year-old massage therapist Roxxann Murphy and her husband, David, 34, were driving to Oklahoma City's Myriad Botanical Gardens with their 18-month-old daughter, Romy. Almost as soon as David-blond and handsome, with light-blue eyes-turned their Honda Fit onto the highway, they saw a man waving wildly for assistance on the right side of the road. Eager to help, David slowed down and parked the car. It turned out to be a domestic disturbance between the man and his female companion; after making sure the couple was OK, David began walking back toward Murphy, the flat plains framing his athletic build.

Suddenly, a car swerved from the highway at 70 miles per hour, striking David and another man who had stopped to help. Murphy recalls watching the stranger fly through the air upside down. He's not going to survive, she thought. Then she saw David's body roll to a stop in the grass that lined the highway. "David! David!" she screamed, before grabbing Romy



from her car seat and running to his side. He was unconscious by the time she reached him, with blood seeping from a deep gash in his forehead and nose. She knelt beside him, gently stroking his head and body with one arm while breast-feeding Romy in the other, the only thing that would soothe her crying daughter. Sunlight streamed down and small crickets hopped over David's body as Murphy begged him not to leave her. An hour later, they were still waiting for an ambulance to arrive. "I felt him dying," Murphy says. Soon, he was gone.

Immediately after the accident, Murphy began having flashbacks. She jumped at noises. She hallucinated that shadowy, hulking men stood by her bed. She lost 25 pounds and rarely slept; when she did, she dreamed of blood, gore, and body parts. Her waking hours were spent in a zombielike state. Mostly, she fantasized about bashing her brain with a hammer; but she had to stick around for Romy, which made her resentful.

So a few weeks after David's death, she began seeing a cognitive behavioral therapist at the University of Oklahoma. He diagnosed her with post-traumatic stress disorder, or PTSD, a condition characterized by flashbacks, feelings of hopelessness, and emotional numbing that affects 8 million U.S. adults (81 percent of them women) and can occur when someone experiences a traumatic event like military combat or sexual assault. But even with weekly therapy, Murphy was still suicidal two years after the accident. Desperate for something that would keep her alive for her daughter, she sought out alternative PTSD treatments online, and finally, as a last-ditch effort, took a weeklong trip to Boulder, Colorado, to join a progressive clinical trial that would eventually save her life: a psychotherapy session catalyzed by the hallucinogen MDMA.

Better known by its street names, Molly or Ecstasy, and long viewed as a party drug, 3,4-methylenedioxymethamphetamine, or MDMA, is currently being studied as a treatment for chronic, treatment-resistant PTSD in four FDA-approved, phase-two clinical studies: in Boulder; Charleston, South Carolina; Vancouver, British



Columbia; and Beer Yaakov, Israel (international studies can be used in the FDA-approval process). Over the course of about five months, the trials' 98 subjects, including 54 women, ingest between 75 and 188 milligrams of MDMA during three- to five-day psychotherapy sessions (comparable to a street dose, but spaced out over multiple weeks), supplemented by about 20 hours of non-drug-enhanced talk therapy with mental-health professionals. Lauded for its ability to break down emotional barriers, enhance communication skills, and promote deep introspection, the drug acts not as a medication, but as a catalyst to psychotherapy, many times achieving in a few sessions what might take years in traditional therapeutic settings. Results from an earlier phase-two study in Charleston completed in 2008 (there are three stages for a medication to get FDA approval) showed great promise: After just two sessions of MDMAassisted psychotherapy, 83 percent of participants no longer qualified for a PTSD diagnosis, compared with only 25 percent who were cured from talk therapy alone.

If these current trials are successful, MDMA-assisted psychotherapy may become a prescription treatment for PTSD and radically change how we treat a wide range of psychiatric illnesses, like autism, anxiety, and anorexia. Though it's frequently associated with war veterans. PTSD is common in civilian women; one in 10 women will experience it in their lifetime, owing, in part, to the fact that women are more likely to suffer sexual trauma, the type of incident that most frequently leads to the disorder. Standard treatments for PTSD include antidepressants and talk therapy, but their efficacy is mediocre at best: In clinical trials, these therapies were ineffective for about 25 to 50 percent of patients.

About two years after David's death. Murphy sat in the bright, airy office of therapist Marcela Ot'alora, the Boulder study's lead investigator, preparing to embark on her first MDMA-assisted psychotherapy session. She was nervous to take the hallucinogen in front of a therapist, especially one she didn't know. Rhythmic drumming played on the stereo in the background. Lit candles adorned a table where Murphy placed a photo of her and David kissing in a field of goldenrod.

Twenty minutes after Murphy swallowed her capsule of MDMA, the drug took hold. Murphy envisioned herself rocketing through the earth's atmosphere toward space, where she came upon David, illuminated like a zodiac



drawing among the stars. They spoke about the mundane—her travel hiccups getting from Oklahoma to Boulderand the profound. She updated him on his family, shared her worries about Romy's future, and expressed anger with him for leaving her to raise their daughter alone. He nodded knowingly and assured her with his big Aw, shucks smile. Then Murphy asked him a question: "How big are you?" David threw open his arms, which unfurled into wings that stretched across the entirety of the universe. After two years of terror and grief, Murphy finally felt peace.

MDMA-assisted psychotherapy may seem like a novel treatment born of the medical-marijuana age. But this new round of research is, in fact, revisiting old ground. Before it was co-opted by club-goers, MDMA was used by therapists during similar intensive, daylong therapy sessions in the late 1970s and early '80s. California therapist and pioneer of the psychedelic psychotherapy movement Leo Zeff coined it "penicillin for the soul." In 1985, the Drug Enforcement Administration (DEA) classified it as a schedule I substance, along with heroin and LSD-a designation given to "drugs

with no currently accepted medical use and a high potential for abuse."

That kicked off years of bad publicity for MDMA, including inaccurate claims that MDMA causes Parkinson's disease and holes in the brain, and permanently damages serotonin reserves. In reality, no studies have shown that clinical usage-that is, taking pure MDMA in moderate doses under medical supervision a limited number of times-leads to longterm cognitive damage, according to Matthew Johnson, associate professor of psychiatry and behavioral sciences at Johns Hopkins Medicine. MDMA has been administered in various studies to more than 1,113 subjects, with only one report of a serious, drug-related adverse event, which ended once the drug wore off. (A subject was admitted to the hospital with an irregular heartbeat and was released the next day.)

Recreational and pharmaceutical MDMA barely resemble each other, however. While the terms MDMA, Ecstasy, and Molly are used interchangeably, Molly or Ecstasy bought on the street is often misrepresented or cut with dangerous adulterants, like methamphetamine, and rarely contains actual MDMA. (Only 9 percent of the Molly the DEA collected in New York state in 2013 contained the pure form of the drug.) And using even pure MDMA in a nonmedical setting, like a

club, can be risky: The drug increases blood pressure and heart rate and can

-psychiatrist Dr. Julie Holland

cause hyperthermia, or overheating, which can lead to liver, kidney, muscle, and heart failure.

Ranging in age from 23 to 66, the 54 women in the six phase-two studies are mothers, teachers, professional athletes, military veterans, police officers, psychotherapists, and office managers. They have survived combat, rape, physical and sexual torture, and more. Each has taken the DSM-IV Clinician-Administered PTSD scale, or CAPS test, the standard for diagnosing the disorder. (The maximum score is 136; anything above 60 is considered severe PTSD. The average score among the studies' participants is 82.) For these women, participation is oftentimes their final attempt to reclaim their lives.

Rachel Hope, a 43-year-old writer from Los Angeles, endured a troubled childhood: At 4 years old, she was physically and sexually abused, then hit by a truck at age 11, which left her partially paralyzed for a year and requiring four surgeries and years of physical therapy. As a result of the various traumas, Hope suffered from debilitating, treatmentresistant PTSD, which manifested as extreme irritable bowel syndrome (IBS), acute anxiety, night terrors, panic attacks, and insomnia, among other symptoms, and left her malnourished and unable to maintain romantic relationships or to work outside the home. "It was a monstrous existence," she says. At one point, she was on 15 medications before enrolling in the Charleston study in 2005. "I was dying," she says of her choice to join the study. "I had nothing to lose."

Brenda, a 38-year-old teacher from the Denver area, who was physically and sexually tortured by her father from ages 3 to 12, was so clinically depressed from PTSD that she was left suicidal and unable to teach her elementary school classes. (She asked not to use her last name to protect her family and career.) She tried 11 medications and was in weekly therapy for 15 years before enrolling in a study. "I entered the Boulder study with a CAPS score of 87, on meds," she says. "That's bullshit. That's me doing everything I'm supposed to do, everything that these therapists are taught to do in school, and it's not helping." She was wary of using a so-called party drug to treat her condition, but she was desperate. "I was really in a fight for my life," Brenda says. "The fear of the stigma associated with using MDMA was far less than the fear of continuing to feel the PTSD symptoms for the rest of my life."

The sessions are not high-flying. blissed-out psychedelic drug trips, but intense feelings of "connection," or love for oneself and others, do pervade the experience. "My husband and I have been married 17 years, and it was the first time I understood how much he must love me and how I deserve that love," explains Brenda, who says MDMA opened up a world of new emotions for her. "I was able to feel. I think that's the biggest takeaway. While on the MDMA, I had access to feelings that I hadn't ever had access to before." The drug, which lasts three to six hours, produces an objective state in which one is able to revisit difficult emotions and experiences, and able to do so without being overwhelmed by them. "I was terrified a lot of the time. I was reliving it," says Murphy, who regularly went back to the scene of the trauma. "I actually saw all of the accident, but it didn't overwhelm me because I was outside of it somehow."

This sense of peace is typical of the MDMA sessions. "Instead of feeling hyperaroused or overstimulated, I felt a tremendous calm and had reduced anxiety," says Hope. Despite the enhanced sensory perception that is a hallmark of the psychedelic experience (things like light appearing more crystalline, the sensation of air currents wafting over skin), participants are extremely focused on the task at hand: healing. "Even though MDMA is a psychedelic, I didn't feel like I was tripping," says Hope. "I didn't feel fucked up. I felt really empowered, like I could direct my mind where I needed to."

There's a chemical explanation for all of this. MDMA triggers a massive release of serotonin, a neurotransmitter critical to mood regulation; dopamine, which modulates emotional response; and oxytocin, the hormone of bonding, trust, and intimacy. "Patients are awake, alert, connected. They want to talk. They want to

explore. They feel calm enough and their fear is extinguished enough that they can actually process the trauma," says psychiatrist Dr. Julie Holland, author of Ecstasy: The Complete Guide: A Comprehensive Look at the Risks and Benefits of MDMA. "You basically couldn't design a molecule that is better for therapy than MDMA."

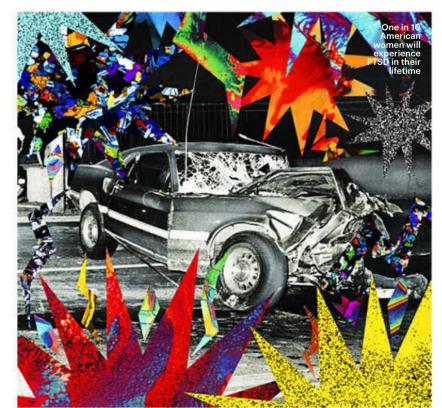
MRI brain scans suggest that one way MDMA works is by decreasing activity in the amygdala, the brain's fear center, while increasing activity in the prefrontal cortex, regions associated with memory and higher functioning. In the PTSD brain, activities in these areas are out of balance. Researchers believe MDMA's effects on the amygdala and prefrontal cortex allow people to understand a trauma without being overwhelmed by negative emotions. "It's almost like anesthesia for surgery," says Holland. "It allows you to dig and get to the malignant thing that needs to be pulled out and examined. It takes years in psychotherapy to dig around the trauma and start to get to it. This is a way for people to process the core issue in order to move forward."

Accessing traumatic memories allows patients to re-remember them, a process called memory reconsolidation, in which memories can be changed if they are reactivated and updated with new information. "You're actually

manipulating that memory, and when it gets stored again, what's stored again is a little different than what you pulled out," says Johnson. This is key for people with PTSD, whose brains haven't properly worked through trauma. "I felt as if I was literally reprogramming my brain and confronting all of the fixed thought patterns and belief structures that were keeping the PTSD in place, that were making me relive the past over and over again. I was able to file those memories in the past," says Hope.

From June through October 2014, Murphy underwent three 8-hour MDMA treatments. After her first session, her sleep improved. After her second, she stopped wanting to kill herself; her flashbacks began to subside. "It felt like burdens were lifted off my shoulders," Murphy says. By the end of her participation in the study. her CAPS score had fallen from 114 to 37, meaning she no longer qualified for a PTSD diagnosis. "It saved me," she says of the treatment. "It delivered me back to my good life and delivered my daughter her mother."

Brenda also credits MDMA-assisted psychotherapy with saving her life. "I spent 35 years suicidal, and I'm not anymore, because of the MDMA and two really skilled therapists," she says. She is now off all her medications and teaching full-time again for the first



time in seven years. "I'm the healthiest I've ever been, because I have so much clarity." And more than 10 years after enrolling in the first study in Charleston. Hope says she is still cured of PTSD and has not suffered IBS, flashbacks, or night terrors since her first MDMA session.

RESCRIBED for PTSD by 2021.

Whereas psychiatric medications such as Zoloft try to address so-called biological imbalances, they act as a temporary Band-Aid to suffering, say researchers. MDMA may heal it altogether. And MDMA may be safer than psychiatric medications, in part because you don't have to take it every day. "If used carefully, it could be safer simply because your side effects are time-limited," says Johnson. Zoloft and Paxil, traditional treatments for PTSD, can cause weight gain, sexual dysfunction, and suicidal thoughts, whereas a single dose of medical-grade MDMA may only cause increases in heart rate and blood pressure during the session, and fatigue, loss of appetite, and low mood for a day or so afterward. For people like Murphy, Brenda, and Hope, the insights and emotional shifts gleaned from their MDMA sessions have profoundly changed their lives. Brenda says, "It's really like stepping outside into a whole new world and breathing fresh air."

MDMA research has helped pave the way for psychiatry's current psychedelic resurgence. Scientists at Johns Hopkins, Imperial College London, and the University of New Mexico are studying LSD and psilocybin, the psychoactive compound in magic mushrooms, as antidotes to addiction, anxiety, depression, and more. In the future, MDMA researchers hope to see the no-longer-experimental treatment administered by specially trained and licensed therapists in mental health clinics around the globe.

But Bertha Madras, Ph.D., a professor of psychobiology at Harvard Medical School, fears that legalizing MDMA for medical use is just the first step in decriminalizing serious drugs in the United States. "The

illicit hallucinogens MDMA, LSD, and psilocybin are the next wave of drugs being promoted as 'medicines,' with the long-term view of normalizing their use for psychoactive purposes," she says. "At present, there is insufficient evidence to support the use of MDMA for therapeutic purposes." Dr. Joseph Lee, medical director of Hazelden Betty Ford Foundation Youth Continuum, a rehab facility in Minnesota, believes MDMA may have therapeutic properties but worries about the greater ramifications of legalizing MDMA-assisted psychotherapy. "My concern is that somehow this conversation about researching MDMA for PTSD will bleed into people justifying recreational use or minimizing misuse. We've seen that happen with prescription drugs," says Lee. He also cautions against overuse of MDMA. "We routinely see kids every year who used too much MDMA or for whatever reason had a side effect from the MDMA and needed to be psychiatrically hospitalized before coming to treatment," he says, touching on another concern of MDMAthat it may trigger latent psychiatric issues. (Prospective participants for the MDMA-assisted psychotherapy trials are screened for any psychological issues—like bipolar disorder and schizophrenia—that may be of concern.)

One of the biggest obstacles standing in the way of developing MDMA into an FDA-approved medication is funding. The process is a \$20 million endeavor and one that relies completely on the fundraising efforts of MAPS, the Multidisciplinary Association for Psychedelic Studies, a nonprofit research and educational organization that studies and develops

therapeutic applications for psychedelic drugs-partly because pharmaceutical companies have little interest in developing a drug administered only a few times. In 2016, MAPS will move MDMA-assisted psychotherapy one step closer to legalization when it begins phase-three clinical trials. which will involve more than 400 participants and last five years. If those trials are successful, psychiatrists may be prescribing the treatment by 2021.

In the meantime, MDMA has caught the attention of those at the highest levels of the military; 22 veterans per day commit suicide. The National Center for PTSD, in the Department of Veterans Affairs, has been consulting with MAPS concerning an upcoming study, which will look at MDMAassisted couples therapy involving veterans and top VA-affiliated psychologists, and will begin at the end of this year. Based on the results, Rick Doblin, MAPS founder and executive director, is hopeful the Department of Defense may fund further studies and allow MAPS to work with activeduty soldiers.

Today, Murphy lives with Romy on a quiet street in Norman, Oklahoma, and is thriving. In June, she traveled to Northern California, where she lived with David for two years, to scatter his ashes at Muir Woods, a stretch of lush redwood forest near the Pacific that they frequented and loved. She brought along her new boyfriend, who, coincidentally, is also named David; they met after Murphy's second MDMA-assisted psychotherapy session. They are talking about a life together, something she never could have imagined before the experimental treatment. For the first time in years, she is hopeful about what lies ahead. "I'm able to make a life for us now, and he's right here with me," she says of her late husband. "I feel blessed that I ever got to be with him in the first place." Some days, when she's out in her yard with Romy, a bird will fly by and Murphy will reach up to the sky and say, "Daddy's birds." Her daughter smiles, knowing her father is close by, and, at long last, so does Murphy. "It's still sad," she says. "But I can access those memories, and see him in my daughter, and I rejoice in it." mc

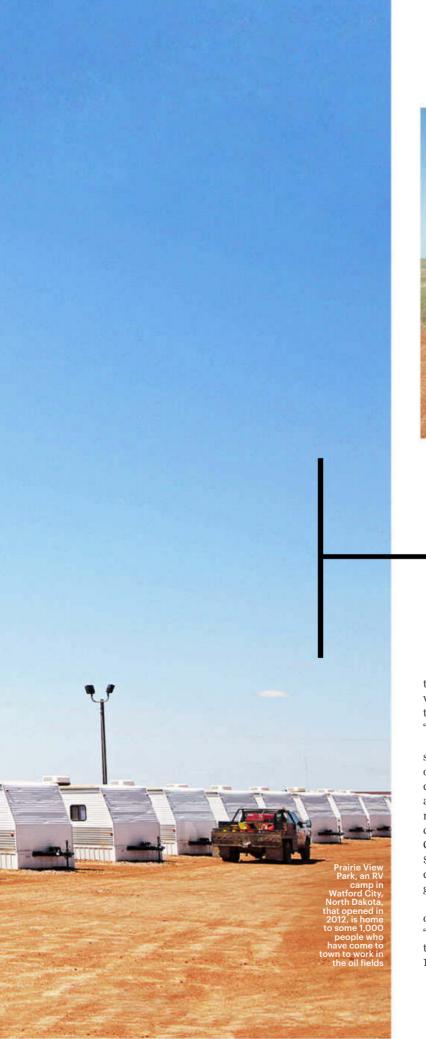
SEX TRAFFICKING IN THE U.S. PART 1

CRUDE AWAKENING

The oil boom in North Dakota has brought tens of thousands of newcomers and, with them, an insidious crime that residents never expected to see in their state. In the first part of *Marie Claire*'s series on sex trafficking in the U.S., we go behind the scenes with the locals—including two women instrumental in getting groundbreaking legislation passed—who banded together to combat the burgeoning crisis in their backyard

By CHRISTA HILLSTROM and KAYLA WEBLEY Photographs by KITRA CAHANA







ighway 85 cuts 112 miles north through fields filled with wheat, corn, and alfalfa, skating along the eastern edge of Theodore Roosevelt National Park in North Dakota. The rocky buttes and mixed-grass prairie that once enchanted the former president are punctuated with oil derricks, their Tyrannosaurusshaped heads bobbing slowly up and down across the horizon. Semitrucks lumber along, rattling compact cars as they pass through the Bakken, an oil patch that spans some 25,000 square miles and covers much of western North Dakota, eastern Montana, and

the southern parts of two Canadian provinces. (Bakken was the surname of the farmer who once owned part of the land.) At the edge of town, a billboard reads: "Welcome to Williston, ND. Boomtown, USA."

Here, in this previously quaint farming community, signs of the state's oil boom are everywhere. The once-cozy Main Street has been ripped open by road construction. Banners pinned to the sides of hotels, apartment complexes, big-box stores, and chain restaurants announce grand openings. A new strip club stands two doors down from the remnants of a Christian bookstore. On the eastern side of town, a \$70 million, 234,000-square-foot indoor recreation center, partially funded by the oil industry, contains a golf simulator and pseudo-surfing pool.

Oil isn't new to North Dakota, but the development of horizontal drilling and hydraulic fracturing, or "fracking," opened the rich Bakken shale deposit to thousands of additional wells, creating more than 100,000 new, high-paying jobs since April 2009. Tens

SEX TRAFFICKING IN THE U.S. PART 1

of thousands of people from all over the country—the vast majority of them men-have flocked to Williston and the neighboring oil-patch towns of Watford City, Minot, and Dickinson, among others, seeking work as foremen, engineers, welders, electricians, mechanics, drillers, and derrick hands. Williston alone has seen its population more than double, from fewer than 15,000 people in 2010 to at least 30,000 today. The actual number of residents may be even higher, as the Census doesn't count transient workers-locals say they think the population was closer to 60,000 at the end of last year.

North Dakota now has the biggest concentration of men in any state except Alaska. Many maintain a six-weeks-on. two-weeks-off schedule that sees them living in temporary housing developments known around here (and popularized in the media) as "man camps"-seemingly endless rows of identical squat, white trailers and privately owned RVs, some so large they've been dubbed "Taj Mahals." The camps range from a few dozen men parking their RVs with permission on a farmer's land to strictly regulated compounds that house and feed more than 1,000 workers-no guns, drugs, or women allowed. A rough-and-tumble vibe pervades, with

this year, the FBI announced it would open a new permanent office in Williston.

It was against this backdrop that officials in the Bakken started to worry about a different kind of crime. In the spring of 2012, the U.S. attorneys for both North Dakota and Montana gathered law enforcement—everyone from local police to the FBI, the Border Patrol, and the Department of Homeland Security—at a meeting in Glasgow, Montana, where they learned conditions were ripe for catastrophe. The small-town police departments were overwhelmed by day-to-day calls, forcing detectives off larger investigations and back on the streets to respond to bar fights and patrol for drunk drivers. Social services, too, were overrun. Williston's battered-women shelter reported a 300 percent increase in victims between 2009 and 2011. Workers there were in triage mode, with no time to define what they were seeing or identify trends among victims. Those factors, combined with the large male population newly flush with cash, meant it was open season for opportunists. "The threat was organized crime: drug trafficking, human trafficking, fraudsters, scam artists," says Tim Purdon, North Dakota's U.S. attorney from 2010 to 2015,



as many as four men sharing 240-square-foot trailers, and property managers struggling to rein in raucous parties, fights, gunplay, and drug use (both meth and heroin use have spiked in the area—drug-related arrests increased by 66 percent between 2009 and 2013). The few women living among the men share stories of life outnumbered. "You feel like a piece of meat," says Kaitlin Baxter, 24, who moved from Missouri to Prairie View Park, a sprawling 1,000-person camp in Watford City, with her husband and three sons. Texas native Morgan Greer, 20, says she's had men follow her around a grocery store—one went as far as to enter the women's restroom, but she called for help. "I feel safe," she insists, "but I'm packing [heat] the majority of the time."

Many women around here carry guns-maybe for good reason. This modern-day gold rush has brought the problems of the old Wild West: crime, drugs, and sexual violence. Overall, violent crime, including murder, aggravated assault, forcible rape, and robbery, increased by 125 percent between 2005 and 2013, according to the state's Uniform Crime Reports. In Williston, calls to the police went from 4,163 in 2006 to 15,954 in 2011; in nearby Watford City, from 41 to 3,938 in that same time frame. It's gotten so bad that earlier

now a partner at Robins Kaplan LLP in Bismarck. "We knew the threat of sex trafficking was there, but did we have any evidence that it was actually going on?" They would soon.

IN NOVEMBER 2013, Jordan (whose last name is withheld to protect her privacy) moved to Williston with a boyfriend who had taken a job in the oil fields. At 18, she wanted a "new start," she says, away from New York, where she had been abused as a child and lived in and out of the foster care system. "I was so in love with this boy," Jordan says. "Ready to do anything." But after a few months, their relationship crumbled: He lost his job, they started doing meth, and he started mentally and physically abusing her. Eventually, he became her first pimp, selling her to his boss when he took a new job as a mechanic. High at the time, Jordan doesn't know how much money her ex made from selling her.

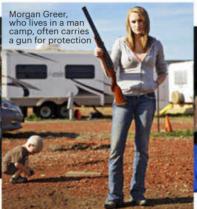
After she left him, she sold herself on Backpage.com, a classified website notorious for prostitution, earning money to keep a roof over her head. "I felt like that was my only option at the time," she says. "What else was I going to do, lie on the side of the road until I die?" She also spent a month under a pimp's control, circling around oil towns with two other women, one

from Milwaukee, the other from Atlanta. "[The pimp] had 10 or 11 junky flip phones and 10 or 11 ads up for the three of us," Jordan says. The going rate was \$300 an hour. "It was almost fun," she says. They went to the mall, got their nails done, stayed in nice hotels, ate good food. "I guess that had to do with the fact that we were making [him] so much money."

Around that same time, law enforcement began conducting sting operations known as Operation Vigilant Guardian. Detectives posed as someone selling a 14-year-old girl on classified websites and arrested interested buyers. One weekend in Williston, police arrested three men; two weeks later, they arrested 11 in Dickinson, a town of roughly 25,000 located about two hours away. A 34-year-old named Clayton Lakey was arrested when he showed up at a hotel after making arrangements to have sex with a 13-year-old girl, for which he agreed to pay \$250 for one hour. He also offered to pay \$5,000 for a 10-year-old. (Lakey is now serving five years in federal prison.) Police had to shut down the sting ahead of schedule because Dickinson ran out of jail space. "When you identify that level of demand for commercial sex with underage girls, you're a fool if you don't think there's a supply out there," Purdon says.

to deal with it as well. Victims here were at a huge deficit: There were no social-service organizations or advocacy groups specifically focusing on the issue in the state and no safe houses or shelters dedicated to trafficking victims. (Nationally, there are only 529 beds in shelters designated for trafficking victims; North Dakota doesn't have any.) Even the federal government was concerned. In September 2013, the U.S. Department of Health and Human Services identified two towns in the Bakken, along with four other locations-Boston, Houston, Atlanta, and Oakland, California—as places in need of support to combat trafficking. And then, the final blow: In September 2014. Polaris, a Washington, D.C.-based anti-trafficking nonprofit that rates states based on the quality of their legal framework for prosecuting trafficking and helping victims, ranked North Dakota as one of the two worst states. (The other is South Dakota.) "If you're working in the oil industry, you see what's happening here in terms of a boom," says Christina Sambor, a lawyer turned anti-trafficking activist who lives in Bismarck. "But if you work in human services, you view it in terms of a natural disaster."







He calls the stings the "seminal events" in galvanizing support in the area for the fight against trafficking. Fourteen arrests may not sound like an emergency to city dwellers, but to many in this rural area, it was devastating. "Dickinson is a sweet little town ... not some crime-ridden place," Purdon says. "That these dudes decided the best way to spend their weekend was to go on Backpage and try and arrange commercial sex with a pimp for a 14-year-old girl—that was incredibly sobering to me. ... I took a step back and said, 'Oh, my God, what am I, what is the U.S. attorney's office, going to do about this?"

His alarm was well-founded—not only did all signs point to a burgeoning crisis, but the state was uniquely ill prepared

As anyone who's lived through one knows, there's nothing like a natural disaster to bring a community together. Key stakeholders in North Dakota—including five nonprofits, law enforcement, prosecutors, social workers, and tribal representatives—decided to combine forces. Together, they formed a new anti-trafficking coalition called FUSE (a Force to end hUman Sexual Exploitation) and named Sambor coordinator. At the kickoff event, a statewide summit on human trafficking in Bismarck in November 2014, some 200 attendees heard from major players on the front lines—cops, shelter workers, and a trafficking survivor. They walked away fired up, their mission clear: Quantify the scope and

"WHEN YOU IDENTIFY THAT LEVEL OF DEMAND FOR COMMERCIAL SEX WITH UNDERAGE GIRLS, YOU'RE A FOOL IF YOU DON'T THINK THERE'S A SUPPLY OUT THERE."

-FORMER NORTH DAKOTA U.S. ATTORNEY TIM PURDON

SEX TRAFFICKING IN THE U.S. PART 1

scale of trafficking in the area, raise public awareness, increase victims services, and institute forward-thinking legislative and law enforcement practices to fight the problem head on. "You could feel the energy in the air," Sambor says. "We were sitting around the table, just like, 'This has the potential to be huge.'" But in a state like North Dakota, where, as Sambor says, "The word pimp is so far outside residents' frame of reference," it would be an uphill climb. "There had to be a fundamental paradigm shift in how people view the commercial sex industry," she says. "It was going to be a challenge."

Sambor, 32, was born and raised in Bismarck. Her mother. who worked in corrections, taught her that she could be whatever she wanted to be. So she went to law school outside of Los Angeles, worked in Washington, D.C., with Polaris, and looked forward to an exciting career taking on big issues in big cities. But Sambor graduated in the middle of the recession and found her options limited, so she moved back to Bismarck to work in a private practice. To her surprise, those big-city issues she dreamed of tackling were right before her eyes.

my own truck." One day, in 1994, while Ceynar was recording data at a site, an employee threatened to assault her in a nearby field. Holy shit, she thought. I'm gonna get raped right now. Instead, another coworker intervened. But when Ceynar told her boss about it, the employee wasn't punished. She was, relegated to counting pipes alone in a warehouse for her own protection.

After graduation, she fled to politically progressive Minneapolis. Working on an anti-trafficking campaign called MN Girls Are Not For Sale, she interviewed several survivors at Breaking Free, an anti-trafficking nonprofit. "Every victim I talked to had been trafficked to my hometown of Williston," she recalls. One girl described being sold for sex at a hotel where Ceynar had done 4-H exhibits as a child. "It dawned on me at that point that I needed to pay attention to this," she says.

Ceynar e-mailed Purdon, with whom she'd discussed women's issues in the state over the years, to see how she could help. He connected her with Sambor, who had been talking with him about combating trafficking, too. The two women started exchanging e-mails and eventually



ON A WARM DAY this June, Sambor and Erin Ceynar, 41, a North Dakota native and fundraiser for the Women's Foundation of Minnesota, are touring the Bakken, trading stories of junkyards stacked with abandoned RVs and truck drivers who toss bottles of urine out the window. Ceynar's throat clenches up. "The land is just disposable," she says. "If you don't really care for the land, you don't really care for women."

Ceynar grew up in the wide-open spaces between Watford City and Williston, working oil jobs on summers off from the University of North Dakota. Unlike her previous jobs at Walmart and KFC, "I had autonomy, I had discretion, I had

met face-to-face in Minneapolis in the fall of 2013 at a conference on trends in victims services hosted by Ceynar's employer. "She was a kindred spirit," Sambor says. "I was looking to do something new, and then I met Erin and just thought, Oh, this is what makes her tick, too." They decided they had to develop some sort of coordinated effort, where all the major players could work on antitrafficking initiatives. "North Dakota was just so in need of funding, of programs-everything," Sambor says. The first step was to increase public understanding of what it means to be trafficked.

WOMEN'S SHELTERS STARTED REPORTING VICTIMS LIKE A 16-YEAR-OLD SOLD BY HER MOTHER FOR DRUG MONEY AND A YOUNG WOMAN WITH "PROPERTY OF" AND A MAN'S NAME TATTOOED ACROSS HER CHEST.

Victims of trafficking need not be transported anywhere—they must only have been induced by force, fraud, or coercion (including tactics like withholding drugs) to participate in commercial sex. (Minors must only be induced, as those under age 18 cannot legally consent to sex.) By that definition, anyone being sold by a pimp who controls their comings and goings and cash supply is being trafficked. Victims are more often women who were sexually abused at a young age and sold for the first time by someone they trust, like a parent or boyfriend. "Very many of them are not Laura Ingalls Wilder bounding through the prairies waiting to be snatched up by some dark force," says U.S. Sen. Heidi Heitkamp, D-ND, who has long championed anti-trafficking measures. "They're on the street, they've already been marginalized, and they've probably already been victimized."

Women who fit the victim profile—no jobs, money, connections, or any reason to be there—started showing up in the Bakken. "Kids might get attracted to going to New York or L.A., but you're not going to be like, 'North Dakota: That's the place for me,'" Sambor says. "So we started to [ask], How do these women arrive in rural North Dakota from

women to North Dakota, used drugs and physical violence to keep them compliant, and forced them to have sex for money and then turn it over to him, kissing his hand when they did. At one point, the FBI agent said, Durr kept a girl in a dog kennel for days for breaking one of his rules. Three months later, California natives Trina Nguyen and Loc Tran were accused of luring women from their home state by promising large amounts of money for work in massage parlors in Dickinson and Minot. The parlors were actually brothels, and an FBI affidavit alleges Nguyen and Tran used their earnings to pay for Backpage ads. Then, in December, a Williston resident named Keith Graves, who came from California, was charged in federal court with sex trafficking by force or coercion.

Armed with these stories and more, FUSE finally had the ammo it needed to make the case to the legislature. Working at a feverish pace required both by the high stakes of the problem and the fact that North Dakota's legislature meets only once every two years, the coalition drafted and, in April of this year, successfully lobbied the state's conservative government to pass a suite of trafficking bills. Among the wins was a Safe Harbor law, which grants immunity to minors







metropolitan areas? Could it be entrepreneurs coming to access the market? Sure. But is it more likely something more sinister and something involving exploitation? Yes."

Employees at women's shelters in the area started reporting victims unlike any they'd ever seen: a 16-year-old sold by her mother for drug money, a young woman with "property of" and a man's name tattooed across her chest. Women posing as victims even started using the shelters to recruit others to work for their pimps. A police sergeant monitored local Backpage.com ads for four months and found 70 percent of the women had been for sale in a different state the previous week. "They were coming from Milwaukee, from the Twin Cities, from Chicago, from Mexico and south of there, and elsewhere in the country," says North Dakota Attorney General Wayne Stenehjem. "Traffickers bring these women in, and they will be there for a little while—and then they move them out and bring in a new group."

A few big arrests brought national attention to the cause. In June 2014, Levell Durr of Wisconsin was arrested on charges of transportation for illegal sexual activity in Bismarck. In court, an FBI special agent testified that Durr had trafficked three

who engage in commercial sex (21 other states have adopted similar policies; without such laws, kids could be charged as criminals), and a vacatur remedy—a legal tool that permits victims of any age to expunge prostitution convictions if they were under pimp control, allowing them to more easily apply for jobs and housing. The state also appropriated \$1.25 million to strengthen social services for trafficking victims. The package was lauded as model legislation—among the nation's most progressive—a surprising move from a state that, as Sambor says, is not typically a trailblazer. "When you're target number one for this problem, you need to have the most aggressive package that you can come up with," Heitkamp says. "It speaks to the culture of North Dakota, which is: You are not going to be selling boys and girls in our backyard without us all pulling together to stop it."

While the frenzied work was underway in North Dakota, Congress was working on a legislative package of its own. Introduced in the U.S. Senate in January and signed into law by President Barack Obama in May, the Justice for Victims of Trafficking Act was designed to crack down on traffickers while improving services for victims. [CONTINUED ON P. 406]

almonds, cranberries and peanuts walk into a bar.



(a very special bar)



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HEALTH NEWS

The latest in fitness, nutrition, and more by claire fontanetta



GO 90/10:

You can stay out all night after a sold-out show (like a rock star) 10 percent of the time, as long as the other 90 percent is "clean."

DETOX:

MOVE

JAGGER

the Rolling Stones can get healthy, so can we—at least according to The Rockstar Remedy (HarperWave). Here

are a few takeaways:

If the crazy

LIKE

For the morning after, try a shake made with Functional Food powder, fiber, probiotics, flaxseed oil, and green juice, which all support the liver.

Even if you aren't breaking a sweat onstage each night, every little bit of exercise counts, from playing drums to taking

THE ROCKSTAR REMEDY \$26; therockstarremedy.com.





PUMPED-UP KICKS

Though it sounds like an unlikely collab-makeup and tennis shoes?-the results are kind of genius: Reebok has teamed up with Swedish beauty brand Face Stockholm to produce gear like these white sneakers adorned with black swipes reminiscent of the waterresistant mascara that inspired them. Pretty cool.

REEBOK X FACE STOCKHOLM Sneakers, \$85; reebok.com. FACE STOCKHOLM Volumizing Water Resistant Mascara \$32: facestockholm.com.



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Special K Salted Pretzel Chocolate Chewy Snack Bars.

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What a drifter TAI CHT ME

Margo Rabb was anxious, fearful, and trapped in an unhealthy relationship until she met a free spirit who gave her permission to dream of a different life

> ne February night, years ago, an Englishman with a mule wandered into my life and changed it forever. That winter, I'd just turned 30 and was at a low point. I'd recently moved from New York City to Vermont to live with my boyfriend, Lee. I'd thought living together would give me the security I'd been missing. My father had died a few years earlier; my mother, 10 years before that. I hadn't been prepared for how alone, afraid, and rootless

their deaths would make me feel, or how lasting the sense of loss would be.

Our Vermont life seemed idyllic. A friend came to visit and saw my huge office window with a view of Lake Champlain. "You're living your dream!" she said. In reality, I felt trapped with Lee's dark moods and his habits, so different from mine; he was also a writer, and though he was creative and funny, he worked fewer hours and partied more, and we didn't share the same ambitions. We'd dated for more than a year, but I confessed to my friend that perhaps moving in had been a mistake. "You're

crazy not to give it a chance," she said.

Instead, I applied to an artist colony in Virginia, a place that provides temporary room and studio space for writers and artists. I wanted a few weeks to work and think. Every other night, I called Lee. After a week, he said, "You're calling me too often." He hated talking on the phone, he explained, even though he loved me. I hung up and cried; it seemed symbolic of how I wanted more than he could give. A part of me wanted to break up, but I was afraid of becoming rootless again. Ever since my father had died, I'd stopped trusting that the future held good things; I'd lost faith that I would find what I dreamed of. Several relationships had

failed. What if Lee was my last chance?

Then, one night at the colony, someone said, "Did you see the Mule Man?" I laughed. Was this some mythic creature? Some aspiring knight who,

instead of a white steed, had been granted a stumpy mule? "It's some English guy who's traveling cross-country." She shrugged.

I met the Mule Man at dinner. He had a floppy mop of blond hair and blue eyes. He seemed part Indiana Jones, with his confident swagger, and part Beatrix Potter character, with the kind smile of a woodland creature come to life. He was a travel writer, tracing the path of an ancestor who'd trekked 2,700 miles from Mexico to New York City in 1863, accompanied by a mule. Everyone called him the Mule Man, and he'd happily adopted the moniker.

We became friends, and he told me of his travels. It amazed me that a person could be so courageous that he would leave his home and walk thousands of miles in pursuit of a dream. He trusted that he'd find a place to sleep each night, that he'd be safe—the opposite of how I viewed the world after my parents died. Before this latest adventure, the Mule Man had biked through 20 countries on a journey from England to Australia. There was certainly a spark between us, but we resisted acting on it.

After several days, the Mule Man continued on his way to New York. I couldn't stop thinking of his fearlessness. Meeting him had unleashed something inside me. Was I really trapped? What did I dream of doing, however ridiculous it sounded? So what if I had no idea what the future held?

I returned to Vermont. "This isn't going to work," I told Lee. He nodded and said, "I knew this was coming." He'd sensed my unhappiness for a while, he added, and though he didn't want to end things, we managed to part ways without anger.

I decided to travel around the country for a year, going to artist colonies, staying at friends' houses and in sublets, and taking road trips in between. I was, as one of my friends put it, "living out of your

car." Other friends were shocked. "Are you crazy? You're semi-homeless," they said.

The Mule Man and I exchanged e-mails as he traveled. He was due to arrive in New York City that spring. I decided to meet him there to celebrate, and we spent the day together. The next afternoon, we met at the Metropolitan Museum of Art, and beside the fountains in the American Wing, he kissed me. He was to return to England in a week. "I don't like flings," I said. "But this might be an exception."

"This isn't a fling," he said. We didn't have a future—he didn't want to settle down—but he meant that this was a true friendship and connection that

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didn't fit into any traditional category. He confessed, with a self-deprecating grin, that he came from a blue-blood background (I later learned that his father was a baron and he was distantly related to Princess Diana), but he'd never been quite comfort-

able with that world; he was too much of a free spirit. I fell in love with him in a strange way that I've never felt before or since: not the forever-love of romance novels or a cooked-up fantasy, but a brief, intense whirlwind that ended without remorse or shame, like embarking on a trip and returning as a different person. We spent that week holding hands like teenagers around the city and napping in each other's arms beside Turtle Pond in Central Park, and when we said good-bye on a street corner, he gave me one of the horseshoes from his mule. I still have it in a box in my closet.

After he left, I continued with my own traveling as I worked on several freelance projects, feeling happier than I had in years. Then, months later, near Woodstock, New York, my car broke down and was towed to a local mechanic for repairs, which would take at least a week. A friend who lived nearby said, "You know, I'm renting out a cabin on my property to a guy from Manhattan. Can I set you up on a blind date?"

"Of course," I said—although the old me might have said no. But again I thought of the Mule Man, who was always up for anything.

The blind date's name was Marshall. We went out the next night, and the night after, and every night until my car was fixed. For months, he visited me across the Eastern Seaboard. A year and a half later, he proposed on a mountain near Woodstock.

For years, when telling the story of how I met my husband, I would say my car's repairs brought us together. But really, it was the Mule Man who inspired me to take risks, who made me see I was free to face my fears and try something unexpected. Become semi-homeless. Accept the unknown. If a Mule Man can wander into one's life-and wander out of it—then anything is possible. mc



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Shown from left: HD Peony, HD Geranium



vibrant locks

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For high-definition results and a perfect canvas every time, try **Real Techniques** brushes by Sam & Nic Chapman.





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It requires the Department of Justice to better train law enforcement and prosecutors who handle trafficking cases, allows for johns to be prosecuted just as harshly as traffickers, punishes those (including website operators) who knowingly advertise for and profit from commercial sex with minors, and creates a mandatory \$5.000 fine for offenders (to establish a victims' fund).

The package provided a rare moment of bipartisanship in Congress, sailing through the Senate by a vote of 99-0 and the House 420-3. "There's not much controversial about what we want to do," says U.S. Rep. Kristi Noem, R-SD, who cosponsored the House's version of the package. "When I say to another member, 'So you don't believe children shouldn't be victimized?' ... Those are things that Republicans and Democrats can all agree on." That accord came, at least in part, thanks to growing consensus that women in the sex trade—whether there by choice or by force—are people in need of social services, not prison time.

ROB FONTENOT, WHO describes himself as "a big, scary-looking dude with a beard," is not what you'd expect a cop to look like. As an undercover agent for North Dakota's Bureau of Criminal Investigation, his appearance has helped him during trafficking stings. One day, in the spring of 2014, he posed as a client and answered Jordan's Backpage.com ad. By then, Jordan had left her pimp and was selling herself online. When Fontenot knocked on her hotel room door, she screened him through the peephole and thought, Easy. She opened the door wearing a crop top and thong, and tried to give Fontenot a hug. "He walks in and he's like, 'I need you to put clothes on," Jordan says. "I was so embarrassed—I didn't peg him as a cop."

Fontenot, who serves on FUSE's advisory committee and spoke at the launch event, answered the ad as part of a "knock and talk" operation. Unlike in

prostitution stings that aim to arrest sex workers, Fontenot's goal during these encounters is to make sure the women are over 18, doing all right, and have access to help if they need it. "I try to put them at ease right away," he says. The hard part, he adds, is that women have been taught-by traffickers, but also by negative experiences with police-that law enforcement is the enemy. "Every time they've encountered cops, they've gone to jail," he says. "So it's kind of ingrained in them to be distrustful."

Just a couple years ago, Fontenot says he would have seen women like Jordan as criminals rather than victims. But in the past two years, through conversations with FUSE members and trainings that encourage cops to view people in prostitution as individuals who might need help, his perspective has changed. "My personal opinion is that I won't arrest girls for that," Fontenot says. "I just won't do it."

Because Jordan wasn't arrested when Fontenot knocked on her door, she had a chance at another new start. At a client's house a month or so later, she decided she'd had enough. She called a survivor advocate named Windie Lazenko, whose business card she'd kept on hand just in case, telling her: "I'm over it! I need to leave!" Lazenko helped Jordan get out of "the life." Today, back in New York, she's working to put her own life back together. "I know my worth now," Jordan says with a sideways grin, "I am not worth no \$300 an hour-I am priceless." This spring, at age 20, she earned her high school diploma. mc



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Caitlyn has to tell her story, because if she doesn't, everyone else is going to tell it for her. If she tells her story, then there's no more reach for it. I'm at the same point in my career. I don't really stress too much about being out there. There's nothing left to catch me doing. You want to hack my e-mail so you can find my nude pictures? I'll just fucking put them up."

Cyrus says she has loved both men and women, that she "hates the word bisexual," that before she went public with her carnal omnivorousness, when she was out with women the tabloids largely ignored her, which Cyrus found hilarious and sexist at the same time. "Like when I introduced Joan Jett into the Rock and Roll Hall of Fame, and I said, 'The reason I'm here tonight is because I want to fuck Joan,' everyone laughed, because they thought it was a joke." It wasn't, (She calls rumored girlfriend model Stella Maxwell one of her best friends.) "There is so much sexism, ageism, you name it. Kendrick Lamar sings about LSD and he's cool. I do it and I'm a druggie whore."

For her part, Jett calls Cyrus a "kindred spirit." "Miley doesn't seem beholden to any entity but her own self," observes Jett. Of the haters, she notes, "There will always be people who don't get it and get nasty about it. Miley seems fearless, which gives the people who look to her strength." She speculates that Cyrus could even end up in politics.

After paying the dinner tab, Cyrus drives around Hollywood. She used to avoid driving because of her panic attacks. "Now, I live for it. At night, I will cruise to Malibu just to think."

She cues tracks from her new album, a love song to an old girlfriend, "which shouldn't be such a crazy thing." Then another she wrote after her beloved dog Floyd died. "I'm singing, 'I'm alive but I'm a liar, and it's about how we all just do our best to sing along to something that makes us feel less afraid."

Cyrus wrote every song-many out of hotel rooms, mike plugged into her laptop. She cues a third. "This one I did in Australia, because my ex [actor Liam Hemsworth] is from there, so I was heavily inspired." The lyrics of a fourth track, "Bang My Box," are unabashedly dirty, but sly, a girl-power anthem that doesn't beat around the, ahem, bush. "I'm at a place now where I just say everything," she admits proudly. "Most of the time when people ask me for an autograph, they don't comment on my show or my music. They say, 'Thank you for what you stand up for."

Cyrus rounds a corner, both hands comfortably on the wheel. "And that's why I continue to not give a fuck." She grins into the dark. "For all those other cool rebels out there." mc

SEPTEMBER 2015 HOROSCOPES

This month sees Virgo thriving (well done, Michelle Williams!), Aquarius stepping up (you've got this, Amal Clooney), and Aries cementing relationships (with whom, Lady Gaga?) By ERIC FRANCIS COPPOLINO

VIRGO

(AUGUST 23-SEPTEMBER 22)

MOOD: Abundant

Rare planetary activity offers unusual opportunities to grow the best things in your life. The greatest benefit will be seeing the world from others' viewpoints, which helps you explore common ground and build trust. There's no need to idealize anyone or anything.

POWER DAY: September 13

LIBRA

(SEPTEMBER 23-OCTOBER 22)

MOOD: Bold

Your words influence many more people than you may realize. Don't just wonder what great things you can accomplish; step out and try something new. The more adventurous you are. the more cooperative others are. They need your example. **POWER DAY:** September 1

SCORPIO

(OCTOBER 23-NOVEMBER 21)

MOOD: Fearless

Get ready to enter a major new phase, brought on by your willingness to honestly address the past. In making a big decision, be conscious of what you know now and who you are now, rather than last week or five years ago. **POWER DAY:** September 18

SAGITTARIUS

(NOVEMBER 22-DECEMBER 21)

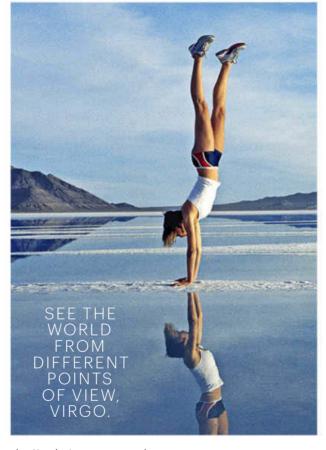
MOOD: Ambitious

You are getting a clear sense of what is possible, knowing it's the big picture that matters. Details still count, and there remain things you need to micromanage-but the larger the goal, the larger the success. POWER DAY: September 3

CAPRICORN

(DECEMBER 22-JANUARY 19)

MOOD: Independent Be truthful with yourself above all



else. You don't want to pretend anymore. Emotional freedom comes not from denying the past but from confronting it directly. Then it becomes more obvious what to do.

POWER DAY: September 26

AQUARIUS

(JANUARY 20-FEBRUARY 18)

MOOD: Inventive

Remembering you are your own best friend will spark encounters with others supportive of your new venture. Your ambitions are coming to fruition, and you have what it takes to rise to a challenge. **POWER DAY:** September 10

PISCES

(FEBRUARY 19-MARCH 20)

MOOD: Open

People are finally figuring out who you are and why they want you in their lives, giving you options. You don't need to figure out everything now-in fact, the more gradually you make your choices, the better.

POWER DAY: September 17

ARIES

(MARCH 21-APRIL 19)

MOOD: Productive

Commitment can't be forced; it develops naturally and grows with experience. Note how

others respond to your actions. Who shows up for you? Who demonstrates sincere interest? To whom do you open your heart? That will tell you all you need to know.

POWER DAY: September 30

TAURUS

(APRIL 20-MAY 20)

MOOD: Invested

Live up to your own standards. Have faith in what makes sense to you. If you take even small steps in that direction, you will claim your independence and. more than that, your sense of belonging in the world.

POWER DAY: September 6

GEMINI

(MAY 21-JUNE 20)

MOOD: Determined

It's time to make long-overdue changes to improve your mental outlook. The planets are asking whether you think this is possible, but remember all you've been through and trust that you're ready to take another step.

POWER DAY: September 22

CANCER

(JUNE 21-JULY 22)

MOOD: Expressive Being clear with others may feel like laying down the law when you're simply stating what you want. Why must this feel so audacious? That illustrates how we're pressured to put other people first. You of all people can afford to focus on your needs. **POWER DAY:** September 15

LEO

(JULY 23-AUGUST 22)

MOOD: Refined

You are in an excellent position to advance your financial situation. It's not a matter of luck. Your ability to synthesize reams of information to make decisions is exactly the path to greater wealth and a touch of fame.

POWER DAY: September 5

SHOPPING DIRECTORY





COVER Marc Jacobs Dress, price upon request; marcjacobs.com. House of Lavande Vintage Drop Earrings, \$548; houseoflavande.com. Safety Pin Earring, \$205, Ileana Makri; ileanamakri.com. Other Earrings, Cyrus' own.

INSIDE COVER 1 Marc Jacobs Sweater, \$695, Pants, \$1,400; marcjacobs.com. De Grisogono Earrings, price upon request; (212) 439-4220

INSIDE COVER 2 Marc Jacobs Coat, \$4,800; marcjacobs.com. Araks Bra, \$100; araks.com. Wolford Briefs, \$85, Tights, \$46; wolford.com. Safety Pin Earring, \$205, Ileana Makri; ileanamakri.com. Buccellati Drop Earrings, price upon request; (212) 308-2900.

BEAUTY Aesop, aesop.com; Alaïa, saksfifthavenue.com. Amarte amarte skincare.com; Anastasia Beverly Hills, anastasiabeverlyhills.com; Aromatherapy Associates, aromatherapyassociates. com; Azzedine Alaïa Belt, net-a-porter. com for similar styles; Benefit Cosmetics, benefitcosmetics.com; Biologique Recherche, biologique-recherche.com for information; Bleach London, bleachlondon.co.uk; Bobbi Brown, bobbibrown.com; Burberry, burberry. com; Buxom, sephora.com; By Terry, b-glowing.com; Byredo Parfums, byredo com; CeraVe, walgreens.com; Chanel, chanel. com; Charlotte Tilbury, charlottetilbury.com; Christian Louboutin, christianlouboutin. com: Christian Louboutin Shoe, net-a-porter. com for similar styles; Clarins, clarins.com; Clé de Peau Beauté, cledepeaubeaute.com; Clinique, clinique.com; CoverGirl, covergirl. com; Dermalogica, dermalogica.com; Dior, dior.com; Dolce&Gabbana, saksfifthavenue. com; Dove, dove.com; Editions de Parfums Frédéric Malle, fredericmalle.com; Elizabeth and James, sephora.com; EltaMD, eltamd. com; Essie, essie.com; Estée Lauder, esteelauder.com; Fresh, fresh.com;

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Just One Eye; (888) 563-6858. On Lake: Shoes, \$950, Jimmy Choo; jimmychoo.com. Bracelets & Ring, her own.

CONQUERING THE WORLD 101

212: Salvatore Ferragamo Top & Skirt, (866) 337-7242. David Yurman Bracelet, (212) 343-7918. Bulgari Ring, (800) BVLGARI. Francesco Russo Shoes, matchesfashion.com. 213: Chopard Necklace, us.chopard.com. 214: Saint Laurent by Hedi Slimane Dress at Saks Fifth Avenue, (212) 753-4000. Chopard Necklace, us.chopard.com. David Yurman Bracelet, (212) 343-7918. Christian Louboutin Shoes, (212) 395-1884. 216: Kate Spade New York Jumpsuit, katespade.com. Badgley Mischka Dress, (310) 248-3750. Balenciada Dress, barnevs.com for stores, Cartier Watch. (800) CARTIER. Prada **Dress**, prada.com. Lana Jewelry Earrings, lanajewelry.com.



THINK PINK! 316: Prada Top, prada.com. Chanel Jeans, (800) 550-0005. Chanel Fine Jewelry Earrings & Necklace, (800) 550-0005. Aurélie Bidermann Bracelet, (212) 335-0604. Lexmond vs Lexmond Bracelet, rovalasscher.com. Sabine G Ring at Neiman Marcus, (888) 888-4757. Ophiuchus Jewels Ring, fivestoryny.com. Repetto Socks, repetto.us. 317: Eres **Top**, net-a-porter.com. Ralph Lauren Home **Towel**, ralphlauren.com. Ophiuchus Jewels Earrings, ophiuchusjewels. com. Noor Fares **Ring** at Dover Street Market, (646) 837-7750. 318: Totême **Top**, totemenyc.com. Chanel Pants, (800) 550-0005; Sweater, (800) 550-0005 for similar styles. Dior Fine Jewelry Earrings & Necklace, (800) 929-DIOR. Tiffany & Co. Watch, (800) 843-3269. Chanel Fine Jewelry Ring, (800) 550-0005. 319: Chanel Top, (800) 550-0005. Chanel Fine Jewelry Earrings, (800) 550-0005. Dior Timepieces Watch, (866) 675-2078. Messika Joaillerie Ring at Neiman Marcus. (310) 550-5900.

THE MILEY SHOW 324: Marc Jacobs Top, marcjacobs.com. Araks Bra, araks.com. Jacob & Co. Earrings, (212) 719-5887. Ileana Makri Earring, ileanamakri.com. 325: Marc Jacobs Sweater, marcjacobs.com. Eres Briefs, net-a-porter.com. Wolford Tights, wolford.com. Buccellati Earrings. (212) 308-2900. 327: Araks Bra, araks.com. Wolford Tights, wolford.com, House of Lavande Vintage Earrings, houseoflavande.com. 328: Marc Jacobs **Sweater**, marcjacobs. com. House of Lavande Vintage **Earrings**, houseoflavande.com. 330: Marc Jacobs Collared Sweater, marcjacobs.com. 331: Marc Jacobs Dress, marcjacobs.com.

HAVANA DAYS 333: Michael Kors Dress, (866) 709-KORS. 334: Gucci Top, Skirt, Beret & Shoes, gucci.com for stores. 335: Valentino Dress, (212) 355-5811. 336: Prada Dress & Brooches, prada.com. Lanvin Clutch, (646) 439-0380. 337: Max Mara Sweater, Bustier & Skirt, (310) 385-9343. David Yurman Bracelets, (888) 398-7626. 338: Salvatore Ferragamo Dress, (866) 337-7242. 339: Gucci Dress, aucci. com for stores. 340: Ralph Lauren Collection Dress, ralphlauren.com. 341: Givenchy by Riccardo Tisci Tops & Skirt, givenchy.com for stores. 342: Alexander Wang Dress & Belt, (212) 977-9683. 343: Balmain Dress at Barneys New York, (212) 826-8900.

HIGH GEAR 356: Balenciaga Bag, (212) 206-0872. 357: Dior Bag, (800) 929-DIOR. 358: Emporio Armani Bag, (877) 361-1176 359: Giuseppe Zanotti Design Boots, (212) 650-0455. 360: Chanel Bag, (800) 550-0005 361: Saint Laurent by Hedi Slimane Boots, ysl. com. 362: Louis Vuitton Bag, (866) VUITTON. 363: Alexander Wang Boots, (212) 977-9683.

BOSS TWEED 344-345: Sacai Jacket & Skirt at Dover Street Market, (646) 837-7750. Jacob & Co. Bracelet, (212) 719-5887. AS29 Ring, as29.com. Kavant & Sharart Rings, (212) 226-2585. Saint Laurent by Hedi Slimane Baq (212) 980-2970. Sacai Jacket & Scarf. sacai.ip: Pants, fwrd.com. Toggery Top, toggerybrand. com. Chrome Hearts Necklace, (212) 794-3100. 346: Dior Shirt, Skirt & Necklace, (800) 929-DIOR; Boots, (800) 929-DIOR for special order. Yeprem Ring at Bergdorf Goodman, (212) 753-7300. 347: Simone Rocha Dress & Necklace, modaoperandi.com. David Yurman Necklace, (212) 343-7918. Chrome Hearts Wallet Chain, (212) 794-3100. Jacob & Co. Ring, (212) 719-5887. Roger Vivier Boots, (212) 861-5371. 348: Balenciaga Top & Pants, (212) 206-0872 for similar styles; Earrings & Gloves, (212) 206-0872. 349: Chanel Jacket, Shirt, Skirt, Necklace, Brooch & Gloves (800) 550-0005. Chanel **Jacket & Brooches**, (800) 550-0005. Tom Ford **Shirt**, (888) TOM-FORD. Haider Ackermann Pants, www. haiderackermann.com. Sydney Evan Earring, sydneyevan.com. Chrome Hearts Ring, (212) 794-3100. David Yurman **Ring**, (212) 343-7918. 350: Boss Dress & Belt, hugoboss.com. Chanel Hat, Bracelets & Brooches, (800) 550-0005. Bulgari Rings, (800) BVLGARI. David Yurman Ring, (212) 343-7918. Balmain Shoes at The Webster, (305) 674-7899. Alexander McQueen Jacket, Pants & Shoes, (212) 645-1797. DSquared2 Jacket, dsquared2. com/it. Haider Ackermann Top, www. haiderackermann.com. Chrome Hearts Charm, Pin & Bracelet, (212) 794-3100 351: Michael Kors Collection Cape Jacket, Shirt & Belt, (866) 709-KORS. Kavant & Sharart Ring, (212) 226-2585. Louis Vuitton Ring, (866) VUITTON. Michael Kors Collection Coat & Sweater, (866) 709-KORS. Chrome Hearts Pendant, Chain & Ring, (212) 794-3100. 352: Chloé Coat & Dress, saks.com. Saint Laurent by Hedi Slimane Bracelet, ysl. com. Alexander Wang Shoes, (212) 977 9683. 353: Max Mara Coat & Dress, (415) 981-0900. AS29 Ring, as29.com. Giuseppe Zanotti Design Boots, (212) 650-0455. Chanel Bag, (800) 550-0005. No. 21 Sweater &



Jacket, numeroventuno.com. Belstaff Pants, belstaff.com. Chrome Hearts Bracelets, (212) 794-3100. 354: Wolford Tights, \$48; wolford com Louis Vuitton Sweater, Top. Skirt, Sunglasses, Rings & Bracelet, (866) VUITTON, 355: Haider Ackermann Jacket. Skirt, Scarf & Belt, www.haiderackermann. com. DoubleZero Top, vonmaur.com for similar styles. David Yurman Rings, (212) 343-7918. Valentino Jacket & Pants, valentino.com for information. Haider Ackermann Top, www. haiderackermann com

IDYLL WILD 364: Dolce & Gabbana Dress, (877) 70-DG-USA. Apatico Bonnet, apatico. net. House of Snowball Collar & Cuffs, houseofsnowball.com. KTZ Necklace, kokontozai.com. Cornelia James Gloves, corneliajames.com. Amedeo Rings, (212) 737-4100. 365: Alberta Ferretti **Dress**, (310) 652-9000. Alexander McQueen Bra, (212) 645-1797 Spanx Briefs spanx com Apatico Hat, apatico.net, Benoit Missolin Veil. benoitmissolin.com. Leg Avenue Gloves legavenue.com for stores, 366; Simone Rocha Cape at Dover Street Market, (646) 837-7750. Chloé Dress, chloe.com for stores. Apatico Hat, apatico.net. Altuzarra Boots, altuzarra com. 367: Thom Browne Tunic, (212) 633-1197. Sheena's Bella Bows Bonnet, etsy.com/ shop/sheenasbellabows. New York Vintage Necklace, (212) 647-1107 for similar styles. 368: Chloé Vest & Dress, chloe.com for stores: Scarf saks com Apatico Bonnet & Wreath, apatico.net. KTZ Pendant, kokontozai. com. Altuzarra Boots, altuzarra.com 369: Chanel Jacket, Skirt & Top, (800) 550-0005. Lizzie McQuade Bonnet, lizziemcquade.co.uk. Apatico Wreath apatico.net. 370: Alexander McQueen Dress, (877) 220-4587 for special order Apatico Bonnet, apatico.net. Jennifer Behr Headpiece, ienniferbehr.com, 371; Just Cavalli Dress, robertocavalli.com for stores. Sheena's Bella Bows Bonnet, etsy.com/shop/ sheenasbellabows. Jennifer Behr Headband With Veil, jenniferbehr.com. KTZ Ring, kokontozai.com. 372: Roberto Cavalli Top & Skirt, robertocavalli.com for stores. Heather Huey Hat & Veiled Headband, heatherhuey. com. Cornelia James Gloves, corneliajames. com. Amedeo Rings, (212) 737-4100. 373: Alexander McQueen Dress, (212) 645-1797 for special order. Apatico Bonnet, anatico net

NOW AND AGAIN 374: Fendi Top, Skirt, Bag, Turtleneck & Boots, (212) 897-2244 375: Céline Jumpsuit & Turtleneck, (212) 535-3703. Cole Haan Shoes, colehaan.com. Marc Jacobs Bag, marcjacobs.com. 376: Derek Lam Sweater & Dickey, dereklam.com. Calvin Klein Collection Pants, (212) 292-9000. Salvatore Ferragamo Shoes, (866) 337-7242. 377: Calvin Klein Collection Coat & Turtleneck, (212) 292-9000. Salvatore Ferragamo Bag, (866) 337-7242. 378: Gucci Coat, Top, Pants & Shoes, gucci.com. Marni Bag, marni.com for stores. 379: Peter Pilotto Jumpsuit & Turtleneck, modaoperandi.com. 380: Miu Miu Sweater. Shirt & Skirt, miumiu.com for stores 381: Bottega Veneta Sweater & Shirt, (800) 845-6790. Marni Necklace at Neiman Marcus, (888) 888-4757.

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Backpage

scattered along

the streets.

from there every morning.

Wish I could

get my coffee



all the cafés FOR A DECADENT DINNER:

My Perfect Day **SFRFN**A

Twitter/Instagram: @serenawilliams

When in Paris, I make a point to take friends to Apicius. The food is always delicious.

With her eye on completing a Grand Slam at this month's U.S. Open, the world's number-one-ranked women's tennis ace serves up her ideal 24 hours

FOR A LOW-KEY GLASS OF WINE:

I love going to HMF at the Breakers hotel in Palm Beach. Florida. It's a chic lounge that serves great wine for a quintessential Palm Beach night.



SWEET TOOTH:

I try to be healthy! But I will say that Dylan's Candy Bar in NYC makes it hard.



Beauty shops on the Champs-Élysées in Paris.



FOR A NIGHT OF LET-LOOSE DANCING:

I love to dance, and I love going out in New York City. 1 Oak is the perfect place for that!



TO WATCH THE SUNSET:

Santa Monica Pier in California.



FOR AN INTENSE WORKOUT: Tennis courts anywhere, of course.



TO SPLURGE ON SOMETHING **FOR HERSELF:**

Rue Saint-Honoré in Paris. Great street with the best boutiques.



With her coach, Patrick Mouratoglou, in Melbourne after winning the Australian Open in February.

Miami



FOR A NEW BAG:

or Paris.

MCM bags are

the best in NYC

FOR A KILLER PAIR OF SHOES:

Azzedine Alaïa in Paris.



TO BUY FLOWERS: Rue de Grenelle

market, right near the Eiffel Tower.

MILIAMS, FROM TOP: COURTESY OF THE PHOTOGRAPHER, SCOTT BARBOUR/GETTY IMAGES. BAG, SHOE, PANTS & SWEET



THE NEW FRAGRANCE FOR WOMEN BY narciso rodriguez





